



## *Low-Carb Egg Roll in a Bowl*



### *ingredients*

- 1 pound ground sausage, chicken, turkey or even beef
- 7 C coleslaw mix
- 2 Tbsp low sodium soy sauce
- 1 Tbsp ginger
- 1 tsp garlic powder
- 1/2 C chopped green onions
- For a spicy kick add 1 Tbsp of red pepper flakes

### *instructions*

**Cook sausage, stirring and crumbling until cooked through. Stir in coleslaw mix, garlic, ginger, soy sauce and stir. Top with green onions and drizzle with more soy sauce or sweet and sour sauce.**

