

## NIOSH Ladder Safety App Download for Free

To prevent extension and step ladder-related fall injuries and deaths, download and use NIOSH's award-winning Ladder Safety app.



500,000+

**people** are treated each year for ladderrelated falls<sup>1</sup>

### 300+ people

die from ladder falls each year<sup>2</sup>

### \$24 billion

is the annual cost to the U.S. for work loss, medical, legal, liability, and pain and suffering expenses from falls<sup>1</sup>

#### Sources:

- <sup>1</sup> CPSC (US Consumer Product Safety Commission) [2014]. Unpublished data from the National Injury Information Clearinghouse (CPSC) using the CPSC's Injury Cost Model.
- <sup>2</sup> CDC, National Center for Health Statistics [2017]. Multiple Cause of Death 1999-2015 on CDC WONDER Online Database. Accessed at https://wonder.cdc.gov/mcd-icd10.html.

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### **Angle Measuring Tool**



**The Measuring Tool** uses visual, sound, and vibration cues to set an extension ladder at the proper angle

### **Ladder Safety Tools**



**Decision** offers tips to plan your job while considering time, materials, and tools required



**Selection** provides a procedure to select the proper size and type of ladder for the task



**Inspection** includes a checklist for ladder mechanical inspection



**Set up** provides instruction for ladder setup and installation



Proper Use presents rules for safe ladder use



**Accessories** describes a number of available extension ladder safety accessories

To learn more about falls in the workplace visit: www.cdc.gov/niosh/topics/falls/mobileapp.html

# Get the app from:

NIOSH











