

## Chamber Awards \$4K in Scholarships to Local Students

#### By Jessica Ford

Newsline Editor

Four worthy seniors from local high schools were awarded \$1,000 each in scholarship money by the Fulton Montgomery Regional Chamber of Commerce in June.

Winners included Derek Countryman of Canajoharie High School; Ivy Dulysz of Amsterdam High School; Haley Salisbury of Amsterdam High School; and ShayLyn Springstead of Broadalbin-Perth High School.

The Scholarship Program was established in 1986 to provide financial assistance and incentives to students interested in pursuing a course of college study. To be eligible, a student must be a high school senior graduating from a Fulton or Montgomery County high school in June 2019, or applicants who have previously graduated from a Fulton or Montgomery County high school. Applicants must also be attend-



ing or entering a 2- or 4-year college or university as of September 2019.

Entrants were judged by the Chamber's Scholarship Committee, based on the applicant's essay, academic achievement, community involvement, economic needs and information provided by two references. Personal interviews were also conducted with finalists as part of the

awards process.

See Scholarships, on page 5

### Local Medical Professionals Offer Concierge Botox, Hydration Services

By Jessica Ford

Newsline Editor

An innovative idea, along with a desire to break away from their everyday work, inspired two local medical professionals to create Ageless

Aesthetics Clinical Botox Specialists, a concierge-style service available to customers around the Capital District.

Ageless Aesthetics offers nonsurgical cosmetic injections of Botox, Xeomin and Derm Fillers, as well as IV hydration and other beauty and health services.

Mary Constantino, BSN, MS, RN, FNP-BC, a Nurse Practitioner who lives in Perth and works in a local hospital Emergency Room; and Rebecca Clarkin, BSN, MS, RN, CRNA, a Certified Registered Nurse Anesthetist who lives in Gloversville and works in the same hospital's Operating Room, got together in April of 2018 to develop the company.

The two work by appointment out of several locations including Kiki's Spa at 3734 State Highway 30 in



Gloversville's Rebecca Clarkin, BSN, MS, RN, CRNA, left, and Perth's Mary Constantino, BSN, MS, RN, FNP-BC, offer conciergestyle botox, derm fillers and IV hydration to customers all across

Amsterdam; as well as from as requested by customers. Saratoga Day Spa in Saratoga. They also do events in homes or make individual house calls

See Ageless, on page 8







We are the leading voice of business in the region providing advocacy, resources and solutions for our members.

Newsline is published by the Fulton Montgomery Regional Chamber of Commerce in partnership with McClary Media/The Recorder

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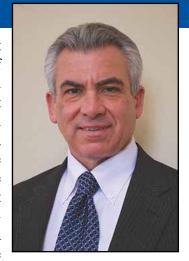
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#### Letter from the President

The New York State legislative session gaveled out a bit late this year ending in the early morning hours of June 20th. As sessions go there's always some good and some bad, this one was not a particularly great win for businesses, particularly those upstate, and more particularly for the Fulton Montgomery Region.

I do have to say that many of our priorities were achieved, including the Chamber's efforts to make the property tax cap permanent, our struggle to prevent the passage of a very costly prevailing wage expansion, and efforts taken to prevent the creation of a hugely costly state-sponsored single payer healthcare system.



Mark Kilmer President/CEO

Unfortunately, many of the agenda items pushed President/CEO by mainly downstate representatives did pass, includ-

ing a farm bill that will further financially stress our already struggling upstate farms, large and small; new energy regulations that are sure to make the energy bills of all New Yorkers, businesses as well as families — much higher; and new upstate rent regulations that are sure to increase costs for upstate property owners while also creating more disincentives for developers considering new project creation (keep in mind that these new regulations are patterned after those in New York City).

As I said earlier, there were some wins for our businesses, ie. prevailing wage and single payer healthcare pushback, as well as the tax cap legislation. And in regulatory reform for business there was good news in that legislation was passed that now allows for forgiveness for a business with a first time regulatory violation. It's a small step, but one in the right direction.

Over the coming months, I will continue to inform our members of concerns regarding negative legislation and onerous new regulations coming down the pike. We will continue to take action to fight in the best interests of our members and engage with our lawmakers to share the needs of the business community.

If your business has any concerns or needs please feel free to contact me to discuss these issues.

Always remember, the Fulton Montgomery Regional Chamber of Commerce is the leading voice of business in the region providing advocacy, resources and solutions for our members.



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# Chamber Golf Tourney Offers Opportunity for Publicity, Chance to Support Programming

### Golfers Promised Signature Gift, Plus Food, Prizes and Fun

A signature gift, golf-related raffle prizes, plus abundant food on the course and after play awaits foursomes who join the Fulton County Regional Chamber of Commerce Golf Classic, set for Friday, Sept. 20 at Hales Mills Country Club in Johnstown.

Sponsors are players are being recruited for the tournament, that will begin with a shotgun start at 11 a.m.

Sponsors will receive various opportunities for publicity and recognition, as well as the chance to support the Chamber Scholarship Program and other business programs that serve the regional community. Sponsor categories will include Presenting; Apparel; Dinner; Cocktail; Hole-In-One; Beverage Cart; Specialty Drink Hole; and Hole/Tee/Contest. All sponsors



will be recognized in several ways, including in a program given out to each golfer, on the golf course, in local print media, and the Chamber's social media outlets. Several sponsor levels also include complimentary golfer slots in the event

Golfers will receive a signature souvenir gift, as well as breakfast treats, a barbecue-style lunch served hot from the grill on the course, beverages on the course, an hors d'oeuvres hour immediately after play, and dinner. Awards will be given for the low-

est-scoring foursomes, as well as to contest winners. Players can also join a raffle for one of dozens of golf-related prizes. Individual golfers may join the tournament for \$150.

Chamber President Mark Kilmer said, "We are looking forward to making this the best golf tournament the Chamber has held in years. Foursomes will enjoy a fun-filled day of great golf, along with many high-end perks and surprises, and the benefit to the Chamber's programming will be returned to our Chamber members and students through programming and scholarships."

For more information about the tournament, or for sponsor or golfer information, contact the Chamber at (518) 725-0641; or sign-up online at www.FultonMontgomeryNY.org.

# Antiques Vendors Invited to Sell at First Local Festival

Antique and collectible dealers are invited to sell their wares during the inaugural Southern Adirondack Antiques and Collectibles Festival, scheduled for Labor Day weekend.

The festival will round out the summer's antique events, which include a number of annual shows at regional venues including Washington County Fairgrounds, Round Lake, Madison-Bouckville and others.

The 2019 event marks the first time a festival of this kind has been planned in Fulton County. It is sponsored by Fulton County, NY and the Fulton Montgomery Regional Chamber of Commerce. The show will be held outdoors at the Fulton County, NY Airport, 160 Airport Road, Johnstown, and organizers have a goal of securing at least 60 vendors. Single outdoor booths will be 20' x 22', and double and triple booth spaces are also available.



Vendors at the Southern Adirondack Antiques and Collectibles Festival, scheduled for Labor Day weekend at Fulton County Airport in Johnstown, might just offer some treasures like these to enthusiastic antique-lovers.



The show will include a day of early buying on Friday Aug. 30 from 10 a.m. to 6 p.m. An entry fee will be charged on that day of \$10. Free general admission will be held Saturday Aug. 31 from 8 a.m. - 5 p.m. as well as Sunday Sept. 1 from 8 a.m. - 3 p.m.

Interested vendors can find a vendor application or contact the Chamber by visiting www.44lakes.com/antiques; or by calling (518) 725-0641. Vendors and attendees may also keep track of the progress of the Festival through Facebook @SouthernAdirondackAntiquesFestival.

#### **HR Brief**

Brought to you by:



# Lowest Unemployment in Decades

Job figures continued to rise in April, officially bringing unemployment to its lowest in 50 years—3.6%, according to the Bureau of Labor Statistics (BLS).

Primary job gains occurred in the health and business services sectors, with respectable growth in construction as well.

With over 150,000 jobs being added each month, on average, employment growth shows no signs of slowing down.

However, despite this upward trend, experts caution to expect more modest job creation over the next few months.

#### **Growth by the Numbers**

Unemployment fell across all categories tracked by the BLS.

Notably, unemployment rates for women and Hispanics dropped to record lows for the first time since 1953 and 1973, respectively.

But not all workers are feeling the economic gains.

Long-term unemployment is still high, and the number of part-time workers looking to work full-time remains steady, according to experts.

#### **Employer Takeaway**

The labor market is tightening up, but it's not tapped out. This means now is the time to attract talent and retain your current workforce.

# Gloversville Economic Development Corporation

Has money available to loan to businesses located in the city of Gloversville at comfortable and competitive rates for a variety of needs or purposes! Businesses interested in this offer should call the Chamber at (518) 725-0641 or email president@fultonmontgomeryny.org for more info.



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# Frank's Gun & Tackle to Expand Product Lines, Gain Parking in New Site

After 35 years at its existing location, Frank's Gun & Tackle Shop is moving to a newly remodeled and much larger facility.

Owner John Havlick said, "We still will be the Frank's that everyone grew up with. Nothing will change except our location. Still the same friendly faces, still the great pricing and still the top notch customer service — just in a bigger building."

The new location will be just one mile from the old store, in the building that formerly housed the "Brick Oven" restaurant, at 3831 State Highway 30 in Vail Mills.

To launch the new location, the shop will hold a grand opening and open house on Sept. 7 from 9 a.m. to 3 p.m., featuring vendors, displays and food. Customers can also register for and win door prizes at the event.

Havlick said the new 4,000 square-feet facility will allow them to bring in new products as well as expand their current inventory. He said there will be more guns on display, including long guns and pistols, and there will be much more space for them to be displayed. In recent months Frank's has begun to carry Costa sunglasses, will expand their clothing line. A larger supply of Rocky boots and clothing will also be for sale at the new location.

Frank's has been the local provider of guns & ammo; archery equipment; fishing sup-



Renovations are underway at the new location of Frank's Gun & Tackle Shop in Vail Mills. After 35 years at the existing location, the new space will allow for expansion of current inventory, as well as the sale of new product lines.



A view of the renovations in progress for the new gun display and sales area at the new location of Frank's Gun & Tackle Shop.

plies; reloading equipment; clothing; live bait; hunting and fishing licenses; and accessories for the sportsman, since 1984. They also providing gunsmithing on premises.

He said the expansion was necessary because they wanted to keep up with customer demands. "Its hard to sell from an empty store or from a catalog by only looking at pictures. We like to have a fully-stocked store with all the stuff that everyone is look-

ing for."The most compelling reason for the expansion was parking, he said. "We did not have nearly enough room for parking, and now we can fit 10 tractor trailers, and still have room for 20 or more cars and trucks."

For more information on the new location or products, visit Frank's at the current site, 3549 State Highway 30, Gloversville; call (518) 883-5053; or visit online at www. franksgunshops.com.

# Businesses Asked to Join Reading Program for Kids

The Greater Johnstown School District will begin a new "READ FOR REWARD" campaign in September to encourage students of all ages to open a book and read.

In September, one week will be selected where students enrolled in any grade within the Johnstown School District can go into participating businesses and read for 15-20 minutes. In turn, students will be rewarded with a treat or coupon from the participating business.

The rewards given are completely up to the participating business. Examples include but are not limited to: One free ice cream scoop, one free cookie, one free or discounted haircut, one piece of pizza, etc. If a business chooses to participate in this week-long campaign, you will be provided with a flyer to display in your store window. The flyer will highlight the program and let students know you are a participant. The program is expected to provide "a great sense of community for both the students and businesses," Chamber organizers said.

The district will be happy to provide books for the duration of the campaign if needed. If your business is interested in participating, please contact Jenna Patterson at the Fulton County Regional Chamber of Commerce: jennap@fultonmontgomeryny.org.

#### Scholarships, continued from page I

Scholarship winners are:

#### **Derek Countryman**



**Derek Countryman** of Canajoharie High School

Derek Countryman, a Canajoharie High School senior, is the valedictorian of his class, with a 96.8 GPA, and has served as Student Council Representative and Student Council President.

In eighth grade, the experience of feeling helpless while his brother suffered after a UTV accident, inspired him to become certified in CPR and first aid, and has also led him to his goal of studying medicine as a career. He has hopes of becoming a cardiac surgeon, and said, "As a doctor, if I were in a situation where medical attention and first responders were needed, I would be able to aid in saving someone's life. This definitely is one of the best feelings you could experience."

Along with his academic achievements and several community service activities, he is an Eagle Scout, and three-sport athlete, competing in varsity golf, wrestling and track. He was named Varsity Golf Team Captain in both his junior and senior years.

He attended Boys State in 2018, and one of his teachers said, "he feels a civic duty and acts upon those ideals." He has served as a student representative for Angelo Santabarbara at the NY State Capitol for the past two years

Countryman started his own business in ninth grade as a woodturner, and currently is an artisan for national lifestyle brand Beekman 1802, making hand-turned wooden pens, spinners and snowmen for the company.

Along with volunteering, Scouting, academics, business and athletics, he has also held several jobs through high school.

His Scoutmaster said, "he is an extraordinary student, Scout and is highly self-motivated."

#### Ivy Dulysz



Ivy Dulysz of Amsterdam High School

Ivy Dulysz, a senior at Amsterdam High School, is interested in using her talents in music, and combining them with her compassion for people. She will attend Nazareth College in the fall to major in Music Therapy, in hopes of working with a special needs population.

She says, "I work in the self contained classrooms within the Greater Amsterdam School District, wherein the students are multiply disabled, mostly non-verbal, and highly dependent on one-to-one assistance around the clock. I find the impact music has on these unique individuals critical to their development and a possible contributor to their ability to lead a more independent life ... I have found that they enjoy and even thrive when listening to or involved in music."

Academically, she ranked 5th in her class, with a weighted average of 97.2. Her musical activities include Marching Band, Jazz Band, Wind Ensemble, Pit Orchestra, Symphonic Band, all County Music Festival, and Area All State. She has also be honored with several awards.

As a student, she is also a leader. Highlights include being a member of the National Coalition Building Institute and National Honor Society.

She was chosen to attend the Hugh O'Brian Youth Leadership experience as an Ambassador in 2017; and is still active as a junior staff member and Area Board President. In 2018 she was awarded the organization's Presidential Volunteer Award for completing more than 250 hours of service in one year.

One teacher called her "an educator's dream," and another said "she has direction, focus and expends her energy in only the most productive and worthwhile activities."

#### Haley Salisbury:



**Haley Salisbury** of Amsterdam High School

Amsterdam High School senior Halev Salisbury's achievements include being class vice president; treasurer of the National Honor Society, and captain of the award-winning AHS majorettes.

She is 9th in her class and has maintained a 96.3 weighted average while taking at least 3 AP/honors courses each year. Teachers said, "she strives for perfect grades and works diligently to earn them."

Aside from her achievements as a typical high school student, she is open about the fact that she has had to work to overcome a horrific family situation involving an unspeakable betrayal by her father, which left her mother struggling and her family forever affected.

About her resilience one instructor said, "She is one of the strongest individuals and most dedicated students I have had in my 28-year career. I can't even comprehend how she dealt with the issues that tore her family apart. She faced everything head on, helped her family get through it, and she did not let it define her as a person. The strength and elegance that she displayed showed who she truly was as a person."

These challenges helped her define her goals for the future. Her goal is to be a child and victim's advocate lawyer to fight for those who were put in an awful situation like she was. She said, she will "fight for victims who don't have a voice."

Salisbury was accepted to her first choice school — Union College in Schenectady — and will major in sociology and law and humanities. She said "this will help me to be a hero for kids who had their childhood ripped away from them like I had."

#### ShayLyn Springstead:



Springstead Shaylyn **Broadalbin-Perth High School** 

ShayLyn Springstead is a Broadalbin-Perth High School senior, and is 19th in her class, with a weighted GPA of 96.3. She will be the first person in her family to attend college, when she begins her first semester at University at Albany in the fall.

She said, "Personally, the idea of receiving a college degree gives me a sense of confidence, motivation and pride." She aspires to attain a degree in medicine, and plans to focus her undergraduate years on both psychology and biology.

A teacher explained that she is one of the top performing students in AP Calculus and was also the same for Honors Pre-Calculus. He said, "these courses are very competitive and her work ethic, mathematical ability and passion for learning are what has put her in, and keeps her in, these top positions.

He said, "she is someone who you would want as a friend and on your team for any type work or challenge you may be doing. She is never rude, is always striving for excellence and for finding a way to develop a thorough understanding of new content and skills."

Another instructor said, "Along with academic success, she is active in her community, and volunteers with a cheerleading youth camp, where she strives to be an exceptional role model for the young girls ... She creates a positive atmosphere in the classroom, she's honest, she works hard, and she is always helpful to her fellow students."



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# Glass, Furniture Artists to be Showcased on Northville Woodworking Weekend

The Northville Rotary Annual Club's 11th Woodworking & Fine Arts Weekend will include featured artists Carolyn Adamczyk of Northville, a stained glass artist; and William Betrus of Saranac, a designer and creator of unique Adirondack custom furniture.

The eleventh annual event is set for Friday, July 19 through Sunday, July 21 at the Bradt Municipal Building and Town Park, 412 S. Main St., Northville.

Thousands of visitors are expected to fill the Village for the weekend.

More than 60 juried artists and selected fine craftsmen will display countless examples of the area's most exquisite works of art.

Among the fine artisans guests can expect to find are woodworkers, painters, jewelers, photographers, weavers, basket makers, potters, and others, all displaying



their unique talents with items available for purchase.

Carolyn Adamczyk grew up in Hope, NY and graduated from Northville Central School in 1985. Upon graduation, she joined the Air Force and served for over 20 years. Carolyn's biography notes she "always knew she would return to Northville." She and her husband Ken moved back in 2014.

She started creating glass

art shortly after retiring from the Air Force, as she then had the time to pursue her art. Her business, Silver Maple Stained Glass, is just two years old, but she has been creating and selling for over 12 years. Carolyn's art is original, and often taken from the nature that surrounds her. For more information about Silver Maple Stained Glass, she can be contacted at (518) 863-2256 or via her Facebook page.

William Betrus, along with his wife Elaine, began Adirondack Custom Twig in 1998 as a family-run business, specializing in ornate Adirondack style twig work. They have been building rustic furniture and fixtures all of their lives, and their workshops are located in the Adirondack Park, where they grew up in and around the Great Camps, which provided them with diverse perspectives, and exposure to this unique art form. Their proximity to Lake Placid and the high peaks allows them to enjoy many different venues.

All of the furniture created by the Betrus's is made from the finest materials selected for their character. They create pieces for bedrooms, kitchens, the outdoors or great rooms. Their unique rustic furniture can be seen at the prestigious Lake Placid Lodge in Lake Placid New York, or on their website www.adirondacktradingpost.com. Their artistic twig furniture has been shown at the Western Design Conference in Cody, Wyoming, as well as many years in the Rustic Furniture





Museum, Mountain Lake, NY.

Both artists will be at the show, and the weekend will begin with a "Meet the Artists" Reception on Friday from 5-8 p.m. Hours Saturday are 9 a.m. to 5 p.m. and Sunday 10 a.m. to 3 p.m. Demonstrations, raffles, and

Show at the Adirondack a silent auction will also be held, and food will be available from a number of vendors. Proceeds from this event will be used throughout the year to provide scholarships to students, support community organizations, and projects of Rotary International. Contact Sue Owens sowens26@gmail. com for more information.





# Liberty ARC Appoints Local Woman to Foundation Board

Amsterdam native Sarah Adamowski was appointed to the Liberty Foundation Board, a subsidiary board of Liberty ARC.

As its newest member, Adamowski will be tasked with supporting and advancing the Foundation's mission — to raise and manage funds for the purpose of supporting a variety of programs intended to improve the lives of persons with disabil-

ities and their families, particularly individuals with developmental disabilities and their families. She will serve a two-year term through 2020.

Adamowski works as a Program Specialist of Competition & Training for Special Olympics New York. She also serves as a coach for their Special Olympics golf team.

Liberty officials said Adamowski and her family have "long-standing, deep-binding ties to Liberty ARC." Her brother, Alex, is supported through Liberty's programs, mother Pauline Adamowski is a committee advisor, and father Ken Adamowski is currently a Liberty ARC board member as well as a board past president.



Sarah Adamowski

"I am both excited and humbled by this opportunity, and I look forward to learning more about Liberty ARC while we continue to try and better the lives of people living with disabilities in Montgomery County," said Adamowski. "Liberty ARC offers so many great opportunities for people like my brother Alex, and it is my intention to bring our community a deeper awareness of

how far-reaching these programs can be. Our Foundation supports new and innovative programs, the benefits of which extend to our community residents and businesses. It is with great pride that I accept this appointment."

Adamowski has previously supported the Liberty Foundation through its annual golf tournament and is an accomplished golfer. She is President and Founder of FORE The Girls Scholarship Foundation and presently is head coach for girl's golf at Albany Academy. Adamowski graduated from West Liberty University with a bachelor's degree in broadcast communications.



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### Montgomery County Launches Exit 29 Redevelopment Project Website

Information and updates regarding the "Exit 29 Redevelopment Project," located at the site of the former Beech-Nut plant in Canajoharie, will now be available to the public and potential developers through a new website launched by Montgomery County officials.

Montgomery County Executive Matthew Ossenfort said, "Our new website is a tremendous opportunity to exchange information with the community and potential developers as we move forward with the demolition and redevelopment of the site. The design is aimed at not only providing updates for the community, but providing a convenient, accessible location for potential developers to gather information."

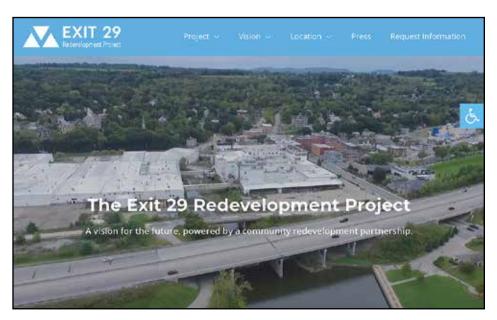
The site, www.exit29project.com, was developed by Engines of Creation and the project was funded through a joint effort between the county and the Industrial Development Agency. The county's Business Development Center and Executive's Office collaborated for several months to determine what information should be included and how it would be displayed. Website information will be updated regularly.

An introductory paragraph on the sites home page states, "Montgomery County, NY is working hand in hand with the Village of Canajoharie to transform the former Beech-Nut site located at scenic Exit 29 of the NYS Thruway into a productive, vibrant,

walkable development. Both the County and the Village are striving toward a future where the site integrates with the existing fabric of the Village to enhance the quality of life, provide jobs, increase the tax base, and provide recreational and social benefits for the Village and the surrounding region."

"This website will provide interested developers with much of the pertinent information about the Exit 29 site. Being fully visible from the New York State Thruway makes the Exit 29 site highly visible and, we think, very attractive to many development uses," Montgomery County Business Development Center Director Kenneth F. Rose said. "The site includes a high water, sewer, electric and gas infrastructure that have been maintained for future development purposes. The IDA is excited about the progress being made and happy to provide additional support to the county, with the continued goal of helping to craft a vision for the redevelopment of this 27-acre property."

The website offers a project timeline, site conditions, as well as history and use considerations. Viewers can obtain information about the area's attractions and features, transportation and regional demographics. Also included on the site is project news and a forum to request information. The county has been working to livestream demolition of the eastern portion of the site.



Updates on the progress of the "Exit 29 Redevelopment Project" are available at a new website.

To entice potential developers, the website's home page explains, "The former Beech-Nut site offers numerous opportunities for development all backed and supported by both Montgomery County, NY and the Village of Canajoharie. Located along the historic and scenic Mohawk River, this NYS Opportunity Zone has direct access to the NYS Thruway and numerous secondary thoroughfares, the 26.9 acres of the Exit 29 site is prime real estate waiting for the right developer. The Exit 29 site is fully visible from the NYS Thruway with a car count of over 23,000 vehicles passing daily. The site

is electric and water ready and includes a high water, sewer, electric and gas infrastructure that has been maintained for future development purposes."

"Growing our village requires investments and cooperation that support the creation of a vibrant, walkable downtown which invites people and businesses to establish roots and flourish," District 3 Legislator Roy S. Dimond said. "The Exit 29 Redevelopment Project website will further our goal by encouraging the redevelopment of an abandoned property in the village of Canajoharie, while also spurring economic growth for the entire region."

#### Ageless, continued from page I

Clients can book a private Botox experience for themselves, or join with a group of friends, and Constantino and Clarkin will travel to their location.

#### **Botox and Xeomin**

Ageless Aesthetics customers are mostly women that range in age from 25 to 65, but there are plenty of male customers, too, Constantino said. Many are looking to reduce forehead lines, frown lines, crows feet and smiles lines. Botox and Xeomin are drugs prepared from the bacterial toxin botulin, and when injected in minute doses, removes wrinkles by temporarily paralyzing certain facial muscles just under the skin. The pair prefer Xeomin, and use it in a majority of cases.

Botox and Xeomin are also used medically to treat certain muscular and other medical conditions, and the two practitioners are happy to help with these as well.

Botox and Xeomin treatments are known to be an effective nonsurgical method of treating excessive armpit sweating, also known as hyperhydrosis, as well as migraine headaches, facial twitches, and other muscular issues. When used in the armpits, it blocks the sympathetic nerve signals that stimulate excessive sweating. "We are helping people to feel more confident, and they have said that they feel great because they can finally wear certain shirts without feeling self conscious," Constantino said.

Constantino said she and Clarkin feel gratified when people feel great about themselves and are happy with the results. They both have been practicing in their more traditional medical roles for decades, and have found it a refreshing change from their regular work, which often focuses more on those who are sick or injured.

She said for example, it is satisfying to help people with frown lines on their face that can make them feel not true to how they see themselves. "They think, 'I look like I'm scowling, but I'm really not like that."

She said friends often seek



Mary Constantino treats a patient who would like to soften forehead lines.

their services as a group. "It's people who are scared of needles, who might do it together with their friends, or people who are not looking for that 'Joan Rivers look' but a more confident look, so that when they go out, they feel more like themselves."

"We feel strongly that this shouldn't be unattainable for people," she said.

The effects of Botox and Xeomin diminish after about 3 months, and she suggested touch-ups within 3-4 months, and sometimes even up to 6 months.

The cost varies by the amount of Botox or Xeomin that is utilized for the treatment, and is priced by the unit. Constantino said that for example, frown lines and "11s" are usually 20-30 units a treatment at \$13 per unit. It can cost around \$800 for someone to have both of their armpit areas treated for excessive sweating. In general, insurance does not pay for treatments with Botox or Xeomin.

#### **IV** Hydration

IV hydration therapy is also a major aspect of Ageless Aesthetics offerings. Customers receive a traditional IV, with a bag of fluids that can be mixed with vitamins, minerals, or medicines, depending on the needs of the client.

Treatments can be given for dehydration, jet lag, low energy, headaches and even hangovers. The service is not covered by insurance, and ranges from \$100 for basic hydration, and increases up to \$250 for hydration that includes prescribed medications.

Constantino spoke about a treatment she managed for a

bride and groom on the morning of their wedding. She said the concerned bride called to ask for help because the groom was lethargic and hungover from the night before's party and wasn't up for the wedding. Constantino said IV hydration infused with medications had him feeling great in no time, and ready to celebrate their special day.

Starting the business was challenging, as the two had to wade through the regulatory factors and permitting involved in transporting sharps, medicine and bio-hazard materials, along with insurance and malpractice considerations, before they could begin treating patients. All treatments are also confidential and discreet, and the two follow the medical privacy rules set forth by HIPAA.

Constantino said, "You don't have to drive to Albany to go to a big spa, Rebecca and I offer flexibility, and concierge service. We will come to you."

To make an appointment or receive a consultation for services, visit Ageless Aesthetics on Facebook, www.facebook. com/Kikislaserspa, or call (518) 332-4936.

#### **Chamber Night with the Amsterdam Mohawks**





ABOVE LEFT: The Fulton Montgomery Regional Chamber of Commerce hosted Chamber Night with the Amsterdam Mohawks at Shuttleworth Park on June 13. Chamber members were encouraged to redeem a free voucher and attend a fun-filled evening full of baseball, networking, and camaraderie. As part of the evening, representatives from Community Cancer Prevention in Action for Fulton, Montgomery and Schenectady Counties set up shop to give away hot dogs and offer information about cancer prevention. Representatives from the United Way of Fulton County, Hummel's Office Plus, and members of the Chamber staff were also in attendance. The Mohawks battled the Albany Dutchmen in a valiant effort, but lost in 15 innings with a score of 6-5.

BELOW LEFT: James Hannahs, Fulton Montgomery Regional Chamber of Commerce Director of Membership and Member Services, prepares to throw out one of the "first pitches" at the game. Ginger Champain of Community Cancer Prevention in Action, also threw out a first pitch.



#### Southern Adirondack Wine & Food Festival

Attendees enjoy the 5th Annual Southern Adirondack Wine & Food Festival, held in June in Historic Downtown Gloversville. The event included wineries, breweries, distilleries, food and more than 50 vendors. The first 400 wine tasters were treated to a special commemorative glass. Sponsors included: Lexington ARC; Fulton County Tourism; Nathan Littauer Hospital & Nursing Home; Kingsboro Lumber; WENT Radio 1340AM; First Choice Financial Federal Credit Union; Fage USA Dairy; and Walmart Distribution Center #6096.



Our Secret Love Society plays a set under the marquis at the Glove Theater. Other live performances during the festival included Mike Gowans; The Insolent Willies; and Emily Smith.





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Newsline July, 2019



Gina DaBiere-Gibbs
Director of Tourism
tourism@fultonmontgomeryny.org

# Bike Thru History Cycling Event

Experience the rich history of Fulton County in a unique way. The Fulton County Tourism Department is working in partnership with In Motion Events to host the Bike Thru History cycling event, a fully supported 2-day cycling tour. Bike Thru History showcases Fulton County, the Mohawk Valley and southern

#### **Tourism News**



Adirondacks with interactive route stops allowing cyclists to learn about the history that provided the foundation and continue to support the local and regional communities.

The event will take place October 11-13, 2019, a state-wide Path Through History weekend. The event is in coordination with our regional cycling routes developed through the Mohawk Valley Path Through History campaign, bikethruhistory.com.

Friday night will include a social and local speaker about the history of Fulton County. Saturday and Sunday will have cycling throughout the

day with additional programming on Saturday evening. Registration will include full weekend options for riders and non-riders. In addition, options for day rides only and Friday or Saturday programming are offered to riders and non-riders.

#### **Full Weekend Includes:**

Meals: Friday night appetizers, Saturday and Sunday breakfast, Saturday dinner, light lunch Saturday/Sunday

Route Support: Saturday and Sunday Route support: water, snacks, SAG vehicles, cue sheets, road marks

Swag: Long Sleeve T

**Other:** Bus shuttles to historical sites Saturday and Sunday following the ride, historical speakers

Hotel/Lodging Registration: On your own, discount for registered participants at host hotel

Registration is now open for the Bike Thru History cycling event on. Registration, pricing information, and additional event information are located at: www.44lakes.com/bike-thru-history/. Cycling routes for the event will be developed and information will added to the website as it is finalized. Johnson Hall state Historic Site will host the start/finish line for each route.

The tourism department is also seeking sponsors for the cycling event.

### Community Partnership Levels include:

\$1,500-Community Partner \$1,000-Registration Partner \$750-Meal Partner \$500-Speaker Partner \$250-Supporting Partner

For more information about Bike Thru History sponsorship opportunities please contact Gina DaBiere-Gibbs, Director of Tourism, at (518)725-0641 or tourism@fultonmontgomeryny.org.

# Chamber Member Anniversaries

The following businesses have found value in their Chamber investment and have renewed their membership in the months of June/July of this year. Please note these member businesses and the year they joined! Thank you to all our renewing Chamber members.

#### **Less than 5 Years**

Foothills United Methodist Church	2018
MCJ Construction	2018
Sentinel of Amsterdam Assisted Living	2017
Kingsboro Golf Club	2016
Gloversville Housing Authority	2016
Schenectady Community Action Program, Inc	2016
G. Jeremiah Ryan	2016
Willing Helpers Home For Women	2015
The Century Club of Amsterdam, NY	2015

#### 5 to 9 Years

The Stockyard Public House	2014
First National Bank of Scotia	2014
Eagle Exteriors, LLC	2014
Countryside Agency, Inc.	2013
Route 30 Wine & Liquor Depot	2012
McMurray's	2012

#### 10 to 19 Years

Curtin-Hebert Machines	.2009
Computer Doctor	.2008
Steet Toyota Johnstown-Gloversville	.2007
Sunshine Gardens	.2006
ADK Realty	.2006
Kinowski Agency Inc.	.2004
Virginia, M. Mackey Real Estate L.L.C	.2003

#### 20 to 29 Years

Kinowski Agency, Inc., Amsterdam	1998
Arkell Hall Foundation, Inc.	1998
Riley Mortuary, Inc	1998
Sampson Bog Studio	1995
Town of Johnstown	1994
Benjamin Moore & Co., Inc.	1991

#### **30 to 39 Years**

Correll Contracting Corp	1987
Patti's Greenhouses, L.L.C.	1987
Main Motorcar Chrysler Dodge Jeep Ram	1986
Dunham's Spring Shop, Inc	1985
House of Pizza	1984
Andy's Service Station	1983
Jankowski Agency, Inc	1983
Palmer Pharmacy	1982
Bornt Waste and Metal	1980

#### **40 to 49 Years**

Noble	ACE Hardware	1978
10010	11CL Halamare	······································



### **Family Support Services**

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#### Year of the Glove Student Art & Essay Competition



An awards ceremony for student winners of the Year of the Glove student art and essay competition was held in the rotunda of the Fulton Montgomery Regional Chamber's office in Gloversville. The competition was organized by local artist Patsy Suydam, whose efforts began last May by reaching out to local art and social studies teachers. The submitted pieces spanned a wide range of mediums and the essays explored topics of fashion, labor unions, the environmental impact of the glove and leather industry, and more. Middle and high school students from all over Fulton county participated. The Howard S. Argersinger Trust Fund funded the competition, which included prizes for the winners. A commemorative booklet is in the works for the Year of the Glove and will include the works of the contest winners

and other items of interest. Robert Best, Trustee of the Howard S. Argersinger Trust Fund, awarded the prizes. The contest winners for the Middle School Art were: First Place, "Hand Sculpture 1," Second Place, "Hand Sculpture 2," and People's Choice, "Hand Sculpture 2," "hand Sculpture 3," and "Hand Sculpture 8," all group projects by Julianna Alvarez, Abigail Seltzer, Rebecca Towne, and Abrianna Hayes, Gloversville Middle School. The contest winners for the High School Essays were: First Place, "Glove Song" by Dalton C. Town, Johnstown High School; Second Place, untitled essays by Aimee Ahumada, Allyson Brandow, and Brooke Grace, Johnstown High School. The contest winner for the Middle School Essays was: First Place, "Gloves as Fashion" by Tara Sweeney, Knox Junior High School.



# Fulton Montgomery Young Professional's Network

FMYPN hosted their June Meet-Up at Fox Run Golf Club in Johnstown. Thank you to PGA Professional and Fox Run Golf Club owner Rich Scott, who offered a free one hour lesson to young professionals on putting and chipping. Young professionals interested in attending future Meet-Up's or learning more about FMYPN, be sure to check out the Facebook page at wwwfacebook.com/FMYFPN, or contact Nicole Tennant at info@fultonmontgomeryny.org.



Newsline July, 2019



#### **Fulton Montgomery Regional Chamber of Commerce**



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#### Saratoga Springs

60 Railroad Place, Suite 302 Saratoga Springs, NY 12866 Phone 518.587.5111 Fax 518.587.0029

#### **Centennial Business Award**

### Willing Helpers' Home for Women, Johnstown





Fulton Montgomery

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Chamber Checks make great gifts for loved ones, good bonuses for employees, and support small businesses in this region! Purchase these gift checks at either Chamber office, any Kinderhook Bank branch or Ruby & Quiri in Johnstown.

Chamber Checks sponsored by:



Editor's Note: Each month the Newsline will highlight one of the eight businesses and individuals who received recognition at the Chamber's Annual Celebration in early 2019. Congratulations!

Willing Helpers' Home For Women was opened in 1908, and is a not-for-profit organization providing comfortable, private rooms and board in a well-managed, spacious living environment with all the amenities of home.

The home offers 24-hour supervised care for 20 residents, and offerings have expanded recently with a new respite program.

A nomination for the award said, "The staff at Willing Helpers' Home has made it their commitment to present a compassionate and cordial environment that advocates security, independence, and comfort. Together, the quality of life and services make the home a distinguished facility for first-class living. It is an invaluable gem in our community serving those we love."

### To advertise in



# Newsline

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# Saratoga Arts Grants 2020 Guidelines Now Available

Saratoga Arts Grants of up to \$5,000 are awarded to non-profit organizations, municipalities, and sponsored individual artists, in partnership with qualifying organizations, to present arts and cultural programs of high artistic merit in Fulton, Montgomery, & Saratoga Counties.

Basic Eligibility Requirements include:

- Applicant is an incorporated non-profit, or government entity or municipality, in Fulton, Montgomery, or Saratoga County
- Event must take place in the county that the organization is located in
- Event must be open to the general public
- Requesting funds for an arts or cultural event taking place in 2020
- Additional funding resources must be secured in cash and in-kind

Saratoga Arts offers free informational seminars to assist applicants in understanding the grant application process. Seminars focus on specifics of the grant application; including, writing the narrative, successfully completing the budget, successful project examples, and review panel tips.

For the 2020 Grant Cycle, new and returning applicants are required to attend a seminar. Dates are:

June 27, 2019 at The Glen Conservancy, 1538 State Highway 161, Glen NY 12072: 5:00pm-6:00pm, Community Arts Grants; 6:15pm-7:15pm, Arts Education Grants; 7:30pm-8:30pm, Artist Grant

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July 25, 2019 at Saratoga Arts, 320 Broadway, Saratoga Springs, NY 12866:

5:30pm-6:30pm, Artist Grants, Meet the Artist: 2019 Artist Grant Recipient, Selvarani Sangaran; 6:45pm-7:45pm, Community Arts Grants; 8pm-9pm, Arts Education Grants

August 1, 2019 at Paul Nigra Center for Creative Arts, 2736 NY-30, Gloversville, NY 12078: 5:00pm-6:00pm, Community Arts Grants; 6:15pm-7:15pm, Arts Education Grants; 7:30pm-8:30pm: Artist Grants, Meet the Artist: 2019 Artist Grant Recipient, Janelle Krause.

August 8, 2019 at Centro Civico, 143-145 East Main Street, Amsterdam NY 12010

5:00pm-6:00pm, Community Arts Grants; 6:15pm-7:15pm, Arts Education Grants; 7:30pm-8:30pm, Artist Grants.

August 22, 2019 at Malta Arts Center at Living Resources, 11 Round Lake, Ballston Lake NY 12019

5:00pm-6:00pm, Community Arts Grants; 6:15pm-7:15pm, Arts Education Grants; 7:30pm-8:30pm, Artist Grants.

September 5, 2019 at Schuylerville Public Library, 52 Ferry St, Schuylerville, NY 12871

5:30pm-6:30pm: Community Arts Grants: Special Presentation by Adirondack Center Stage, Inc.; 6:45pm-7:45pm, Arts Education Grants; 7:45pm-8:45pm, Artist Grants.

September 11, 2019 will feature a Live Webinar. Reference materials will be emailed to the address indicated in your registration one week prior to the

4:00pm-5:15pm, Community Arts Grants; 5:30pm-6:45pm, Arts Education Grants; 7:00pm-8:15pm, Artist Grants.

Applicants may attend any one of the listed seminars.

To register, upcoming application deadlines are: Letter of Intent Deadline: September 13, 2019; Application Review Deadline: October 4, 2019; and Application Deadline: October 25, 2019.

In addition to informational seminars, Saratoga Arts offers current applicants grant writing assistance, proposal feedback, and helpful grant-related resources. Applicants can ask questions about the Community Arts Grant Program at Saratoga Arts, find out if their project idea is eligible for funding, ask for help narrowing down potential locations and artists for your arts event; and get feedback on the grant proposal narrative or budget.

Saratoga Arts receives funding from the New York State Council on the Arts with the support of Governor Andrew M. Cuomo and the New York State Legislature.



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#### **Membership News**

**Chamber Checks:** 

**Re-Circulating** 

James Hannahs Membership Coordinator  ${\bf Membership} @ fulton montgomery ny. org$ 518-725-0641

Across both Fulton and Montgomery counties, residents play, live, and work, and often live much of their lives in their respective tight-knit communities. Economically, this creates a unique benefit: Local dollars stay within the region, and in turn, can be reinvested in the community to enhance the lives of businesses and residents together.

This "circulating money" can be recycled back into local companies and tax rolls in many ways, and contribute to the work of teachers and civil servants; help to fund local grants, and so much more. The Fulton Montgomery Chamber is home to one vehicle that not only helps create that circu-

**Money Locally** lation of local money, it also re-circulate more than \$1M in stands as an appropriate gift for any occasion. This vehicle is

CHAMBER CHECKS!

The Chamber Check program was begun in 2007 and allows participating members to accept a check purchased at the Chamber office, and accept it in lieu of traditional payments (cash, credit, debit, etc.) Since it's a simple cash conversion, much like a bearer's bond, there's no cost associated with purchasing a check as a gift. The Chamber supplies each Chamber Check holder with a list of participating businesses, and products that can be obtained with the checks range from department stores, to aesthetic companies, to car repair facilities, and even restaurants.

Over the past twelve years, various companies have utilized the Chamber Check program for gifts during the holiday season for employees, incentives for employees who show increases in productivity, and raffle prizes for events. Chamber Checks have helped

the community.

That re-circulating money can allow entrepreneurs to expand their business exposure in areas they may have not been able to before. If a business owner accepts Chamber Checks, they further incentivize recipients to come through the door and spend that check, which allows the business to convert the check into cash, which contributes to their overall revenue stream. Thanks to the Chamber Check, the recipient shopped within the region, and helped enhance our business climate.

To sign up for the Chamber Check program, or to purchase checks, stop into either of the Chamber's offices or contact me at the Chamber office at (518) 725-0641 or via email at membership@fultonmontgomeryny.org. We urge all shoppers in our area to consider shopping locally whenever possible. Check out what our region has to offer and help enhance the lives of all businesses, citizens, and communities.

## True Value Accepts GEDC Support



Gloversville, accept a check for a low-interest loan provided by the Gloversville **Economic Development Corporation. The GEDC offers loans to new or existing** business within the city of Gloversville for equipment, expansions and renovations with an emphasis on creating and retaining jobs. L-R: Joyce Royal of the GEDC, Tammy and Matt Capano, and Mark Kilmer, President of the Fulton Montgomery County Regional Chamber of Commerce.

## **Chamber Welcomes New Business & Education Partnership Coordinator**

Jenna Patterson has joined the Fulton Montgomery Regional Chamber of Commerce staff as the Business and Education Partnership Coordinator.

Patterson is a graduate of Gloversville High School and attended the Culinary Arts pathway at HFM BOCES Career & Technical Education program. She continued her education in culinary arts at Johnson at Wales University in Rhode Island where she earned her Associates Degree in Culinary Arts and Bachelor's Degree in

Sports Entertainment and Event Management.

Following graduation, Patterson pursued her passion in the hospitality industry. She gained experience at local establishments including restaurants and casinos before landing at the Chamber.

Patterson will work alongside supervi-



Jenna Patterson

sor Nicole Walrath, Director of Workforce Development, to continue to expand the Business Education Partnership (BEP) program that provides workplace experiences PTECH and pathway programs within HFM BOCES.

Walrath said of Patterson, "With Jenna's prior knowledge of workplace experiences and her eagerness to help students find their own pathways, she will certainly be an asset to our team "

Patterson can be reached at the Chamber at (518) 725-0641 or via email at jennap@fultonmontgomeryny.org. For more information about the Fulton Montgomery Regional Chamber of Commerce or the Chamber's Business and Education Program (BEP), visit the Chamber online at www.fultonmontgomeryny.org or on Facebook.

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### **Welcome New Members!**

Thank you for making an investment in your business, and in our region, with Chamber membership.

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#### Ciera Paige Photography

579 New Turnpike Rd Fort Plain, NY 13339 (518) 332-1895

Ciera Paige Photography specializes in studio portraiture and weddings. Ciera studied at Hallmark Institute of Photography in Turners Falls, MA.

#### **Powersports Insurance Agency, Inc.**

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Gloversville, NY 12078 Local Phone: (518) 725-7000

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#### **New York Lunch**

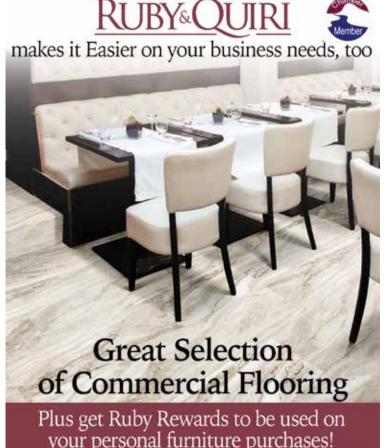
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Nicole Walrath
Director of
Workforce Development
Nicole W@fultonmontgomeryny.org



Jenna Patterson
Business and Education
Partnership Coordinator
jennap@fultonmontgomeryny.org.

#### **HFM PTECH**

BELOW: Freshmen at HFM PTECH showcased their digital professional portfolios, which included a resume, cover letter and highlighted project work. For their final task, students participated in mock interviews with local business partners. A special thanks to Carol Connelly of HFM BOCES, Jerri Cortese of St. Mary's Healthcare, Shawn Czadzeck of Townsend Leather, Rosalie Faber of Flooring Authority, Blaine Harvey of Mohawk Fabric, Anne Boles of Community Health Center and Andrea Scribner of Fulton-Montgomery Community College, for participating.







#### **Business Education Partnership News**

### Business Education Partnership Seeks Businesses To Work With Students

The Fulton Montgomery Chamber's Business Education Partnership is looking for businesspeople to get involved with students in PTECH and Pathway programs within Hamilton Fulton and Montgomery counties.

During the summer months, Nicole Walrath, Director of Workforce Development and Jenna Patterson, Business and Education Partnership Coordinator, will be on the road visiting businesses to look for business partner involvement for the upcoming 2019-20 school

year. Businesses can participate in the following ways: Serving as guest speakers, guest judges, offering workplace tours, mentoring, participating in workplace challenges, offering job shadowing and internship opportunities.

Any real-world experience pertaining to your business would be most appreciated and helpful for our students! If you are interested in becoming a partner please contact Walrath at nicolew@fultonmontgomeryny.org or Patterson at jennap@fultonmontgomeryny.org.

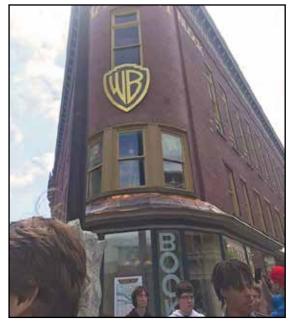
#### Ag PTECH





ABOVE and BELOW AT LEFT: Freshmen at Ag PTECH interviewed residents at St. Johnsville Rehabilitation and Nursing Center to learn about agriculture and food trends of the past.

Foothills PTECH,
Academy of Computer Science and Game Arts & HFM PTECH





Students in the information technology pathway at Foothills PTECH and HFM PTECH had the opportunity to tour WB Games and Tech Valley Center of Gravity in Troy.

#### **Chamber Member Events**

# Tuesdays Through Labor Day

The Sacandaga Valley Arts Network invites all players, pickers, singers, and music lovers in the Sacandaga region to get together and make music. Everyone is welcome from newbies to experienced jammers. Come play blues, bluegrass, folk, country and rock. The SVAN Music Jam will be held in Northville Waterfront Park on Tuesday evenings from 3-6 and Saturday mornings from 10-12 in conjunction with the Village Farmers' Market beginning July 2nd until Labor Day. (No Jam on July 6th)

This is a very informal jam. If you've never jammed before – here's your chance. We're very friendly and helpful. Bring a song (or 3) to share or just bring yourself and your instrument(s). If you are a frequent jammer, please join us too. Listeners are always welcome, but we hope you'll join in and sing along.

For more information call (518) 863-2820 or email mbeisenberg@gmail.com.

#### July 9

Join the Fulton County Historical Society and the Fulton County Historian for a multi-media presentation on Tuesday, July 9 at 5:30 p.m. at the FMCC Allen House. Professor Gerald Zahavi will explore the 20th century working world of Fulton County's glovers and tanners utilizing oral history and video interview selections, site recordings, and scanned historical photographs -- all collected by him and Susan McCormick in Gloversville and Johnstown in the 1990s for the Glovers of Fulton County research and documentation project.

Gerald Zahavi is professor of History, former Director of the University at Albany's Public History Program, and current Director of the Documentary Studies Program at the University at Albany. He also serves on the Executive Board of the Adirondack History Museum in Essex County, NY. He completed his undergraduate education at Cornell (with a BA in European Intellectual Jeffrey History) and received his MA and Ph.D. from the Maxwell

School at Syracuse University (the latter with a specialization in modern U.S. economic and labor history).

Zahavi's academic research interests are diverse. They include welfare capitalism, New York's industrial history, Adirondack history, labor and political radicalism in modern America, and oral history. Over the years, Prof. Zahavi has also been heavily involved in bringing history to a broad audience through public history and media projects; these have included oral and video history projects, radio and television productions, museum exhibits, and WWW hypermedia sites and on-line publications.

#### July 13

The Johnstown Historical society will hold a Jail & Bail fundraising event on Saturday, July 13, from 10 a.m. to 4 p.m., with a historical theme. Participants will be arrested for violating Colonial laws and will need to raise \$100 bail to secure their release. All proceeds will be used for the maintenance and upkeep of The Drumm House; Burk Inn and the Historical Society Museum.

They will either be placed in the "stocks" in our downtown park or in a jail cell. Organizers said, "The mayor and the police chief, as well as other members of the community, will be joining us for this fun event."

To receive an arrest warrant or to have a friend, co-worker or family member arrested, call (518) 332-9953 or (518) 332-7695.

#### Through July 17

The Paul Nigra Center for Creative Arts will hold its first-ever Nigra Arts Center Membership Art Show, from June 13 to July 17.

The show is its first to feature only the works of members of the arts center. On display are over 100 pieces in all media by both local artists and those from outside the region, including New Jersey, Ohio and North Carolina. A total of 32 member artists are displaying more than 100 pieces in the show.

Featured artists include Jeffrey John Ardizzone, Lew Cowan, Cyndi Daigler, Deja Donde, Connie Duross Chamberlain, Karl Fisher, Dick Foster, Carol M. Hesselink, Jack Horning, Cheryl Horowitz, Michele Johnsen, Anna King, Elizabeth Knapp, Marion Kratky, Gary Larsen, Tammy McCue, Sharon Miller, Beth Moore, John Morrette, Lynda Naske, Stefanie Obkirchner, Sandra Peters, Joanne Petrozzi-Jones, Timothy Prendergast, Paul Rappleyea, K. Santomartino, Laurie Snell, Beth Spraggs, Terry Van Genderen, Jean VanPelt, Sean Walmsley and Brad Wenskoski.

The public is welcome to view the show through July 17. The regular gallery admission is a suggested \$5 donation. Members of the Nigra Arts Center, children under the age of 18 and participating artists are admitted for free.

The Nigra Arts Center offers annual memberships to anyone who seeks to support the arts and community events at the Center. Membership levels start at just \$25 per year and carry benefits such as discounted admission to classes and art exhibitions, mailing list access, invitations to special events, charitable tax deductions and more. For additional information about memberships and to sign up for one, please visit www. pncreativeartscenter.org/membership or call (518) 661-9932.

The Paul Nigra Center for Creative Arts is located at 2736 State Highway 30 in Gloversville. For more information about this show or the Paul Nigra Center for Creative Arts, call (518) 661-9932 or visit www.pncreativeartscenter.org.

#### August 4

The Sacandaga Valley Arts Network present two outstanding classical performances at the Mayfield Presbyterian Church, located at 22 N. Main St., Mayfield, NY. Admission is \$12 (\$10 for SVAN members).

Caroga Lake Music Festival artists will perform on Sunday, August 4 at 3pm.

The Caroga Lake Music Festival is a five-week summer music festival in the Adirondacks offering a series of free performances and community outreach programs in the upstate New York region and beyond. Attracting thousands of audiences locally and nationwide, Caroga Lake Music Festival is dedicated

to increasing accessibility to chamber music, cultivating creative and interactive experiences and showcasing some of the world's top professional artists from the U.S. and abroad.

For reservations, call (518) 863-8047.

#### August 8

The Walter Elwood Museum will host its 2019 Annual Ice Cream Social on Thursday, Aug. 8 from 4:30 - 7:30 p.m. on the grounds of the Walter Elwood Museum at 100 Church Street in Amsterdam. This year marks the 80th anniversary of the museum as it was founded by Walter Elwood in 1939.

The Walter Elwood Museum provides year-round educational programming to children and families. Enrichment programs are available over the summer, during school breaks, on weekends and after school. The Museum also serves as a community center for area clubs and organizations. Exhibits at the Walter Elwood Museum highlight the historical and cultural significance of our City, its residents and the region.

The event will feature family entertainment, including music, face painters, variety of rides, games, inflatable's, home-baked desserts, ice cream, and more.

#### August 14

The Cantanti Project will perform at 7 p.m. on Aug. 14 at the Mayfield Presbyterian Church, located at 22 N. Main St., Mayfield. Admission is \$12 (\$10 for SVAN members).

Cantanti Project's mission is to support the development of emerging artists and foster collaboration, and its overarching goals are to empower artists to be active creators and innovators, to bring diversity to classical music, and to inspire audiences with meaningful and moving performances. By creating projects that show the depth and range of classically trained artists, Cantanti Project honors the traditions of classical music while reinterpreting what it means to be a classical artist today. For reservations, call (518) 863-8047.

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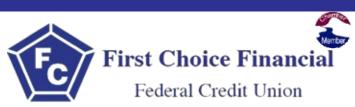
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### Long-Term Chamber Member Spotlight: Livingston's Furniture & Mattress (45 Years)

By Jessica Ford **Newsline Editor** 

For David Livingston of Livingston's Furniture & Mattress in Gloversville, customer service and relationship-building is a priority that winds through every interaction.

The business, opened in 1901, is in its fourth generation, and locations include the flagship store at 355 South Main Street in Gloversville, as well as a second location at 33 Dix Avenue in Queensbury, that was opened in the late 1950s. David began working at the store at around age 13, and his father Larry is still involved in the business. Over the years, the 45-year manager of the Queensbury store also brought his son into the fold, to create a "second family" that has more than one generation in the company.

Livingston's marked 45 years as a member of the Fulton County Regional Chamber of Commerce in June. Livingston said he believes being a part of the chamber affords local businesses excellent opportunities for promotion, and networking is also a valuable benefit. He said he appreciates that the Chamber is always working to enhance business in the community, noting that even if he is not able to attend a networking event, for example, he knows that at every opportunity, Chamber staff and leaders will make sure to mention the company's name to potential customers.

Creating a successful operation in this region is challenging and rewarding, Livingston said. Although the internet and pace of today's economy forces constant change, he said having products "here for people to experience" is very important. The Gloversville showroom features three floors of furniture and mattresses, and various styles, fabrics, leathers, accessories and colors are visible immediately upon entering. A large portion of the furniture available is made I the United States, Livingston noted.

Along with the range of items shown at the store, pricing is also wide ranging, so that the products are accessi-



David Livingston, a fourth generation member of the Livingston's Furniture family, speaks with a customer at the South Main Street, Gloversville, store.

ble to anyone who shops there. Livingston's offers free delivery, financing and customer service that does not end once the delivery is made.

Livingston said, "We like to service whatever is there after the sale. Many larger chains and stores don't necessarily care if people come back as return customers. We like to develop relationships, so that when they think of furniture, they come back to us." He noted that word of mouth is their best advertising, so he is very conscious of making sure each buyer is satisfied.

To best experience all that Livingston's has to offer, stop in at their Gloversville store. He said customers often express that they had no idea there was so much in the building, and second they say that they are impressed that the prices are so reasonable and competitive.

Featured furniture brands include All Wood Furniture: Ashley; Atlantic; Best Home; Coaster; Craftmaster; Fashion Bed Group; Howard Miller; Intercon and King Hickory. Mattress brands featured include Restonic; Stearns & Foster; and Symbol.

Livingston's Furniture & Mattress in Gloversville is open Monday to Thursday from 9 a.m. to 6 p.m.; Friday from 9 a.m. to 7 p.m.; Saturday 10 a.m. to 4 p.m. and Sunday 10 a.m. to 2 p.m. Phone is (518) 725-8317 and email is livingstonsdave@ gmail.com, or visit www.livingstonsfurn.com.



The showroom at Gloversville features 3 floors so that customers can truly experience the furniture before purchasing.



A broad range of styles, quality and pricing makes Livingston's