

## Working From Home Check-In

**1. How satisfied are you with your current work from home arrangement?**

- Very satisfied
- Somewhat satisfied
- Neither satisfied nor dissatisfied
- Somewhat dissatisfied
- Very dissatisfied

**2. Compared to last week, are you feeling more optimistic or pessimistic about working from home?**

- Optimistic
- Pessimistic
- About the same

**3. What are the TWO biggest challenges you are currently facing while working from home?**

- My physical workspace
- Too many distractions at home
- I don't have access to the tools or information I need to do my job at home
- Internet connectivity
- Childcare
- Social isolation
- Communication with coworkers is harder
- I'm sick or helping others who are sick
- Keeping a regular schedule
- General anxiety about the impact of coronavirus on my life
- Getting enough food
- Other (please specify)

**4. Do you have all the equipment you need in order to do your work from home?**

- Yes
- No

**5. Do you have a dedicated workspace where you can work at your home?**

- Yes
- No

**6. How often do you keep to a regular working schedule at home?**

- Every day
- Most days
- About half the time
- Rarely
- Never

**7. How connected do you feel to our team?**

- A great deal
- A lot
- A moderate amount
- A little
- None at all

**8. Do you feel your work is being recognized?**

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

**9. While working from home, do you feel you still have opportunities for advancement?**

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

**10. What else do you need from me to do your job well while working remotely?**

**11. What questions do you have that I can take back to our team or company leadership?**