

# NABPT NEWSLETTER

ISSUE NO 1 | JULY-SEPTEMBER 2019



## OUR MISSION

National Association of Black Physical Therapists is a nonprofit organization with the primary focus of increasing opportunities for the African Diaspora in the physical therapy network. NABPT's mission is to provide opportunities for increased visibility, networking, community service, career development, and mentorship.

This Newsletter will unify the chapters of NABPT with information that affects us personally and professionally. We want to spark different conversations each quarter and provide ideas to make changes in our communities.

## TOPIC 1

Put Some Respect on My Name.

Join the conversation on Facebook, Instagram, and at your local Gatherings.

## TOPIC 02

Tips to make this organization what you need to be a great PT.

## TOPIC 03

Introduced Bill to Provide Diversity Based Scholarships.

## 01: Put some Respect on my Name

Bachelors, Masters, Doctorate, Transitional Doctorate. How do you really feel about the diversity of educational levels within the field? How have you informed the population of your skillset and the benefits of PT? Check out this article from 2017 Evidence in Motion.

<https://www.evidenceinmotion.com/blog/2017/06/26/dpt-dilemma-really-answer-pt-branding-problem/>

## 02: Making NABPT Your Home

Tip #1 Get Involved With Your Local Chapter. Discuss what you need and be an advocate for the patients in your area. Help organized community service events and networking events in your area.

Tip #2 Develop a Chapter in Your Community. If there is not a chapter in your area, contact us at [info.nabpt@gmail.com](mailto:info.nabpt@gmail.com). We will help you develop a chapter to ensure that you feel a more intimate support system.

Tip #3 Contact the NABPT Board with Your Ideas. Most young professionals do not join professional organizations because they do not feel that it is for them. NABPT is for you because you make the organization. If something affects you as a black PT/PTA or student, please voice your opinion and help us to find a solution.

## 03: Bill to Provide Diversity Based Scholarships

Please check out this article.

<http://www.apta.org/PTinMotion/News/2019/07/10/WorkforceDiversityActIntroduced/>



Find us at [www.nabpt.org](http://www.nabpt.org)

Instagram: nabpt\_

FaceBook: National Association of Black Physical Therapists

Twitter: NABPT

Email us at [info.nabpt@gmail.com](mailto:info.nabpt@gmail.com)



## MEMBERSHIP SPOTLIGHT

Our featured member this quarter is TaVona Denise Boggs, PT. She is a physical therapist, life coach and business mentor, on a mission to save as many PTs as she can from burnout, boredom and glass ceilings. TaVona has devoted the past decade to studying and engaging in non-traditional business models to help rehab professionals leverage their expertise to create wellness businesses. Follow her @tavonadenise on LinkedIn, Facebook, and Instagram and connect with her and other PTs practicing wellness on and offline at [wellnesspts.com](http://wellnesspts.com)



## UPCOMING EVENTS:

Dallas Meet and Greet August 10<sup>th</sup> 2-5 PM at the Daiquiri Shoppe in Carrollton, TX.

RSVP: <https://www.eventbrite.com/e/nabpt-dallas-chapter-meet-greet-tickets-63605725437>

Should we host an event at CSM? Let us know on our social media platforms or email us at [info.nabpt@gmail.com](mailto:info.nabpt@gmail.com).



## MENTOR MONDAYS

All members contact [membership.nabpt@gmail.com](mailto:membership.nabpt@gmail.com) to sign up for Mentor Mondays. We will have a practicing PT answer questions that you may have about the profession, NABPT, or strategies to be a better you. We will send a Bio of the Mentor one week prior to Mentor Monday. This program is exclusive for NABPT members only. Please state your membership ID in the email.