

HOW TO CREATE YOUR LMS ACCOUNT



Create your Account:

1. Navigate to the sign-up page via:
<https://moodle.publichealth.arizona.edu/login/signup.php>
2. Click on **Create Account** and enter a username, password, and provide other key contact information. Ensure that the password meets the requirements provided. The email address you add will be used to send your completion certificate.

Sign Up

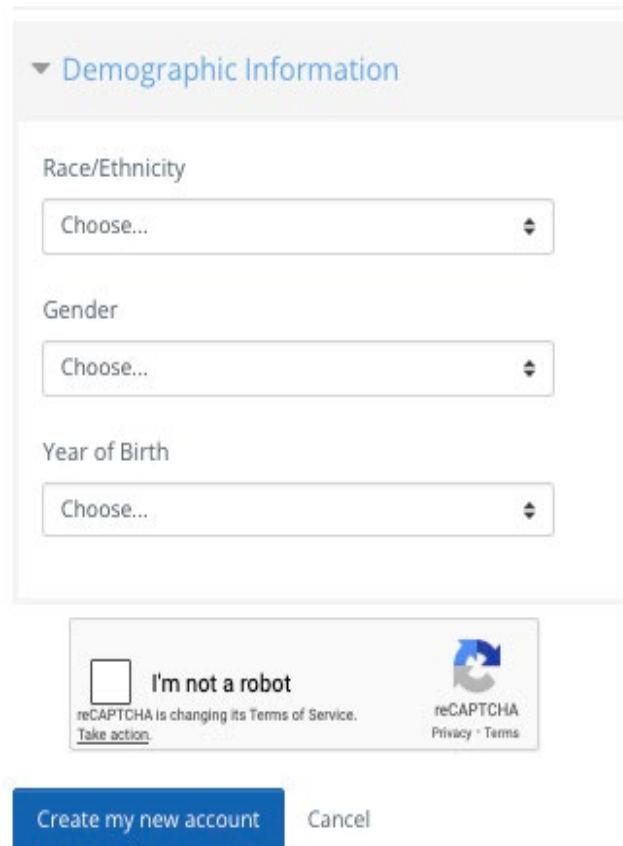
▼ Collapse all

▼ Choose your username and password

The password must have at least 8 characters, at least 1 digit(s), at least 1 lower case letter(s), at least 1 upper case letter(s), at least 1 non-alphanumeric character(s) such as *, -, or #

▼ More details

3. On the step, you will be asked to fill out demographic information by selecting options that are provided on the dropdowns.



The screenshot shows a form titled "Demographic Information" with a dropdown arrow. It contains three dropdown menus labeled "Race/Ethnicity", "Gender", and "Year of Birth", each with a "Choose..." option. Below the form is a reCAPTCHA "I'm not a robot" checkbox. To the right of the checkbox is a reCAPTCHA logo and the text "reCAPTCHA Privacy - Terms". Below the reCAPTCHA is a blue button labeled "Create my new account" and a gray button labeled "Cancel".

4. Once these initial steps are completed, the following message will appear on the screen:

To confirm your new account, please go to this web address:
<https://moodle.publichealth.arizona.edu/login/confirm.php?data=sAdKjwmVajxCR06/meganstoltz>

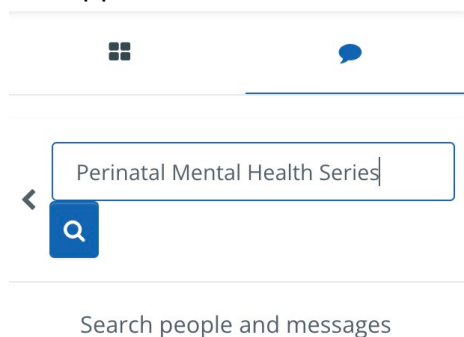
Follow the link to be directed to the course home page.

Access the Material:

5. At the home page, search for the courses available to you. Here is what it'll look like:



6. Click on the message icon located in the upper right-hand corner. This will open the search bar to access the course. Type “**Perinatal Mental Health Series**” and press “enter” for the courses to appear.



7. You made it! Select the appropriate course according to your profession (prescriber or non-prescriber):



Perinatal Mental Health Series: Prescribers

Mental & Behavioral Health

This three-module course is designed to equip prescribers with critical knowledg...

WITH SAIRA KALIA, MD



Perinatal Mental Health Series: Non-Prescribing Providers

Mental & Behavioral Health

This three-module course is designed for non-prescribers working with the matern...

WITH SAIRA KALIA, MD
& KATHRYN EMERICK, MD

8. Last step is to complete the required “Professional Demographics” section. Click on the blue text following the “thumbs-up” icon.

Professional Demographics - REQUIRED

This course is supported by ADHS to help improve outcomes at hospitals in Arizona. Please respond to the registration questions to help us determine the locations and roles of the providers we are reaching.*

 [Registration - Participant Information](#)

To complete the course and receive continuing education credits, you will need to register as a participant. However, resources linked below are available for use regardless of registration status.

*For questions related to registration or course completion, please contact the Arizona Perinatal Psychiatry Access Line at team@apal.arizona.edu.

9. Once completed, the following screen will appear, and the course material is now available.

Perinatal Mental Health Series: Non-Prescribing Providers

[Home](#) / [My courses](#) / [Non-Prescribing Providers](#) / [Professional Demographics - REQUIRED](#) / [Registration - Participant Information](#) / [Complete a feedback](#)

Your answers have been saved. Thank you.

Registration - Participant Information

[Continue](#)

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Video - AZ Maternal Mental Health Landscape ▶

10. Welcome to the Perinatal Mental Health Series!

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Maternal Mental Health in Arizona

UNIVERSITY OF ARIZONA

Presented by:
Dr. Anna Kullie

Date:
2025

Arizona Perinatal
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