

# ALABAMA MEDICAL DIRECTORS ASSOCIATION

## Mid-Winter Conference AGENDA

### SATURDAY, JANUARY 25

**7:00 a.m. - 7:30 a.m.**

ALMDA Board of Directors Meeting

**7:30 a.m. - 8:00 a.m.**

Advisory Committee Meeting

**7:30 a.m. - 8:25 a.m.**

Registration and Breakfast with Exhibitors

**8:25 a.m. - 8:30 a.m.**

Welcome

**Ben Lee, MD**

ALMDA President 2025-2026

**8:30 a.m. - 9:30 a.m.**

Navigating Hematology Assessment in Chronic Conditions

**Kristi Acker, PhD, DNP, FNP-BC**

Associate Professor and DCH Supportive Care Clinic- Clinic Lead, Capstone College of Nursing at the University of Alabama

**Learning Objective:** Apply evidence-based diagnostic pathways to accurately identify and manage common hematologic abnormalities in older adults.

**9:30 a.m. - 10:30 a.m.**

Ostomy Care Essentials for Long-Term Care Providers

**Joy Hooper, RN, BSN, CWOCN,**

**OMS, WCC,** Owner,  
MedicalCraft

**Learning Objective:** Perform a systematic assessment of stoma function and peristomal skin integrity to identify early complications and implement appropriate interventions or referrals.

**10:30 a.m. - 11:00 a.m.**

Break with Exhibitors

**11:00 a.m. - 12:00 p.m.**

Medicare Stars for Nursing Homes: The Metrics that Shape Your Future in Post-Acute Care

**Emily Frazier,** Senior Provider Network

Consultant, Blue Cross Blue Shield of Alabama, and **Effie Carlson,** CEO,  
Watershed Health

**Learning Objective:** Implement medication safety strategies that reduce inappropriate concurrent opioid and benzodiazepine use and improve performance on the CMS Star measure.

**12:00 p.m. - 12:30 p.m.**

Lunch with Exhibitors

**12:30 p.m. - 12:45 p.m.**

Legislative Update (No CME)  
Medical Association of the State of Alabama Government Relations and Public Affairs

**12:45 p.m. - 1:00 p.m.**

ALMDA Membership Meeting

**1:00 p.m. - 2:00 p.m.**

Policy Updates, Procedures, and Proficiencies for Collaborative Practice and Supervisory Agreements

**Leslie Roberts, RN, BSN,** Advanced Practice Nurse Consultant, Alabama Board of Medical Examiners

**Learning Objective:** Integrate current Alabama regulatory requirements into daily practice by updating documentation, workflow, and supervision/collaboration procedures to ensure full compliance.

**2:00 p.m. - 3:00 p.m.**

Is That Opportunity Knocking? Re-opening the Door to Home Care Medicine

**Marianthe Grammas, MD,** Associate Professor and Medical Director, University of Alabama at Birmingham

**Learning Objective:** Evaluate patients for suitability for home-based primary care and develop a practical implementation plan that improves access, continuity, and patient outcomes.