**BEHAVIORAL CARE PLAN- updated 5/15/2019**

GOALS: Consistent staff and good staff-resident relationships without burnout or injury, provide all medical needs and some preferences for her and others and assure that her preferences do not impact needs of others for care.

PRINCIPLES

* Times for getting up or going to bed are: approximately 9:30a.m., 7:30-9:00p.m. (up to 9:30 if out on pass) and 1-4 a.m. (12:30 a.m. on some days but must start without waiting for the helper). Can get up or go down once per shift only. Standard care is half dressing on night shift and complete on day shift. Night shift will do full dressing upper and lower any time between 1 a.m. and 4 a.m. start time however, you must have an outfit ready as there is no time for selection or changes.
* If sick with abnormal vital signs, exceptions can be made, but she would need to stay in bed until reassessed. If resident requests to be assisted back to bed at 5:00 pm (before dinner), ok to remove clothes (Upper body in wheelchair, pants in bed). Care can be provided later.
* If goes to bed on night shift AND wants to get up at 9:30, then night shift can do either top or bottom dressing when done with routine care.
* **Standard health related care** is estimated to take 30 minutes. After standard care, there is 5 minutes for preferences which may include: open make-up, tuck in socks, adjust bra; cell phone issues. If outfit is not selected, then choosing outfit counts against those five minutes. If resident is not ready to participate in standard care at accepted time, staff may only provide care needed for safety. Make-up set up occurs at 10 a.m. If care occurs within 30 minutes and time available when gets up on noc shift, makeup set up can be done time permitting.
* PM staff will assist resident daily to pick out/ choose outfits for the next day.
* **Special Considerations:** Limit time laying flat. Make pants free of wrinkles as much as possible, cath lock in place and catheter tubing straight, place in sling and chair as straight as possible. Avoid too many up and downs in Hoyer as she begins to slide through opening.
* Do not put on clothes that are too tight.
* If meal in room, all requests for meal must be made prior to tray being brought.
* Hair care – Brush, use conditioner or detangler, but not mousse or gel.
* Shower is 30 minutes in the water, two shampoos only. If not ready by 7:30 p.m., skip to next scheduled day. No bedbath.
* Special exception requests are submitted by RESIDENT via email to the DON/Nursing Supervisor, and/or directly speak to SN/ CN of impacted shift,48 hours in advance including what compromises she is willing to make. All impacted shift supervisors must approve the exception.
* If staff caring for her have extra time and the inclination and it will not take away from others in their assignment, from time to time, they may honor special requests that are not on this plan; however, this is not to be perceived as an expectation.