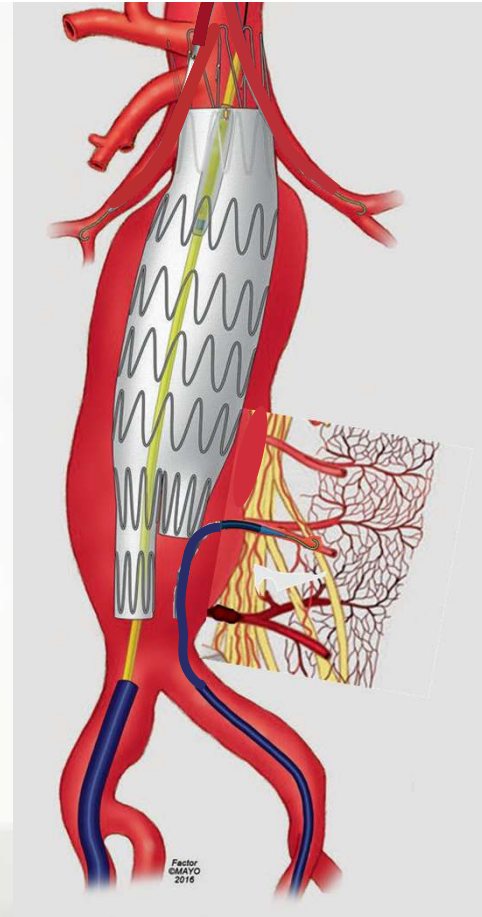


# Pre-emptive embolization of lumbar/IMA

## Is it warranted?

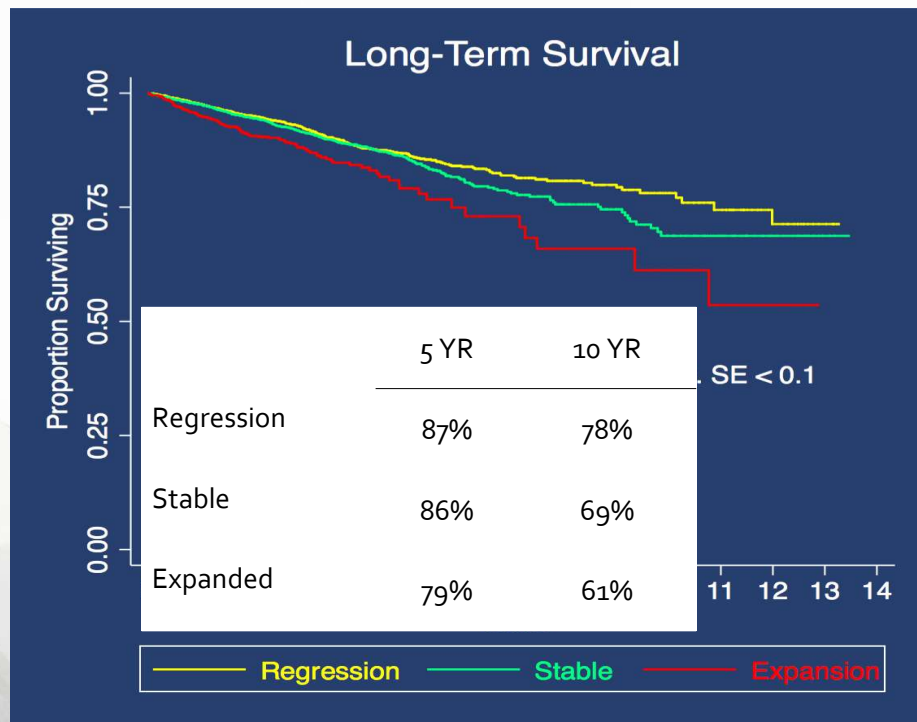
Mark A Farber, MD FACS  
Director, UNC Aortic Network  
Professor of Surgery and Radiology  
Division of Vascular Surgery  
University of North Carolina  
Chapel Hill, NC



# Disclosures

|              | Cook Medical  | WL Gore                        | Getinge    | ViTTA                          | Centerline Biomedical |
|--------------|---|--------------------------------|------------|--------------------------------|-----------------------|
| Relationship | Research Support,<br>Clinical Trials,<br>Consulting | Clinical Trials,<br>Consulting | Consulting | Clinical Trials,<br>Consulting | Consulting            |
| Received     | Grants, Honoraria                                   | Honoraria                      | Honoraria  | Honoraria                      | Stock Options         |

# Association of Aneurysm Sac Behavior with Long-Term Survival Following EVAR



- **1 year:**
  - Expansion 25%
  - Stable 35%
  - Regression 40%
- Even stable sacs associated with lower survival
- Sac behavior associated with new endoleaks, reintervention, and long-term mortality.
- Association between sac behavior and long-term mortality persisted in patients without endoleaks

All patients (n=14,827) undergoing EVAR the Vascular Quality Initiative (VQI), 2003 - 2017

O'Donnell et al.

Aug 2019



## One-year aneurysm-sac dynamics are associated with reinterventions and rupture following infrarenal endovascular aneurysm repair

Vinamr Rastogi, MD,<sup>a,b</sup> Thomas F. X. O'Donnell, MD,<sup>c</sup> Christina L. Marcaccio, MD, MPH,<sup>a</sup>  
Priya B. Patel, MD, MPH,<sup>a,d</sup> Rens R. B. Varkevisser, MD,<sup>a,b</sup> Sai Divya Yadavalli, MD,<sup>a</sup> Jorg L. de Bruin, MD, PhD,<sup>b</sup>  
Hence J. M. Verhagen, MD, PhD,<sup>b</sup> Virendra I. Patel, MD, MPH,<sup>c</sup> and  
Marc L. Schermerhorn, MD,<sup>a</sup> *Boston, MA; Rotterdam, The Netherlands; New York, NY; and New Brunswick, NJ*

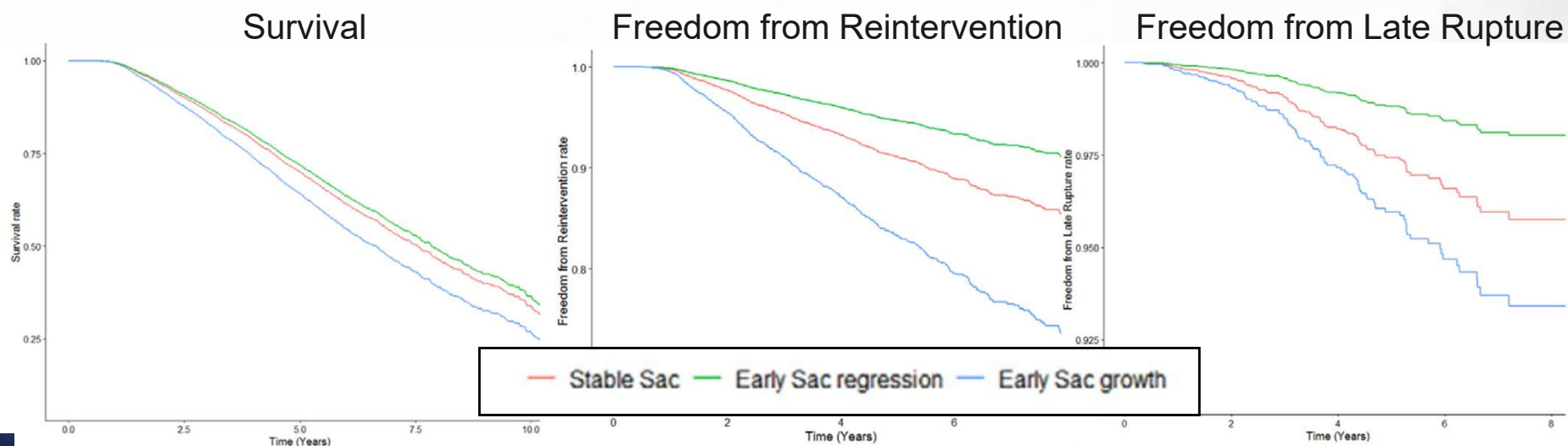
- VQI EVAR database query 2003 - 2018 linked to Medicare long-term claims
- N = 31,185 (52% had 1 year imaging: n=16,102)



Feb 2024

# One-year aneurysm-sac dynamics are associated with reinterventions and rupture following infrarenal endovascular aneurysm repair

Vinamr Rastogi, MD,<sup>a,b</sup> Thomas F. X. O'Donnell, MD,<sup>c</sup> Christina L. Marcaccio, MD, MPH,<sup>a</sup> Priya B. Patel, MD, MPH,<sup>a,d</sup> Rens R. B. Varkevisser, MD,<sup>a,b</sup> Sai Divya Yadavalli, MD,<sup>a</sup> Jorg L. de Bruin, MD, PhD,<sup>b</sup> Hence J. M. Verhagen, MD, PhD,<sup>b</sup> Virendra I. Patel, MD, MPH,<sup>c</sup> and Marc L. Schermerhorn, MD,<sup>a</sup> Boston, MA; Rotterdam, The Netherlands; New York, NY; and New Brunswick, NJ



| Survival             | Hazard Ratio (HR) | 95% CI    | P-value |
|----------------------|-------------------|-----------|---------|
| Ref: Stable Sac      | -                 | -         | -       |
| Early Sac Regression | 0.92              | 0.85-0.99 | .032    |
| Early Sac Expansion  | 1.27              | 1.11-1.46 | <.001   |

| 8-year Reintervention | Hazard Ratio (HR) | 95% CI    | P-value |
|-----------------------|-------------------|-----------|---------|
| Ref: Stable Sac       | -                 | -         | -       |
| Early Sac Regression  | 0.58              | 0.50-0.68 | <.001   |
| Early Sac Growth      | 1.98              | 1.57-2.51 | <.001   |

| 8-year Rupture       | Hazard Ratio (HR) | 95% CI    | P-value |
|----------------------|-------------------|-----------|---------|
| Ref: Stable Sac      | -                 | -         | -       |
| Early Sac Regression | 0.45              | 0.29-0.69 | <.001   |
| Early Sac Growth     | 1.61              | 0.88-2.96 | .12     |



# One-year aneurysm-sac dynamics are associated with reinterventions and rupture following infrarenal endovascular aneurysm repair

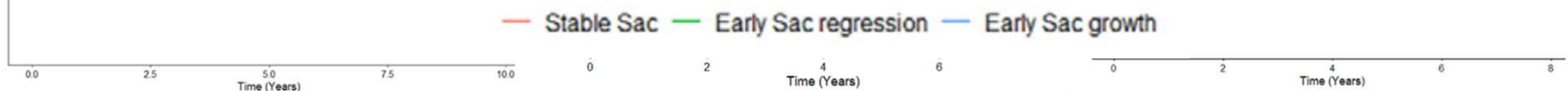
Vinamr Rastogi, MD,<sup>a,b</sup> Thomas F. X. O'Donnell, MD,<sup>c</sup> Christina L. Marcaccio, MD, MPH,<sup>a</sup> Priya B. Patel, MD, MPH,<sup>a,d</sup> Rens R. B. Varkevisser, MD,<sup>a,b</sup> Sai Divya Yadavalli, MD,<sup>a</sup> Jorg L. de Bruin, MD, PhD,<sup>b</sup> Hence J. M. Verhagen, MD, PhD,<sup>b</sup> Virendra I. Patel, MD, MPH,<sup>c</sup> and Marc L. Schermerhorn, MD,<sup>a</sup> *Boston, MA; Rotterdam, The Netherlands; New York, NY; and New Brunswick, NJ*

Survival

Freedom from Reintervention

Freedom from Late Rupture

- **Both sac stability and sac expansion at 1 year are independently associated with worse clinical outcomes compared to sac regression.**
- **The magnitude of sac regression or expansion showed a dose-dependent association with reintervention-free and rupture-free survival.**



| Survival             | Hazard Ratio (HR) | 95% CI    | P-value |
|----------------------|-------------------|-----------|---------|
| Ref: Stable Sac      | -                 | -         | -       |
| Early Sac Regression | 0.92              | 0.85-0.99 | .032    |
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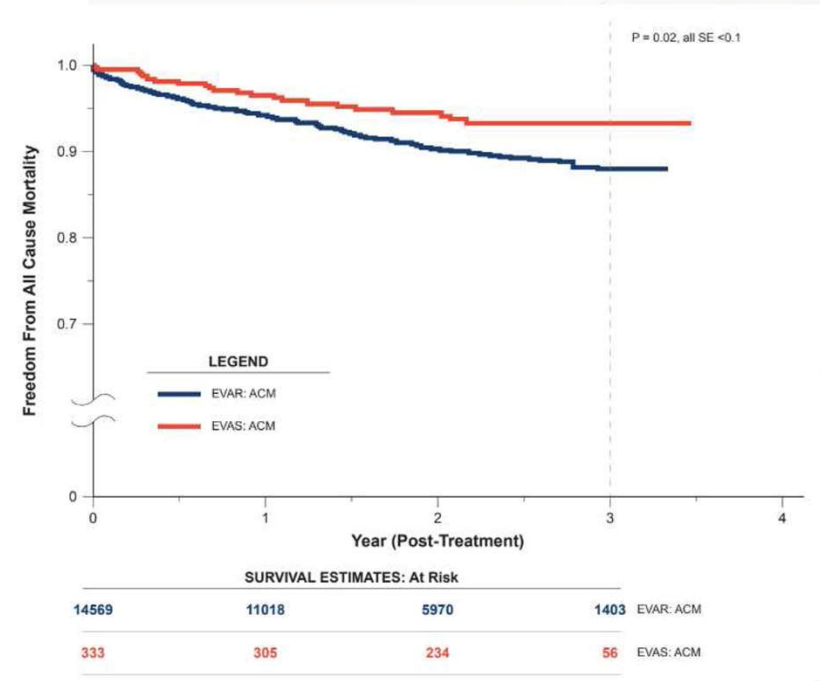


# Why is there so much interest in Type II?

## Endovascular Aneurysm Sealing is Associated with Higher Medium-Term Survival than Traditional EVAR

Thomas F.X. O'Donnell, MD<sup>1,2</sup>, Jeffrey P. Carpenter, MD<sup>3</sup>, John S. Lane III, MD<sup>4,5</sup>, Jose Trani, MD<sup>3</sup>, Sajjad Hussain, MD<sup>6</sup>, Christopher Healey, MD<sup>7</sup>, Mahmoud B. Malas, MD<sup>8</sup>, Marc L. Schermerhorn, MD<sup>1</sup>

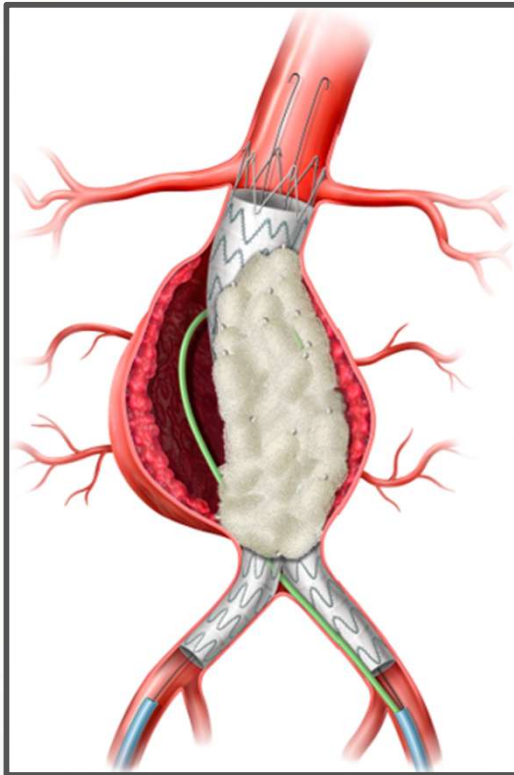
- Reduced Type II endoleaks
- Reduced post-implant syndrome
- EVAS versus VQI control: 3-year survival
- 93% versus 88%



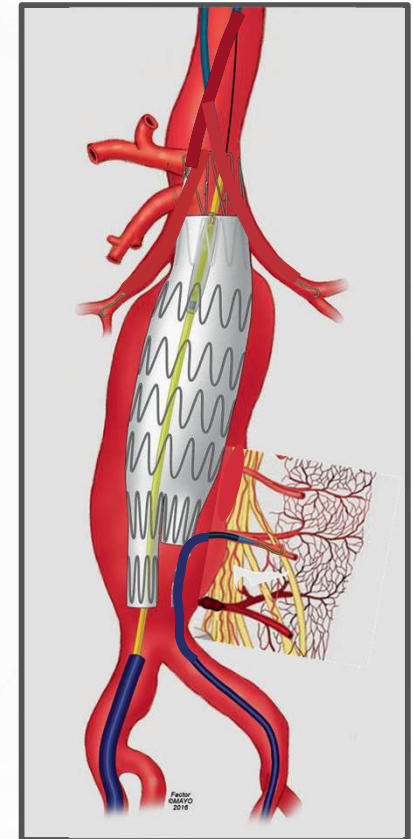
## Options for Sac Management



EVAS - Endovascular  
Aneurysm Sealing



Sac Embolization

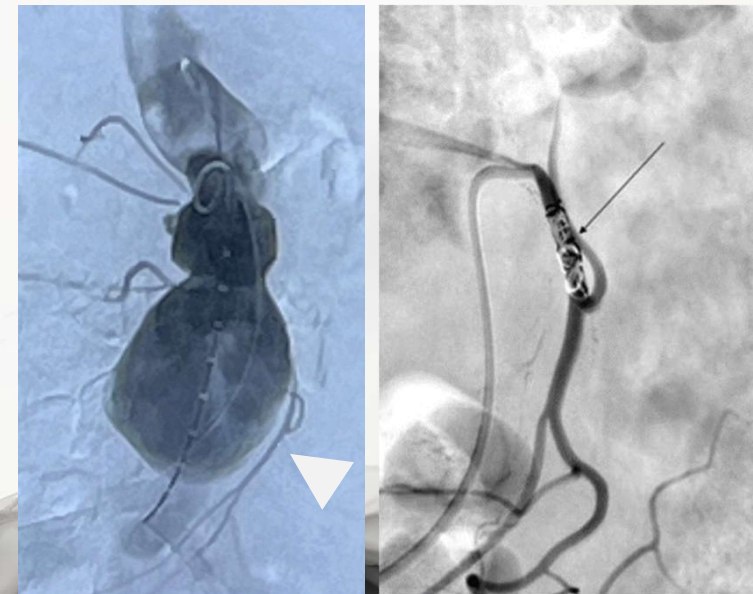


Side-branch  
Embolization

## Five-year follow-up of randomized clinical trial for pre-emptive inferior mesenteric artery embolization during endovascular aneurysm repair

Yuriko Takeuchi, MD, Noriyasu Morikage, MD, Makoto Samura, MD, Ryunosuke Sakamoto, MD, Soichi Ike, MD, Takahiro Mizoguchi, MD, Takasuke Harada, MD, Hiroshi Kurazumi, MD, Ryo Suzuki, MD, Kotaro Suehiro, MD, and Kimikazu Hamano, MD, *Ube, Japan*

- Single-center, randomized trial
- High-risk for Type II endoleak
  - Patent IMA
    - IMA  $\geq 3$  mm
    - Lumbar arteries  $\geq 2$  mm
    - AI aneurysm
- IMA embolized @ time of EVAR



Sept 2024

# 5-year RCT for IMA embolization

| Outcome variables           | IMA embolization | Non-embolization | <i>P</i> value IMA-embolization vs non-embolization | T2EL low risk |
|-----------------------------|------------------|------------------|---|---------------|
| ITT analysis                | n = 53           | n = 53           |   | n = 155       |
| T2EL                        | 15 (28.3)        | 29 (54.7)        | .006  | 26 (16.8)     |
| Sac diameter change, mm     | -4.5 ± 9.8       | -0.42 ± 12.9     | .035  | -4.1 ± 11.0   |
| Reintervention              | 5 (9.4)          | 6 (11.3)         | .51   | 14 (9.0)      |
| T2EL-related reintervention | 0                | 1 (1.9)          | .32   | 1 (0.65)      |
| Follow-up period, months    | 56.0 ± 27.1      | 61.0 ± 29.0      | .36   | 49.8 ± 26.8   |
| PP analysis                 | n = 46           | n = 52           |   | n = 154       |
| T2EL                        | 11 (23.9)        | 28 (53.8)        | .003  | 25 (16.2)     |
| Sac diameter change, mm     | -5.1 ± 10.2      | -0.42 ± 13.0     | .026  | -4.1 ± 11.1   |
| Reintervention              | 5 (10.9)         | 6 (11.5)         | .75   | 14 (9.1)      |
| T2EL-related reintervention | 0                | 1 (1.9)          | .32   | 1 (0.65)      |
| Follow-up period, months    | 57.6 ± 26.0      | 62.2 ± 28.1      | .41   | 50.1 ± 26.6   |

*ITT*, Intention-to-treat; *PP*, per-protocol.  
Data are presented as number (%) or mean ± standard deviation.



Sept 2024

# 5-year RCT for IMA embolization

| Outcome variables           | IMA embolization | Non-embolization | P value IMA-embolization vs non-embolization | T2EL low risk |
|-----------------------------|------------------|------------------|--|---------------|
| ITT analysis                | n = 53           | n = 53           |  | n = 155       |
| T2EL                        | 15 (28.3)        | 29 (54.7)        | .006   | 26 (16.8)     |
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| Follow-up period, months    | 57.6 ± 26.0      | 62.2 ± 28.1      | .41  | 50.1 ± 26.6   |

- Significant difference in sac shrinkage  $\geq 5$ mm (54.2% vs 33.6%)
- Significant difference in the presence of T2EL (28.3% versus 54.7%)
- Freedom from T2EL related sac enlargement ( $\geq 10$  mm) was similar

Intention-to-treat; PP, per-protocol.  
 Data are presented as number (%) or mean  $\pm$  standard deviation.

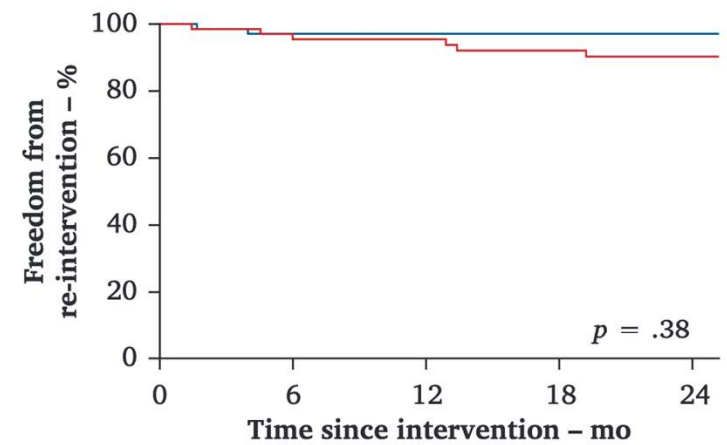


# Editor's Choice – Multicentre Randomised Controlled Trial to Evaluate the Efficacy of Pre-emptive Inferior Mesenteric Artery Embolisation during Endovascular Aortic Aneurysm Repair on Aneurysm Sac Change

Shigeo Ichihashi <sup>a,\*</sup>, Mitsuyoshi Takahara <sup>b</sup>, Naoki Fujimura <sup>c</sup>, Hiroshi Banno <sup>d</sup>, Seiji Onitsuka <sup>e</sup>, Masami Shingaki <sup>f</sup>, Terutoshi Yamaoka <sup>g</sup>, Makoto Sumi <sup>h</sup>, Osamu Iida <sup>i</sup>, Shinichi Iwakoshi <sup>a</sup>, Stephan Haulon <sup>j</sup>, Kimihiko Kichikawa <sup>a</sup>, on behalf of the CLARIFY IMA Investigators <sup>†</sup>

- 24 Center in Europe
- 138 patients randomized to IMA embolization for (>2.5 mm)
  - Treatment: IMA embo + EVAR - 70
  - Control: EVAR - 68

Pre-emptive IMA embolisation did not significantly impact the change in aneurysm sac volume, T2EL or re-intervention rates compared with controls at 24 month follow-up.



| No. at risk       |    | 0           | 6          | 12         | 18         | 24         |
|-------------------|----|-------------|------------|------------|------------|------------|
| IMA embolisation  | 70 | 68          | 68         | 65         | 29         |            |
| Control           | 68 | 63          | 60         | 54         | 34         |            |
| Estimate ± SE - % |    |             |            |            |            |            |
| IMA embolisation  |    | 100.0 ± 0.0 | 97.1 ± 2.0 | 97.1 ± 2.0 | 97.1 ± 2.0 | 97.1 ± 2.0 |
| Control           |    | 100.0 ± 0.0 | 95.5 ± 2.6 | 95.5 ± 2.6 | 92.1 ± 3.4 | 90.3 ± 3.8 |

## An updated systematic review and meta-analysis of pre-emptive aortic side branch embolization to prevent type II endoleaks after endovascular aneurysm repair

Hok Yee Harry Yu, MBBS, FRCS (Edin), FHKAM (Surg), David Lindström, MD, PhD, FEBVS, Anders Wanhainen, MD, PhD, Gustaf Tegler, MD, Giuseppe Asciotto, MD, PhD, and Kevin Mani, MD, PhD, FEBVS, *Uppsala, Sweden*

- Analysis between January 2019 and May 2022
- 17 studies identified
- Technical success 81.6% for embolization
- 424 patients
  - 2.4% of patients reported abdominal pain - resolved with medical mgmt
  - 1 death related to embolization



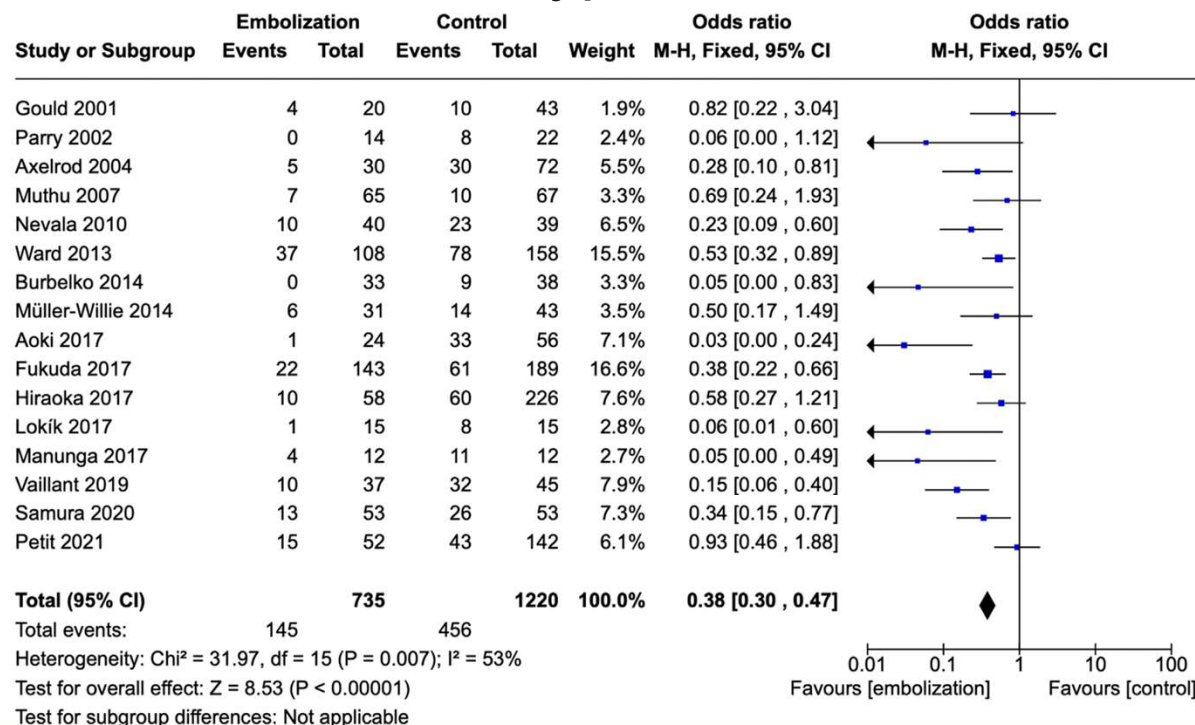
June 2023

# An updated systematic review and meta-analysis of pre-emptive aortic side branch embolization to prevent type II endoleaks after endovascular aneurysm repair

## Incidence of Type II Endoleaks

- 16 studies
- T2EL 19.7% versus 37.4%

**Favors embolization**



**Fig 2.** Forest plot on incidence of type II endoleaks. *CI*, Confidence interval.



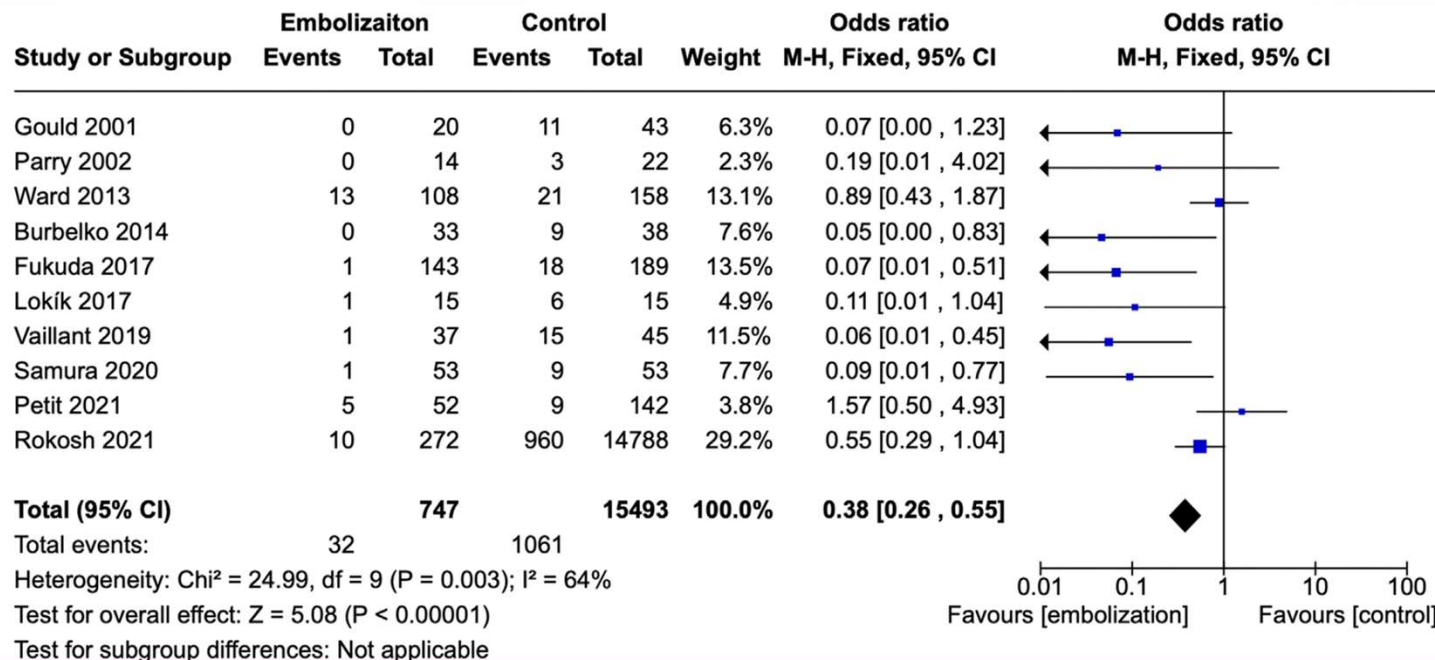
June 2023

# An updated systematic review and meta-analysis of pre-emptive aortic side branch embolization to prevent type II endoleaks after endovascular aneurysm repair

## Incidence of Sac Enlargement

- 10 Studies
- Mean f/u 21.9 months
- Sac enlargement ( $\geq 5$  mm)  
4.3% versus 6.8%

**Favors Embolization**



**Fig 1.** Forest plot on incidence of sac size enlargement. *CI*, Confidence interval.



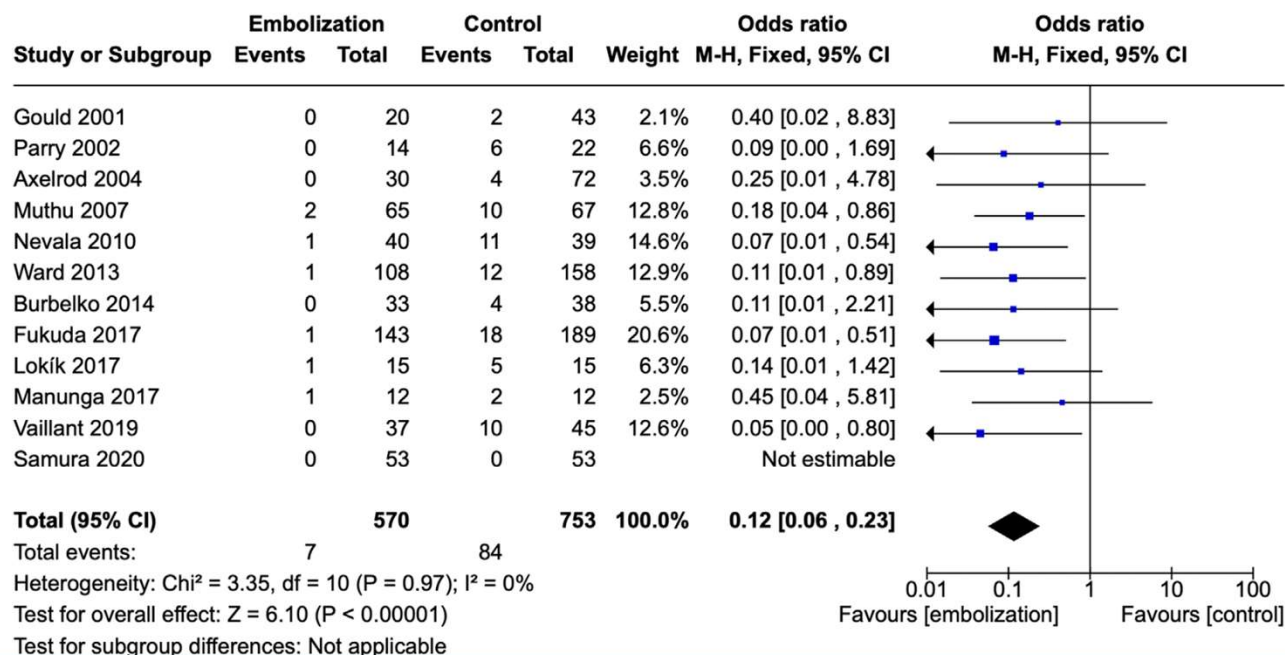
June 2023

# An updated systematic review and meta-analysis of pre-emptive aortic side branch embolization to prevent type II endoleaks after endovascular aneurysm repair

- 12 Studies
- Mean f/u 24.1 months
- Re-intervention
- 1.2% versus 11.2%

**Favors Embolization**

## Incidence of ReIntervention for T2EL



**Fig 3.** Forest plot on incidence of reintervention for type II endoleaks. *CI*, Confidence interval.

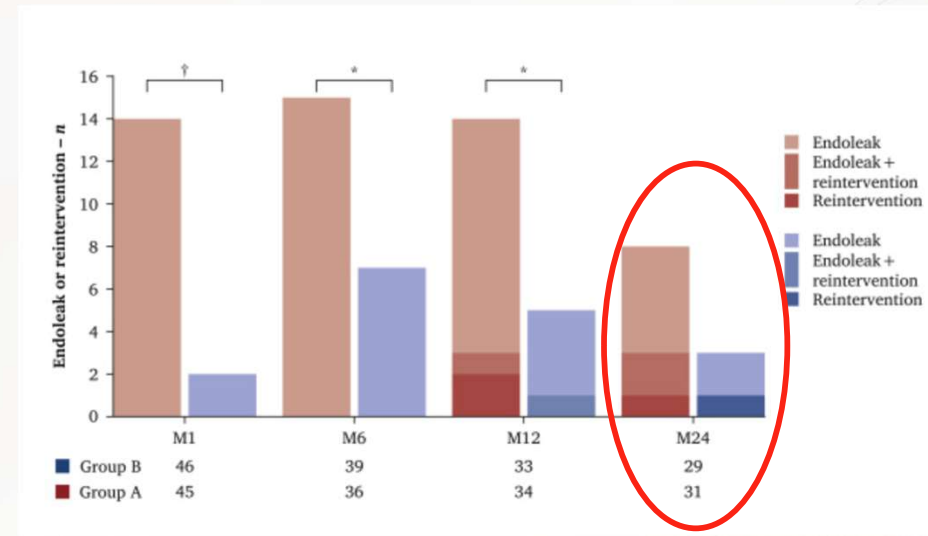


June 2023

# Prospective, Randomised Two Centre Trial of Endovascular Repair of Abdominal Aortic Aneurysm With or Without Sac Embolisation

Dominique Fabre <sup>a,\*</sup>, Justine Mougin <sup>a</sup>, Delphine Mitilian <sup>a</sup>, Frederic Cochennec <sup>b</sup>, Carlos Garcia Alonso <sup>a</sup>, Jean-Pierre Becquemin <sup>b</sup>, Pascal Desgranges <sup>b</sup>, Eric Allaire <sup>b</sup>, Sarah Hamdi <sup>a</sup>, Philippe Brenot <sup>a</sup>, Riyad Bourkaib <sup>a</sup>, Stephan Haulon <sup>a</sup>

- 94 patients randomized to embolization/control
- High risk for Type II
  - IMA > 3mm
  - 3 pairs of lumbar
  - 2 pairs + acc renal or median sacral
- Rates of endoleak during follow-up
- Re-intervention for Type II EL
- Volume/Diameter changes

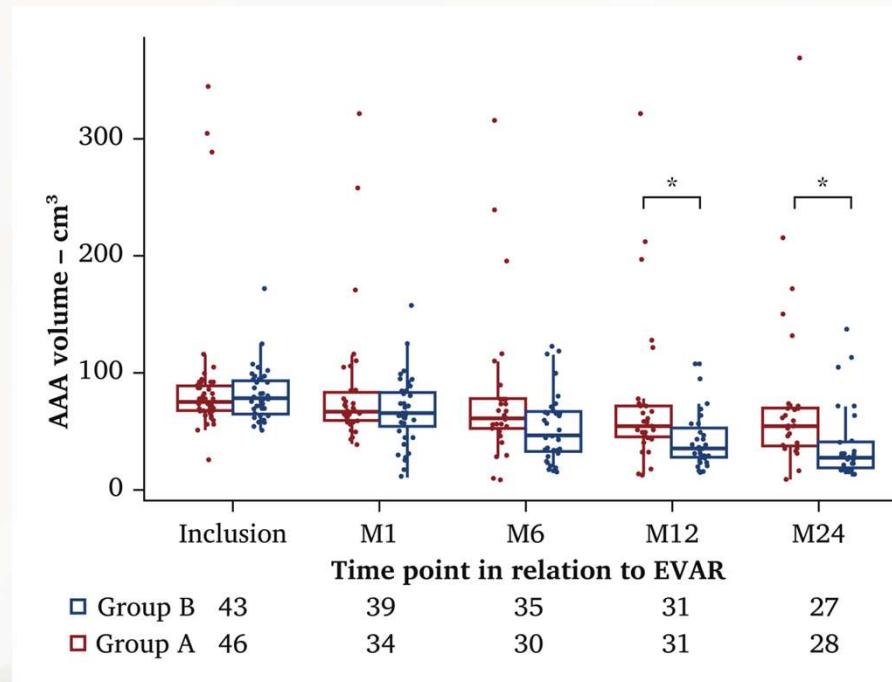


Reduced EL at 1,6 and 12 months

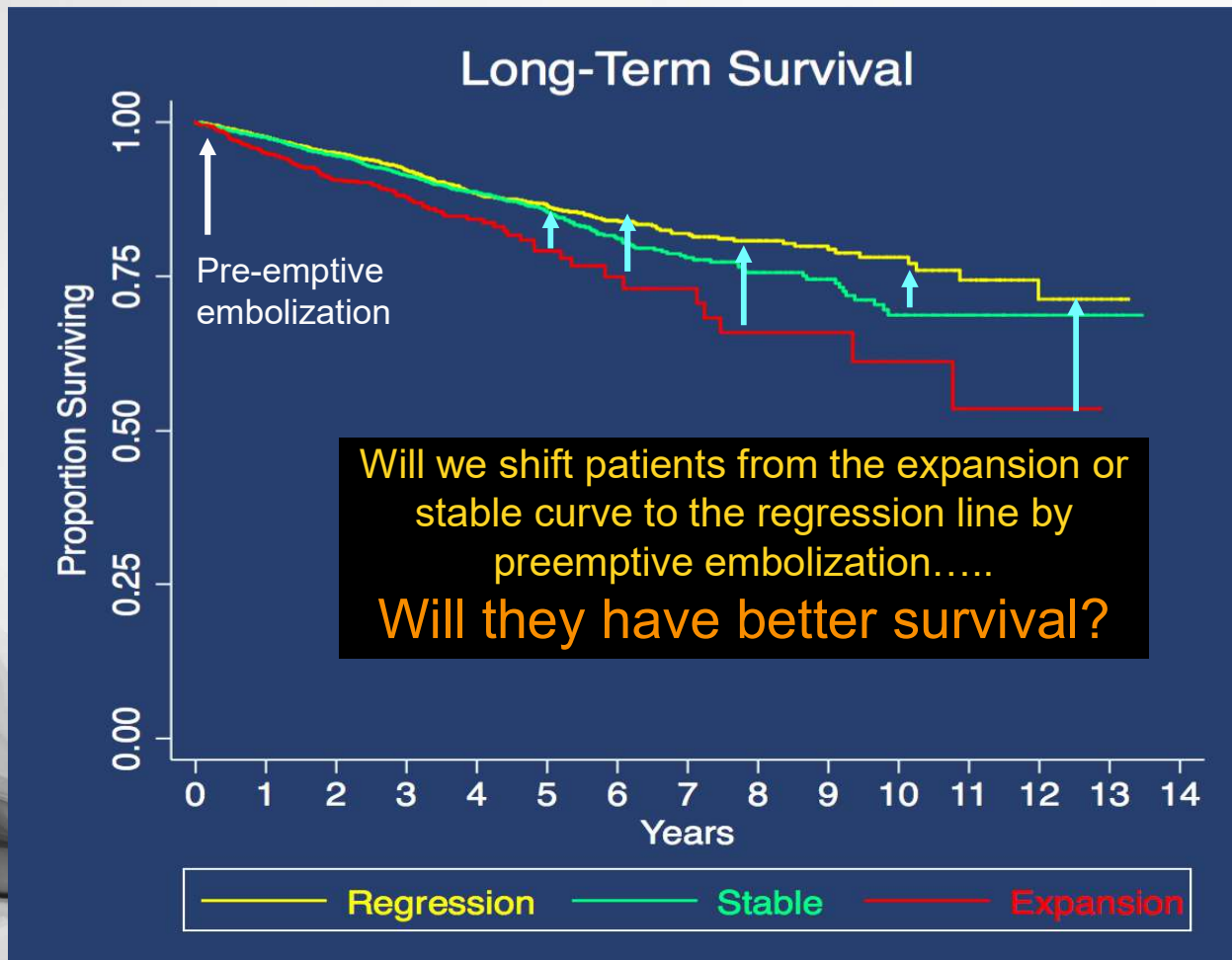
# Prospective, Randomised Two Centre Trial of Endovascular Repair of Abdominal Aortic Aneurysm With or Without Sac Embolisation

Dominique Fabre <sup>a,\*</sup>, Justine Mougin <sup>a</sup>, Delphine Mitilian <sup>a</sup>, Frederic Cochennec <sup>b</sup>, Carlos Garcia Alonso <sup>a</sup>, Jean-Pierre Becquemin <sup>b</sup>, Pascal Desgranges <sup>b</sup>, Eric Allaire <sup>b</sup>, Sarah Hamdi <sup>a</sup>, Philippe Brenot <sup>a</sup>, Riyad Bourkaib <sup>a</sup>, Stephan Haulon <sup>a</sup>

A significantly faster aneurysm volume shrinkage was observed at one and two years following surgery.



# Impact on Survival?



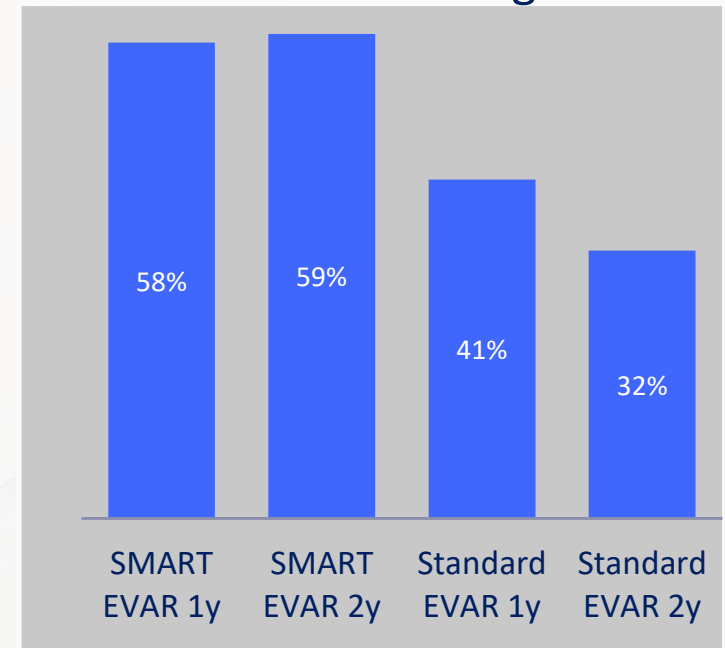
## AAA-SHAPE Early Feasibility Study: Durable Clinical Results through 2 Years

One-year follow-up after active aortic aneurysm sac treatment with shape memory polymer devices during endovascular aneurysm repair

Andrew Holden, MBChB,<sup>a</sup> Andrew A. Hill, MBChB,<sup>b</sup> Manar Khashram, MBChB, PhD,<sup>c</sup> Jan M. M. Heyligers, MD, PhD,<sup>d</sup> Arno M. Wiersema, MD, PhD,<sup>e</sup> Paul D. Hayes, MD,<sup>f</sup> and Michel M. P. J. Reijnen, MD, PhD,<sup>g,h</sup> Auckland, New Zealand; Tilburg, and Hoorn, the Netherlands; Cambridge, UK; and Arnhem and Enschede, the Netherlands

- Prospective Safety and Early Feasibility Study
- 5 Centers (NZ, NL)
- 35 Patients, Infrarenal AAA
- 100% Technical Success
- No Procedure/Device-Related **Major Adverse Events**
- Nearly 2x More Patients with Sac Regression at 2y\*

### % Patients with Sac Diameter Regression



1y: Holden A, et al. J Vasc Surg. 2024 Jan 5:S0741-5214

2Y: Holden A. Presented at Charing Cross Symposium, April 2025, London, UK

\*AAA-SHAPE EFS compared to a standard EVAR control group select from Cleveland Clinic Commercial usage from 2014 to 2019 that meet AAA-SHAPE EFS inclusion/exclusion criteria. This consisted of 26 Gore, 9 Cook, 4 Terumo, and 2 Medtronic grafts.

# AAAISHAPE

Abdominal Aortic Aneurysm Sac Healing and Prevention of Expansion

## Randomized Controlled Pivotal Trial

180 total subjects, 2:1

Up to 50 sites (39 in US; 11 in EU/NZ)

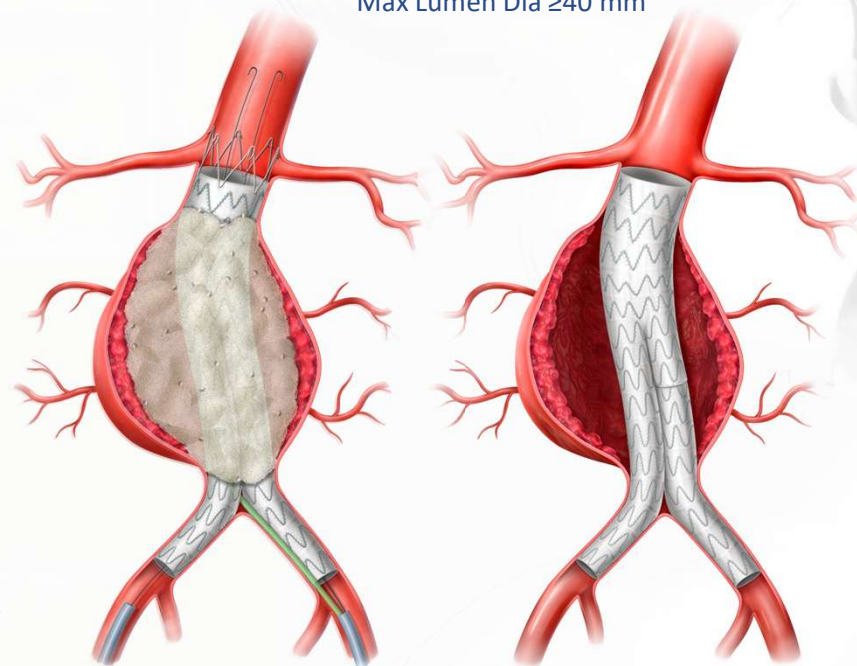
Stent Grafts: Gore, Medtronic, Cook, Terumo

### Primary Efficacy Endpoint

*% patients with  $\geq 10\%$  sac volume reduction at 1y and no AAA-related intervention through 1y*

**5y** follow-up: clinical, imaging, health economics

Elective, infrarenal AAA,  
Thrombus <50%,  
Max Lumen Dia  $\geq 40$  mm



EVAR plus  
IMPEDE-FX RapidFill  
120 patients

VS

Standard  
EVAR  
60 patients

**~70%  
enrolled**

## Conclusions

- Pre-emptive embolization may be warranted in a subgroup
  - enhance sac shrinkage
  - volume reduction
  - potentially reduce re-intervention rates
- However, whether this translates into improved survival remains to be proven

