



# CGOA 2026 CHAPTER CHALLENGE

## 3 Dimensional (3-D) Fidgets

March 16<sup>th</sup> to June 19<sup>th</sup>, 2026

First Place Winner - \$150  
Second Place Winner - \$125  
Third Place Winner - \$100  
3 Runner Ups - \$30 each  
2 CGOA Membership Renewals

This year's challenge is 3-D fidgets. They are small toys that provide sensory input that help individuals of all ages to calm their nerves, reduce stress, improve focus and relieve anxiety. They have helped children focus their attention, ADHD individuals reduce sensory information overload, and seniors with memory recall, hand dexterity and provide comfort and engagement.

Each CGOA chapter decides where to best donate their fidgets. For example, they can be donated to family services organizations, hospitals and mental health facilities, children centers, senior centers, family shelters or other charities and organizations.

Although this is a chapter-level event, only the participation of chapter members who are also Crochet Guild of America members will be counted for the competition. Each participant's CGOA account number needs to be recorded on the chapter's monthly tally sheet.

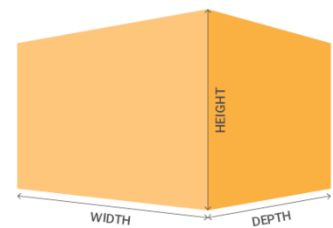
Winners will be based on the average number of fidgets made based on the chapter's total number of CGOA members. That is, the number of fidgets created by the chapter's CGOA members will be divided by that chapter's total number of CGOA members. For example:

- ◆ If 8 of a chapter's 25 CGOA members make 50 fidgets, then the average number of fidgets per CGOA member is 2 ( $50 \text{ fidgets} \div 25 \text{ CGOA members} = 2$ ). If all 25 CGOA members made 50 fidgets, then the average number of fidgets per CGOA member is 2.

Awards will be given to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners and three runner-up chapters. The two individuals making the most fidgets will be awarded a 1 year renewal of their CGOA membership. The winning chapters and individuals will be announced at the annual CGOA Members Meeting planned for later this year. A short summary video about 2026 Chapter Challenge will be posted to CGOA's website, Facebook and other social media platforms.

## RULES:

1. **Chapter Challenge registration is required no later than June 5<sup>th</sup>.** Register your chapter by sending an eMail to the Chapter Challenge team at [chapterchallenge@crochet.org](mailto:chapterchallenge@crochet.org) .
2. Include:
  - ◆ Your Chapter's name and location.
  - ◆ The total number of your chapter's CGOA members. This number should also be included on your monthly tally sheet.
  - ◆ The contact person for the Challenge, their eMail address and phone number.
  - ◆ Who the winning check should be made out to and a mailing address for sending the Challenge's prize winnings check.
3. Fidgets should be made to the following guidelines:
  - ◆ Acrylic, cotton or cotton blend yarn should be used. These fibers are both soft to the touch and easy to clean.
  - ◆ Raised texture crochet stitches and/or beads can be used to give the fidget a tactile surface.
  - ◆ The fidgets should be of a mammal, bird, sea creature, bug or mythical figure, and be 3-dimensional. Its largest measurement should be approximately 5 inches and total dimension (height+width+depth) approximately 12 inches.
4. There is no one pattern or color palette required so use your creativity. An internet search for "crochet fidgets" will result in a number of sites to give you inspiration.
5. Use the TALLY SHEET on page 4 to keep track of the chapter's participating CGOA members, their **CGOA account number**, monthly totals and any donations made. Unstuffed fidget take less effort than those that are stuffed. That being the case, a fidget whose body is not stuffed will be considered 1/5th of a fidget. That is, 5 unstuffed fidgets will be counted as 1 fidget. The revised tally sheet on page 4 has columns for reporting both the total number of stuffed and unstuffed fidgets made. The count of the number of unstuffed fidgets made will be adjusted at the end of the Chapter Challenge. If you have any questions contact the Chapter Challenge team via eMail at [chapterchallenge@crochet.org](mailto:chapterchallenge@crochet.org).  
  
If you prefer an interactive digital version of the tally sheet, download '2026 ChpChallenge Tally Sheet REVISED7.pdf' file from the Chapter Challenge page of CGOA's website ([Chapter Challenge - Crochet Guild Of America | CGOA](#) ) or ([www.crochet.org/chapter-challenge](http://www.crochet.org/chapter-challenge)). Be sure to **rename** this file by adding your chapter's name to the end of the file name. **Save the file to your computer/tablet/phone before** updating the fields.
6. At the end of each month eMail your updated tally sheet to the Chapter Challenge team (eMail ID – [chapterchallenge@crochet.org](mailto:chapterchallenge@crochet.org)).
7. With your monthly tally sheet submission also include where donations were made and pictures of the fidgets created. These photos may be posted on CGOA's Facebook site during the Challenge, be a part of the Chapter Challenge summary video, used in the winner announcements made during CGOA's annual Members Meeting and/or posted on CGOA's social media sites.
8. The chapter's final tally sheet is due by **June 19<sup>th</sup> by 11:59 pm your local time. Email your FINAL TALLY SHEET** with **all** totals to the Chapter Challenge team (eMail ID -



[chapterchallenge@crochet.org](mailto:chapterchallenge@crochet.org)). Please eMail the Chapter Challenge team **prior to June 19th** if you will not be able to send your final tally sheet by the deadline date and time.

9. On your final tally sheet be sure that your chapter's total number of CGOA members and participant's account numbers are included. Account numbers are required for those persons' fidgets to be included in the chapter's total. Fidgets made by non-CGOA members will NOT be counted toward a chapter's total.

You can find your CGOA account number by logging into the CGOA website, ([Home - Crochet Guild Of America | CGOA](#) or <https://www.crochet.org> ), and selecting 'My Info'. Your account number is included in the Contact Info section.

10. 1st, 2nd and 3rd place winners and the 3 runner-up chapters will be decided by the average number of fidgets based on the chapter's total number of CGOA members. The adjusted number of unstuffed fidgets will be used in this calculation.

The CGOA membership renewal prizes will be based on the number of fidgets made by individuals. This number also includes the unstuffed fidget adjusted number. In case of ties, the final tally sheet email's time stamp will be used to determine the winner.

#### ADDITIONAL INFORMATION:

- ◆ On page 5 you will find GIFT TAGS that can be included with donations.
- ◆ To find your CGOA account number:
  - Go to the CGOA web page, ([Home - Crochet Guild Of America | CGOA](#) or <https://www.crochet.org> ), and sign in.
  - On the left side of the page, select My Info.
  - Your account number is listed in the Contact Info section.

Please contact the Chapter Challenge team if you have any questions.

2026 Chapter Challenge Team Members and eMail ID:

Valerie Long – Board Liaison  
Karen Navoy – Team Lead

Lyn Leshner – Team Member  
Kathy McLaughlin – Team Member

eMail: [chapterchallenge@crochet.org](mailto:chapterchallenge@crochet.org)



**GIFT TAGS:**



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)



Fidgets were made by  
the participants of  
CGOA's 2026 Chapter  
Challenge.

[www.crochet.org](http://www.crochet.org)