

**In- home aide Newsletter- September 2024 Post Test  
Fall Risk Reduction**

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Mark True or False**

1. Falls can happen in many different ways and for many different reasons.

True

False

2. Some conditions that could make a person more likely to fall include environmental hazards, medical conditions, and certain medications

True

False

3. Every fall results in an injury.

True

False

4. Some of the most common falls are at home.

True

False

5. There are not any ways to reduce falls risk.

True

False

6. Falls are not a normal part of aging.

True

False

7. Pet safety awareness is a way to help with falls risk reduction.

True

False

8. Balance problems are one reason older people fall.

True

False

9. Falls are the most common cause of traumatic brain injuries (TBI).

True

False

10. Observing clients for changes in mobility and functioning and recording and reporting per the plan of care instructions are ways to help with falls prevention.

True

False