# In- home aide Newsletter- September 2024 Fall Risk Reduction Post Test ANSWERS

1. Falls can happen in many different ways and for many different reasons.

## True

2. Some conditions that could make a person more likely to fall include environmental hazards, medical conditions, and certain medications

#### True

3. Every fall results in an injury.

### False

4. Some of the most common falls are at home.

#### True

5. There are not any ways to reduce falls risk.

### False

6. Falls are not a normal part of aging.

#### True

7. Pet safety awareness is a way to help with falls risk reduction.

## True

8. Balance problems are one reason older people fall.

# True

9. Falls are the most common cause of traumatic brain injuries (TBI).

### True

10. Observing clients for changes in mobility and functioning and recording and reporting per the plan of care instructions are ways to help with falls prevention.

# True