

## **In-Home Aide Newsletter- November 2024 Posttest**

### **ANSWERS**

#### **Diabetes**

1. Diabetes is a chronic (long-lasting) disease that affects how a person's body turns food into energy.

**True**

2. Diabetes occurs when a person's blood glucose, also called blood sugar, is too high.

**True**

3. Insulin helps glucose from food get into a person's cells to be used for energy.

**True**

4. There is a cure for diabetes.

**False**

5. With type 1 diabetes, a person's body does not make insulin.

**True**

6. Diabetes medicines can cause hypoglycemia (low blood sugar) if a person doesn't balance medicines with food and activity.

**True**

7. Assisting a client who has diabetes is an important part of the role of the In-home aide.

**True**

8. People with diabetes are at higher risk of heart disease, poor circulation, stroke, and other serious complications

**True**

9. Diabetes related ketoacidosis (DKA) is not a serious condition in someone with diabetes.

**False**

10. It is important that you learn your client's signs and symptoms of when their blood glucose is low.

**True**