

In- home aide Newsletter- October 2024 Post Test
Heart Disease

Name: _____ **Date:** _____

Mark True or False

1. Changes in the heart and blood vessels that happen with age may increase a person's risk of heart disease and related health problems.

True False

2. Heart disease is the number one cause of death in the United States.

True False

3. Atherosclerosis is the slow buildup of fatty deposits, called plaques, in the walls of the coronary arteries.

True False

4. It is important for an older person to have their blood pressure checked regularly.

True False

5. Heart failure means the heart is about to stop working

True False

6. An arrhythmia is a problem with the rate or rhythm of a person's heartbeat.

True False

7. Blood pressure is the force of blood pressing against artery walls.

True False

8. There are no treatment plans for heart disease.

True False

9. A person can take in sodium not just from adding salt to meals but also from prepared and packaged foods.

True False

10. A client who can get early medical treatment for a change in condition may be able to avoid a hospital stay and a worsening condition.

True False