

**In- home aide Newsletter- July 2024 Post Test
Respiratory Disease**

ANSWERS

1. The lungs located on each side of the heart inside the chest cavity are the main organs of the respiratory system.

True

2. The circulatory system helps deliver nutrients and oxygen from the lungs to tissues and organs throughout the body.

True

3. Breathing is the only activity of the respiratory system.

False

4. COPD affects the airways and alveoli (tiny air sacs in the lungs).

True

5. People with COPD are at increased risk for getting respiratory infections.

True

6. A client with COPD may need to pace their activities to avoid worsening shortness of breath and due to fatigue.

True

7. With emphysema, the alveoli (air sacs) are damaged by losing their shape and becoming less elastic and do not expand and shrink normally.

True

8. You should adjust a client's Oxygen level if they ask you to do so.

False

9. Asthma is a chronic lung disease that makes it harder to move air in and out of the lungs.

True

10. There are several natural body changes that happen as a person gets older that may cause a decline in lung capacity.

True