

# NEWSLETTER



## CIPH WOMEN'S NETWORK

### Meeting Your Potential

Also, in this issue...

- Women's Network **think & sync: Together is Better** Networking Session– October 25 (Mississauga)
- Young Executive Society (YES) **Lunch & Learn**
- Join us on Social Media



### **Simon Sinek on Fulfilling Potential**

Simon Sinek shares with us his thoughts on the subject of Fulfilling Potential - offering a solution that will enable us all to grow.

[Read here...](#)

### **8 Ways to Reach Your Full Potential**

1. Identify what full potential means to you
2. Commit to achieve
3. Think about your assets

[Watch for more...](#)



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### **Mindsets Stopping You from Reaching Your Full Potential as an Entrepreneur**


1. Getting Comfortable with "Productive Failure"
2. I Don't Think I Can Do This
3. I Don't Value This

[Read the full article...](#)

### **Poems: Our Deepest Fear (Marianne Williamson) & The Invitation (Oriah Mountain Dreamer)**

Two of the most inspiring writings available. Read these poems slowly to feel and understand the wisdom behind them.

*Read poems...*



## Join US on Social Media

There are many ways that you can stay connected with the Women's Network. Join our Facebook and LinkedIn pages to stay up-to-date on the upcoming events and happenings in our industry. We encourage you to share and invite your colleagues/co-workers to join the Network as well.



### **Fall Events**

#### **Women's Network *think & sync: Together is Better* - Networking Session**

**Mississauga Convention Centre**

**Thursday, October 25**

**8:30 am – 11:20 am**

Come join us on this adventure as we unravel what it takes to create environments built on trust and how servant leadership can support an environment where people come to work inspired and leave feeling fulfilled.

- Each attendee will receive a **complimentary copy** of Simon Sinek's book, *Together is Better*.
- Each attendee also receives a **50% savings** on the registration for the CIPH Ontario Region Business Meeting #1 being held at the same venue directly after the *think & sync* event. The Business Meeting features Douglas Porter (Chief Economist at BMO Financial Group).

***Register Now***

***Only a few spots left***

#### **Young Executive Society(YES) Lunch and Learn**

**Four Points Sheraton Mississauga  
Meadowvale**

**Thursday, November 29, 2018**

**11:00 am – 2:00 pm**

Learn about the importance of grit – the willingness to make tough decisions and bold moves – in achieving your goals from Kim Cunningham, Vice President of Marketing, Category & Commercialization for Mother Parkers Coffee & Tea, a privately held company with \$1B in revenue and 1,000 employees. She shares how she has hurdled networking, personal development, leadership and driving results during pivotal times.

**Note: You must be a YES member to attend this event.**

***Register Now***

***Upcoming CIPH Events***

## **Our Stories**

*Our Stories spotlights various women working for CIPH members, in a variety of roles.*

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Joanne Pelletier (Rheem Canada Ltd.)  
Sales and Marketing Assistant  
Member of Mentorship Sub-Committee  
[Read story here...](#)



Gloria Powell (Canplas Industries Ltd.)  
International/National Sales Specialist  
Member of Mentorship Sub-Committee  
[Read story here...](#)



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