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Q) What is the best career advice you ever received?

A) Success isn't something you fall into and doesn't happen overnight. Always seek out people with strong talents and abilities so that you will grow professionally and personally, then inspire others along the way!

Q) If you could go back in time and give your younger self career advice, what would it be?

A) Don't be in such a hurry, to get to where you think you want your career to be. Life is a journey and what we learn everyday gives us numerous opportunities to meet and absorb some wonderful ideas and people along life's path.

Q) How did you get your start in the plumbing & heating industry?

A) My father was a plumber so I had some insight into the industry. Once I relocated to Barrie and had an opportunity to join Canplas Industries, it seemed like a natural transition.

Q) What is the most unusual job you have ever had (in any industry)?

A) I worked in Elliot Lake underground for Rio Algom Limited. I was a summer student, doing ore sampling and analysis. It was the most unnerving feeling being that far under the earth's surface,

but also one of the best experiences.

Q) Best vacation ever was...

A) A few years ago I had the opportunity to attend Debbie Travis's cooking school in Tuscany. I totally enjoyed the experience and then we traveled down the Amalfi coast for a week. My dream trip came true!

Q) Who do you follow on social media?

A) Adam Grant.

Q) LinkedIn, Facebook or Instagram?

A) LinkedIn - use this for business purposes.

Q) Best business book you have ever read.

A) I have three that I enjoyed and continue to use for business/personal reference: i) Good To Great by James C Collins; ii) Blue Ocean Strategy by W.C. Kim Newest one iii) Lean In by Sheryl Sandberg.

Q) What are you reading now?

A) A New Earth by Eckhart Tolle

Q) What do you like best about this industry?

A) The ability to meet and share best business practices with customers and co-workers. Fast paced and ever evolving. I have met some amazing people from all over the world and have had the ability to learn more and more about our industry. Technology is vastly improving, and we are able to attain business worldwide and establish solid working relationships.

Q) What is your current job and what do you love about it?

A) International/National Sales Specialist. I deal with our International base of customers. I have sourced out new customers and built relationships with existing customers worldwide. Our

company is forward thinking and always up for a challenge when working with product applications unique to different countries.

Q) Why do you choose to volunteer for CIPH? How has it helped you advance in your company and career?

A) The Women's Networking event is the first of volunteering that I will take part in at CIPH. I can only hope that being part of such a dynamic group of women will certainly assist my advancement opportunities.

Q) Would you recommend our members to become more involved as well and why?

A) Absolutely. I think that the opportunity for professional and personal advancement is greatly prompted within CIPH. Our committee, the networking at luncheons and speakers add great insight and opportunity to meet with like minded individuals.

Q) Is there anything else you would like to share with CIPH Women's Network members?

A) I feel privileged to belong to a group of women in the industry that want to add value to our careers and advancement. The committee of women will share insights and new thought process' that we can definitely experience firsthand and pass onto other women that may not be able to attend these meetings. This is certainly a win/win for all women.