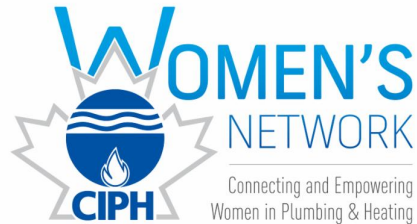


HERE'S TO
**STRONG
WOMEN**

MAY WE KNOW THEM.
MAY WE BE THEM.
MAY WE RAISE THEM.



Welcome to the first **CIPH Women's Network** Quarterly Newsletter- where we will provide articles, ideas and news to inspire you in your professional and personal life!

In this issue you'll find information about networking, getting involved in the industry, upcoming events, and articles that we've been sharing on social media.

Follow us on Facebook or LinkedIn for updates, great articles and more:



Transform Networking from Daunting to a Breeze with These Quick Tips!

Gail Kaufmam (Wolseley Canada), says that her number one tip for networking is *"ditch the pitch ... use your time to learn about others first. Your genuine interest in what they have to say will make an impact plus make your networking more interesting. It's kind of like panning for gold ... eventually you'll find those nuggets and they will want to know more about you giving you the opportunity to tell your story to an engaged audience."*

Attend Industry Events

- Trade shows, conferences, seminars and business meetings offer lots of opportunities out there to suit every range of budget and time allowance.
- Bookmark the [CIPH Calendar of Events](#) so you can check out all events available across Canada. As an employee of a CIPH member, you are eligible to attend all Region events from coast to coast.
- Set a goal. For example, for every industry event plan to make at least 5 new contacts. The number will vary depending on the size and duration of the event.

Volunteer for a CIPH Committee

- Expand your network and develop your public speaking, meeting management and leadership skills.
- Raise your profile with co-workers, supervisors, industry peers, and customers.
- Be on a first-name basis with other members at all stages of their careers and from a variety of segments of the supply chain.
- Interested in getting more involved with CIPH? Email us at womensnetwork@ciph.com

Training & Education

CIPH's [Education & Training Council](#) will be launching an



expanded program for industry newcomers as well as more experienced professionals this fall. In-class and webinar sessions will be rolled out covering an exciting range of topics from leadership and career development to sales, HR, and communications skills as well as industry-specific technical sessions. Stay tuned!



Upcoming Network Events

SAVE THE DATES!

September 28, 2017 – Mississauga, Ontario – Networking reception and lunch meeting with speaker [Alicia Woods, CEO of Covergalls Inc.](#) Registration opens this month.

October 17, 2017 – Edmonton, Alberta – Networking event in conjunction with the CIPHEX Roadshow. Another great opportunity for networking and education at the Roadshow and our networking event.

Additional Reading



Links We Love

[6 Ways to Network More Effectively](#)

Because we all need to be able to do this.

[What Gets You Up in the Morning](#)

Other than your caffeine addiction

[Why It's Time to Forget Workplace Pecking Order](#)

by Margaret Heffernan is a TED talk that has coloured us intrigued.

[How to Tackle Your Self Doubts as a Young Leader](#)

Everyone has self-doubt, don't let it control you.

[What it Takes to Be a Good Leader](#)

by Roselinde Torres is a TED Talk that you do not want to miss!



Good Summer Reads

Heather Ferris (InSinkErator Canada) recommends [Crucial Conversations](#) by Kerry Patterson, Joseph Grenny, Ron McMillan & Al Switzler

"It's a very informative and interactive read on how to have conversations that we don't necessarily want to have..."

Siân Smith (Noble Corporation) says books are one of her favourite escapes, and she recommends [Snow Flower and the Secret Fan](#) by Lisa See.

"It's a fascinating story from 19th-century China of two girls that are 'paired' for life at a young age. The story shares the detail of their experiences with footbinding and the secret language that was developed for women to share confidential messages during that time."

Visit our website

