# **Anita Harman**

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Profit Center Manager



# How did you get your start in the Plumbing & Heating industry?

I was 18 and took a job out of high school as a receptionist for 7.25 hr.

## What is your current job and what do you love about it/why have you stayed?

I am a Profit Center Manager that builds relationships with the people, teammates, customers, vendors to make a difference.

# What is the best career advice you ever received?

You may be amazing, however if you think you can do it alone you will fail. Ask for help.

#### If you could go back in time and give your younger self career advice, what would it be?

Balance. 70-hour weeks should not be the norm. Work smart.

#### What is the most unusual job you have ever had (in any industry)?

I was a party lite candle consultant while on maternity leave for both my kids. I have also done shows in people's homes.

## What do you look forward to professionally/where do you see yourself going?

This is my 5th and last relocation. I have been fortunate to have amazing positions with Emco and this is my last stop before exploring Costa Rica. :)

#### What energizes you outside of work?

Being outdoors and travelling. I live in the Okanagan and now I am forcing myself to live.

#### Do you have personal goals/dreams that you're working towards?

I have a dream of retiring on my 60th Birthday (8 years from now) and spending my time in Costa Rica. I bought a piece of land there this year. I'd like to grow veggies and teach yoga.

## What is the biggest obstacle you've had to overcome?

Being a woman in this industry (early days) 32 years ago. Being taken seriously, being young.

#### What is your "superpower"/what are you really good at?

#### Relationships and inspiring teammates

# How do you challenge & inspire yourself to grow?

I believe life is a gift and is beautiful. If I have moments that aren't, I address them immediately. Life is hard work, however, if it becomes difficult you are doing it wrong, so a shift needs to happen. The whole square peg round hole philosophy. I read a lot, focus on self-care and stay tuned to how I'm feeling. I spent too many years feeling like I was on a treadmill. Now I will hunker down for a task if needed, then breathe. More breathing than hunkering. Stay focused on my dreams.

### How would you/what would you say to attract other women to join our industry?

I would definitely share the amazing opportunities we have to offer and share my long prosperous exciting career to show that anything can be done and how much fun we offer.

Are you willing to have readers connect with you?

Yes: <u>AHartman@emcoltd.com</u>