

Where business and opportunity meet.

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## Register Today!

**FEBRUARY 7**  
Member Benefits Overview  
Via ZOOM

**FEBRUARY 8**  
WIBI

MRCC Office  
Sponsored by: TD Bank  
& Valley Health System

**MARCH 22**  
Annual Luncheon  
Sponsored by: Eastwick College,  
Family Promise, Good Samaritan  
Hospital, TD Bank and Valley  
Health System

## Save the Date!

**MAY 21**  
5K Run & 3K Walk  
NYNJ Trail Conference  
Enjoy the picturesque course, plus  
food, awards and prizes.  
Registration closes May 20.  
Sponsors Welcome.

Register at [mrcc.biz](http://mrcc.biz)

## HOLIDAY GIVING FROM MRCC

Generosity and Community Spirit shone as MRCC once again presented checks at the Holiday Luncheon.

\$14,000 was awarded to Worldwide Community First Responder (WCFR), the chosen charity of our 2022 Humanitarian, Sabrina HoSang Jordan of Caribbean Food Delights; Sciencia Torchon; Jackie Cassagnol of Worldwide Community First Responder; Rob Angner of Valley Health System – former MRCC VP of Golf; Sabrina HoSang Jordan of Caribbean Food Delight – MRCC 2022 Humanitarian of the Year; Mimosa St. Clair; and Shakira Chin of Caribbean Food Delight



NYNJ Trail Conference received \$4,000 from our 5K Run. From I, Peter Gallo of Envision Video Services – MRCC 5K VP; Don Weise of NYNJ Trail Conference; and Ben Mills of Goldstein Lieberman & Company LLC – MRCC President

Table to Table received \$1,795 from our Taste of the Region Maureen Huggins, MRCC Executive Director, Paul Scarduffa of TD Bank – MRCC Senior Vice President; and Ilene Isaacs of Table to Table



Children's Aid and Family Services received MRCC's 2022 Organization of the Year along with a \$1,000 check. From I, Ben Mills of Goldstein Lieberman & Company LLC – MRCC President; Karen Mullane of Children's Aid and Family Services; and Paul Scarduffa of TD Bank – MRCC Senior Vice President



Eastwick Foundation's "Feed the Hungry" community outreach program raised the bar this year, giving \$55,000 (\$5,000 each) to 11 MRCC member food banks.

## PRESIDENT'S MESSAGE

Dear Friends and Colleagues,  
What a fantastic year we had in 2022 as we started to come back from a couple of challenging years. Thank you to all our members for continuing to be a part of our organization and for a warm welcome to our new members.

As I enter my second year as MRCC President, I feel a renewed sense of energy among our board of directors, and look forward to the great things we have planned for 2023. There is so much to look forward to!



We are pleased to be back to all in-person events and are starting to have our committee meetings in person as well.

The 2023 Membership Directory is in full swing with committee members hard at work on the content and advertising. There is still time to place an ad!

We want to personally invite you to our upcoming annual luncheon, which is right around the corner on March 22. Tickets are going fast so be sure to reserve your spot! We will be distributing the 2023 Membership Directory at the event.

A few reminders of some of the membership benefits you can take advantage of right now:

- Post-employment opportunities at your company in our job bank
- Run a business-to-business discount coupon on the MRCC website
- List your company in three sections of the Membership Directory: Main Directory, Business Category, and Who's Who

We anticipate a much better and stronger year, made possible by our dedicated members.

Thank you and here's to a great 2023!



Ben Mills, CPA  
MRCC President  
Goldstein, Lieberman & Company LLC



Take the OPPORTUNITY to showcase YOUR business while making great connections!

Our Annual Luncheon this year is on Wednesday, March 22, at the Crowne Plaza Suffern – Mahwah.

Exhibit tables are available for members at a low cost of \$75! Limited availability, so sign up now!

CLICK HERE to register before they are sold out!



## MEMBER NEWS BRIEFS

- **The West Bergen Center for Children and Youth** has a new look! The Center, located in Ramsey, helps children, teens and families by providing comprehensive, affordable mental health services.

After being closed during the pandemic, the center reopened showcasing a substantial renovation, funded entirely by private donors. The Center also has a brand new, state of the art playground. The playground was designed to allow therapists to utilize play therapy, a form of counselling used as a means of helping children express or communicate their feelings. We are so proud! The center is a spacious, warm and welcoming space that is reflective of the hope and healing that takes place there every single day.



- **Goldstein Lieberman & Company LLC** announced that, effective January 1, 2023, Segan and Garbuio, CPA's PC has merged into the firm.

Segan and Garbuio, CPAs, PC announced today that effective January 1, 2023 the firm has merged with Goldstein Lieberman & Company LLC (www.glcpas.com) one of the region's fastest-growing premier Certified Public Accounting and Business Advisory firms in the states of New York and New Jersey. "We sought this affiliation to provide our clients with the resources, diverse expertise and wider array of services that Goldstein Lieberman can provide," remarked Tony Garbuio, managing partner of the Mount Kisco based firm. "Even though we are changing our name, our entire professional team will continue the service that has won us a reputation for dedication to the many sophisticated and complicated needs of our clients," he added. Segan and Garbuio has earned an outstanding reputation in its more than a quarter century of professional and advisory services to its clients. and, today, it is one of the top accounting firms in New York and New Jersey.



- Since 1990, the **Diabetes Foundation, Inc.** (DF) has been providing help, hope and better health to our neighbors throughout the state of New Jersey living with all types of diabetes. Our patient-centered model of care provides residents facing financial, emotional and/or physiological challenges with free, equitable, compassionate support and resources to ensure that they can get on track and stay on track with their diabetes care. We offer financial assistance in the form of insulin and diabetes supplies, accredited education, one-on-one guidance and social support. Last year alone, the DF supported thousands of lives with free services, including 422,000 units of insulin; 22,900 test strips; 3,136 total hours of education; and 18 support groups with a total of 182 attendees. Diabetes has become an epidemic that seems nearly unstoppable. Today, 1 in 10 individuals lives with diabetes, and it is estimated that 1 in 5 will be diagnosed by 2025; an even larger proportion will have clinical prediabetes. This progressive disease can cause major complications and even death if it goes unmanaged. If you know someone facing diabetes-related challenges or can give the gift of better health to a child or adult in need, please reach out to us today at [www.diabetesfoundationinc.org](http://www.diabetesfoundationinc.org), (201) 444-0337, or [info@diabetesfoundationinc.org](mailto:info@diabetesfoundationinc.org).



Helping businesses thrive is important.

At M&T Bank, we understand that small business is the lifeblood of any thriving community. Which is why we are committed to providing our support and keeping our lending decisions local. See what we can do for your business at your neighborhood branch or [mtb.com](http://mtb.com) today.

M&T Bank is proud to support Members of the Mahwah Regional Chamber of Commerce.

Madina Djabbarova  
VP, Relationship Manager  
(201) 870-5250  
[mdjabbarova@mtb.com](mailto:mdjabbarova@mtb.com)

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MRCC  
CORPORATE PARTNERS



## MRCC LAUNCHES NEW DIRECTORY

**Be seen. Be found. All year long.**

Every spring MRCC creates a comprehensive directory of our membership, a great tool for connecting your business with others throughout the region.

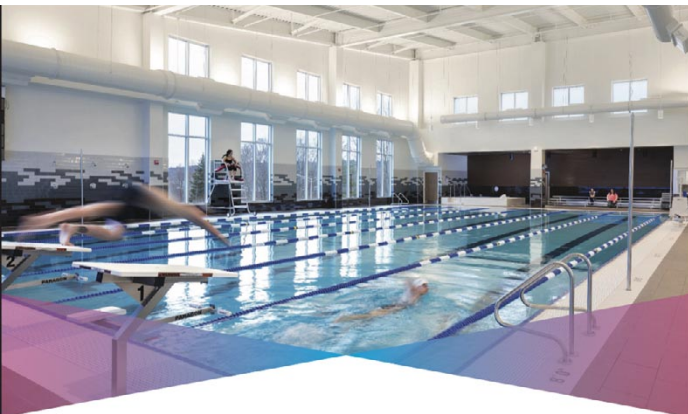
Company info for all members will be included at no charge, so please make sure your contact information is up-to-date.

Buying an ad in the Directory provides you with a cost-effective full year of advertising – great visibility for your company.

**CLICK HERE for ad info**



**RUN. WALK. SPONSOR. VOLUNTEER. RUNSIGNUP.COM**



## Valley Health LifeStyles

AT THE VALLEY CENTER FOR HEALTH AND WELLNESS

**CALL US TODAY TO MAKE AN APPOINTMENT TO STOP BY!**

1400 MacArthur Boulevard, Mahwah  
201-389-0839 | ValleyHealthLifeStyles.com



## UPCOMING EVENTS

- JAN** 11 Women In Business Initiative (WIBI); Sponsored by TD Bank and Valley Health System; Hacienda Don Manuel  
18 "The BIG EVENT" Professional Networking; Multi Chamber Networking; Maggiano's Little Italy  
19 "Open – New Year" Networking; Multi Chamber Networking, Serendipity Labs  
24 Young Professionals Networking (YPN) Lucky Strike West Nyack; Sponsored by TD Bank and Valley Health System
- FEB** 07 Free Member Benefits Overview; Via Zoom  
08 Women In Business Initiative (WIBI); Sponsored by TD Bank and Valley Health System; Chamber Office
- MAR** 08 Women In Business Initiative (WIBI); Scramble Networking; Sponsored by TD Bank and Valley Health System; Location TBD  
15 Official Men's Network Initiative (OMNI); Cigar Night; Casa de Montecristo Cigar Lounge & Bar  
22 Annual Luncheon, Sponsored by Eastwick College, Family Promise, Good Samaritan Hospital, TD Bank and Valley Health System; Crowne Plaza Suffern - Mahwah

### 2023 SIGNATURE EVENTS

- MAR** 22 Annual Luncheon, Crowne Plaza Suffern-Mahwah  
**MAY** 21 5K Run & 3K Walk, NYNJ Trail Conference  
**JUN** 07 Scholarship/Recognition Luncheon, Ramsey Golf & Country Club  
**JUL** 11 Summer Bash, Crowne Plaza Suffern-Mahwah  
**SEP** 12 Golf Outing & Humanitarian Dinner, New York Country Club  
**NOV** 13 Taste of the Region, Crowne Plaza Suffern-Mahwah  
**DEC** 08 Holiday Luncheon, Crown Plaza Suffern-Mahwah

*\*Sponsorships still available. Please inquire at the office.*

*All dates and events are subject to change. Please visit [mrcc.biz](http://mrcc.biz) for up-to-date information and to register for all events.*

**Reach your customers in a mailbox  
— not just an inbox.**



We'll send your promotional material to about  
**1,000 local businesses  
for only \$250!**

2023 Flyer deadlines:  
**April 11, October 10**

**HITCH-A-RIDE** in MRCC's quarterly mailer.



# WELCOMES NEW MEMBERS

MRCC welcomes these new members and invites you to visit them at [mrcc.biz](http://mrcc.biz)



Dental Wellness of Suffern; Suffern  
Diabetes Foundation, Inc.; Mahwah  
Felician University; Rutherford  
LSR Consultants; Upper Saddle River  
SNS Architects & Engineers, P.C.; Montvale  
The Accident Lawyers; Ringwood  
Touchstone Crystal by Swarovski; Mahwah  
Unicity Healthcare; Rochelle Park

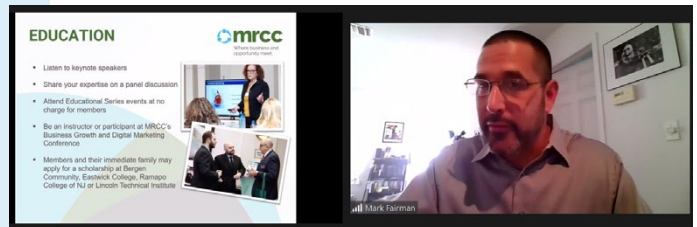
*Effective January 26, 2023*

### You're Invited to a free Member Benefits Overview

Mark Fairman, MRCC VP of Membership, will guide you through the many ways MRCC can benefit you and your business. This free quarterly program welcomes both new and current members.

### New Members received their plaques at our Holiday Luncheon

From left, Wendy Cotes of MRCC – Membership & Finance Administrator; Susan King of Felician University, Rutherford; Bill Taylor of Corporate Ladders, Allendale; Monica DeAngelis of Bare Laser MedSpa, Suffern; Tina Lyding of Voicocom Plus, Inc.- AVP of Membership; and Mark Fairman of New York Life Insurance Company – VP of Membership



**Bergen County's Premier Chamber of Commerce**



# Good Samaritan Hospital

Westchester Medical Center Health Network

[GoodSamHosp.org](http://GoodSamHosp.org)

# Advancing Heart Care. Here.

# TASTE OF THE REGION



## What a great night!

One of our favorite events, the Taste of the Region was held on November 14. Attendees enjoyed samplings from Food and Beverage exhibitors along with visiting Business Exhibitors. A special thanks to the Crowne Plaza Suffern-Mahwah for hosting the event. To top off the evening, \$1,795 was raised for Table to Table!



## Grow Your Business

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Or, visit [visionsfcu.org/locations](https://visionsfcu.org/locations) to find a branch near you.



[visionsfcu.org/business](https://visionsfcu.org/business)  
800.242.2120

\*APR = Annual Percentage Rate. Rates and terms available on new loans only. Certain relationship criteria are required to receive rates – ask for details. Credit union membership required with a \$1 minimum deposit – certain restrictions apply. Check with a Visions Federal Credit Union representative for membership eligibility details. Credit card rates based on creditworthiness; applications subject to standard credit criteria. Rates can change at any time. Bonus reportable for tax purposes. Offer valid on new Visa Business Cash Rewards credit cards opened January 1, 2022 to December 31, 2022. Federally insured by NCUA.





**YPN Winter Fun**

On December 16, our Young Professionals celebrated the Holidays at Stumpy's Hatchet House of Upper Saddle River. Our "Ugly Sweater" contest winner this year went to Stacie Van Heest of PKF O'Connor Davies.



On January 24, our Young Professionals were right up their "alley", bowling at Lucky Strikes West Nyack



# Love is in the Air!

PRESERVE YOUR MEMORIES FOR GENERATIONS TO COME!

**VALENTINE'S DAY SPECIAL!**

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Cannot be combined with any other discounts or offers. Some restrictions apply. Valid Jan. 15 - Mar. 15

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WIBI Group is totally In-Person again!



← WIBI's Kickoff luncheon, "Strategies & Sangria", was held on January 11th at Hacienda Don Manuel with speaker Lynne Roe of LSR Consultants.



← On November 16, Gayle Gruenberg of Let's Get Organized, talked on the 7C's for getting organized before the Holidays!



→ On December 14, the WIBI ladies gathered at the Crowne Plaza for a Holiday Champagne Breakfast



**✓** *Currently Available*

**36,000 SF | 91-97 Mckee Dr., Mahwah, NJ**

**20,000 - 63,000 SF | 70-90 Mckee Dr., Mahwah, NJ**

**2,700 SF on .64 AC | 10 Mountainside Ave., Mahwah, NJ**

**15,000 - 30,000 SF | 6 Pearl Court, Allendale, NJ**

Recent Area Leases [ **108,000 SF Industrial | Mahwah, NJ**  
**32,895 SF Industrial | Allendale, NJ** ]

*If you are in the market for real estate or curious about market valuations, give us a call!*

Kenneth D. Lundberg, SIOR • 201 488 5800 x138 • klundberg@naihanson.com  
Patrick Lennon • 201 488 5800 x109 • plennon@naihanson.com  
Lorenzo Lambiase, MBA CCIM • 201 488 5800 x178 • llambiase@naihanson.com

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**Who is a Target?**



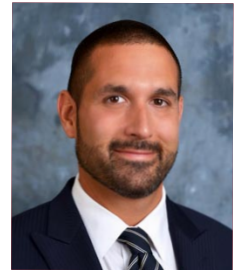
- **EVERYONE and ANYONE** may become a target of a scam including **YOU!**
- It doesn't matter to the perpetrator what background, age and/or income level you have achieved.
- **Main goal of the fraudster:** Get the money as quickly as possible and prior to discovery!



On November 8, Matthew J. DeMarco of TD Bank presented a webinar on the Common Fraud Schemes



On November 29, MRCC VP Mark Fairman of New York Life Insurance Company, moderated a webinar "Developing an Informed and Lasting Long-Term Care Strategy". Presenters were Terry Judge of New York Life Insurance Company, Mary DiDia, and Cathleen Keating of Unicity Healthcare.



MRCC participated in the "Big Event" at Maggiano's Little Italy in Hackensack on January 18th and the "Open-New Year" networking event at Serendipity Labs in Ridgewood. Both events provided great networking and connections for our members with other organizations!



**WE CORDIALLY INVITE YOU TO JOIN US FOR OUR EVENING OUT HONORING**

**JON SENOS & THE HOMEOWNER SELECTION COMMITTEE**

**APRIL 17TH, 2023  
TIME: 6 PM - 10 PM  
SEASONS  
WASHINGTON TOWNSHIP**



**BUY TICKETS OR DONATE AT HABITATBERGEN.ORG**





**MRCC  
Board of Directors**

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**SENIOR VICE PRESIDENT**  
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Promenade  
AVP Events

Madina Djabbarova  
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AVP 5K

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Scholarship Chair

Kevin Wittman  
Visions Federal Credit Union  
VP Golf

Mario Zaki  
Mazteck IT  
VP Technology

# Holiday Luncheon

On December 2nd the MRCC held its Holiday Luncheon at the Crowne Plaza Suffern-Mahwah. Guests arrived and shopped for holiday gifts while seasonal music was playing in the background performed by the Mahwah High School Select Strings Orchestra. During the luncheon awards were given to Terri Capparelli, Citizen of the Year; HYTORC, Company of the Year; and Children's Aid and Family Services, Organization of the Year. Donations were given out to local charities, including \$14,000 to Worldwide Community First Responder, \$1795 to Table to Table, \$1,000 to Children's Aid and Family Services, \$4,000 to NYNJ Trail Conference, and \$55,000 from Tom Eastwick to various member Food Banks.



Our Annual Awards were given out at our Holiday Luncheon. Karen Mullane of Children's Aid and Family Services – Organization of the Year; Ben Mills of Goldstein Lieberman & Company LLC – MRCC President; Paul Scarduffa of TD Bank – MRCC Senior Vice President; Andy Wong of HYTORC – Company of the Year; and Terri Capparelli of Habitat for Humanity of Bergen County – Citizen of the Year

**MRCC Chamber Briefs**

[mrcc.biz](http://mrcc.biz)

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MRCC reserves the right to edit information as needed.

