

Where business and opportunity meet.

What's Inside

President's Message	2
Member News Briefs	2
Upcoming Events	3
Hitch-A-Ride	3
New Members	4
YPN Events	5
Grand Openings	5
WIBI Events	6
MRCC Events	7
5K Run & 3K Walk	8
Member Benefits	9
MRCC Directors	10
Annual Luncheon	10

Register Today!

MAY 12

Health Panel Luncheon

The Views at Mt. Fuji, Hillburn
 Sponsored by: Good Samaritan Hospital & Valley Health System

MAY 22

5K Run & 3K Walk

NY-NJ Trail Conference, Mahwah
 Enjoy the picturesque course, plus food, awards and prizes.
 Registration closes May 18.
 See sponsors on page 8.

JUNE 7

Scholarship Luncheon

Ramsey Golf & Country Club
 Sponsored by: Good Samaritan Hospital & TD Bank.

Save the Date!

JULY 19

Summer Bash

Crown Plaza Suffern-Mahwah
 Mix and mingle at our free summer celebration
 Sponsored by: M&T Bank.

Register at mrcc.biz

2022 HUMANITARIAN OF THE YEAR

MRCC is delighted to announce its 2022 Humanitarian of the Year, an honor accorded to regional business leaders who combine their marketplace acumen with a true give-back attitude.

2022 honoree Sabrina HoSang Jordan is CEO of Caribbean Food Delights and Royal Caribbean Bakery (RCB). She is an award winning young professional entrepreneur and business leader who is recognized among her peers as a model team builder and motivator. She holds her degree from Villanova University, and has used her skills to grow the companies over the last two decades. She has received numerous awards, including the Ernst & Young LLP, Entrepreneur Of The Year® 2019 Award in the Family Business category in New York.

Since 2003, Sabrina has sponsored young children in deprived areas in Honduras, Philippines, Sri Lanka and Indonesia via World Vision, providing them access to education, and clean water and food. She is also actively involved in mentoring many young people to become the leaders and entrepreneurs of tomorrow. She lends her expertise and time to the Vincent HoSang Family Foundation, (VHFF) where she is a director, and to various community organizations whose mission are geared to individual and community empowerment. She is an active board member of Worldwide Community First Responder (WCFR), her chosen charity for the 2022 MRCC Golf Outing. She also supports the Jamaican Civic and Cultural Association of Rockland (JAMCCAR), the Jawonio (Foundation), which provides lifespan services for those with special needs, and People to People, Rockland County's largest food pantry. She was appointed to the New York Forward Re-Opening Advisory Board in April 2020.

Sabrina HoSang Jordan



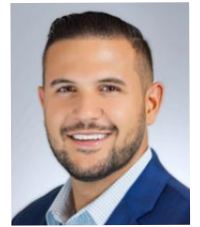
Caribbean Food Delights and Royal Caribbean Bakery

are celebrating 44 years in business since beginning operations in the Bronx led by Chinese-Jamaican cofounders Vincent and Jeanette HoSang. They are major manufacturers of Jamaicans-style patties, hard dough bread, buns, bullas and cakes, which you'll find at Wal-Mart, Sam's Club, BJ's Wholesale, Costco, ShopRite and other regional supermarket chains, local Caribbean bakeries, as well as restaurants and US Commissaries worldwide.



DIRECTOR SPOTLIGHT

Thomas Messina
 Compass Wealth Strategies



Thomas is the Founder of Compass Wealth Strategies out of Saddle Brook, NJ. Having been an active member since 2016, he joined the MRCC board this January and serves as the Chair for the Young Professionals Network. Thomas offers a variety of solutions that can help you meet several insurance and financial needs.

Thomas works with his clients to provide the necessary peace of mind to help make sound, well-informed decisions that are critical to their futures. He is proud to be a 2020 Qualifying member of the prestigious Million Dollar Round Table (MDRT) and 2021 MDRT Court of the Table qualifier.

Thomas grew up in Bergen County, attending Old Tappan High School as a multisport varsity athlete. He went on to graduate from Saint Joseph's University in Philadelphia with a bachelor's degree. Thomas recently got married to his wife, Julie, in September and now lives in Park Ridge. They have since rescued a Labrador puppy named Blue. He loves biking and exercising during his free time. To learn more about Thomas and his business, visit www.compassWstrategies.com.

MRCC / TRAIL CONFERENCE 5K RUN / 3K WALK

A WINNING RUN

At the Annual Luncheon, MRCC presented a donation to the NY/NJ Trail Conference reflecting funds raised at the 2021 5K Race. The 2022 5K will be on May 22.

MORE!

See more photos of the Annual Luncheon on page 9

2022 5K - May 22

More info on page 8



PRESIDENT'S MESSAGE

Dear Friends and Colleagues,

Happy Spring! It's so nice to finally put the cold weather behind us and start enjoying the outdoors again.

I'm pleased to let you know that our events season is already underway. We held our Annual Luncheon on March 25, with 120 attendees and 12 business exhibitor tables – and no COVID restrictions! Our 2022 membership directories were distributed at the event. If you were unable to attend, please look out for it in your mailbox.

And we have so many more great events on the schedule, including:

May 12 Health Panel - Mt. Fuji

May 22 5K Run / 3K walk
- NYNJ Trail Conference

June 7 Scholarship & Recognition Luncheon
- Ramsey Golf & Country Club

July 19 Summer Bash BBQ - Crowne Plaza

These events are great opportunities to enjoy time with friends and family while networking with other like-minded Chamber members.

Please take a look at our website for more information and attend the events that resonate with you. I look forward to seeing you soon!

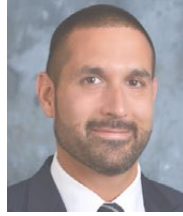


Ben Mills, CPA
MRCC President
Goldstein, Lieberman
& Company LLC



MRCC CORPORATE PARTNERS

MEMBER NEWS BRIEFS



• Mark Fairman, an agent for **New York Life** in New Jersey, has earned membership in the Million Dollar Round Table (www.MDRT.org) for 2022. Achieving membership in MDRT is a

distinguishing life insurance career milestone, attained only by those who have demonstrated superior professional knowledge, experience, sales excellence and client service. MDRT membership represents the top life insurance and financial service professionals worldwide. MDRT is an international, independent association of the world's best life insurance and financial services professionals.

To contact Mark Fairman please call or write:
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Agent and Financial Services Professional
250 Pehle Ave, Ste 900, Saddle Brook, NJ, 07663
Main Phone: 201-845-6900
Direct Phone: 201-291-5496

Mark is a Registered Representative offering securities through NYLIFE Securities LLC (Member FINRA/SIPC). A licensed insurance agency and New York Life Company.

• **THE MAX Challenge of Ramsey** has been awarded the 2022 BEST OF BERGEN - Best Fitness and Health Club. Thank you all that voted for us! We could not have made it without the vote of confidence from our community. We are very honored and excited to start 2022 in such a good note. THE MAX Challenge of Ramsey has helped hundreds of people in Bergen County to live a healthier, happier and more fulfilled lives. It is located at 1300 NJ-17 in Ramsey, at the Ramsey Square Mall. Phone: 201-331-6321.



• **The Bergen Highlands/Ramsey Rotary Club** and the Mahwah Historic Preservation Commission are teaming up for a spring cleanup at the Old Lutheran Cemetery on Moffatt Road in Mahwah, working to preserve this hidden gem. Local residents and history buffs are invite to help out on Sunday, May 15, 2022, from 10 am-12 noon.



With stones dating back to the early 1700s, the cemetery is one of the oldest in Bergen County. It has been maintained by an unbroken chain of civic caretakers for over 300 years. Grab your garden gloves and add your name to the list.

• MRCC is proud to join many of its members in supporting the people of Ukraine.

The New Jersey Hospital Association and the Ukrainian National Women's League of



America are leading a relief effort to send medical supplies and equipment and 40,000 doses of medications to the war-torn nation.

TD Bank is accepting Red Cross donations for Ukraine at all of its branches, and many



other companies and organizations have opportunities to contribute. For more info and ways to participate, visit nj.gov/ukraine/.

CREDIBILITY

- Join an association of reputable businesses
- MRCC is a member of the N.J. State Chamber of Commerce and U.S. Chamber of Commerce
- Display your membership plaque

You're Invited to a free Member Benefits Overview

Mark Fairman, MRCC's VP of Membership, will guide you through the many ways MRCC can benefit you and your business. This free quarterly program welcomes both new and current members.

CLICK HERE to join us for the next presentation on May 24.



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UPCOMING EVENTS

- APR** 6 WIBI, Sponsored by: Good Samaritan Hospital, TD Bank & Valley Health System, Mahwah Bar & Grill
21 YPN, Sponsored by: Tavern 17, TD Bank & Valley Health System, Ready to Golf
26 Multi Chamber Networking Event, The Craftsman
- MAY** 4 WIBI, Sponsored by: Good Samaritan Hospital, TD Bank & Valley Health System, Eastwick College
10 Multi Chamber 3 Minute Networking, Paramus Park Mall
12 Health Panel Luncheon, Sponsored by: Good Samaritan Hospital & Valley Health System, The Views at Mt. Fuji
17 YPN: Archery, Sponsored by: Tavern 17, TD Bank & Valley Health System, Lake Rickabear
22 MRCC/ Trail Conference 5K Run/3K Walk, Sponsored by: Adastra West, LLC, Bagel Express of Mahwah, EarthCam, Inc, Envision Video Services, Fast Twitch Performance & Recovery, Good Samaritan Hospital, HYDR8, Interra Supermarkets, Inc., Intac FuturePlan, Konica Minolta Business Solutions U.S.A., Inc., Liberty Auto Group, M&T Bank, Mathnasium, Merrell, New Balance, Pella Windows & Doors, PrimoHoagies Mahwah & Rockaway NJ, TD Bank, Valley Health System, NY-NJ Trail Conference
24 Member Benefits Overview, Via Zoom
25 TD Bank Financial Literacy Series, Sponsored by: TD Bank, Via Zoom
- JUN** 7 Scholarship Luncheon, Sponsored by: Bergen Volunteers, Good Samaritan Hospital & TD Bank, Ramsey Golf and Country Club
8 WIBI, Sponsored by: Good Samaritan Hospital, TD Bank & Valley Health System, TBD
16 OMNI: Cigar Night, Sponsored by: TD Bank, Crowne Plaza Suffern - Mahwah
21 YPN, Sponsored by: Tavern 17, TD Bank & Valley Health System, TBD
- JUL** 11 WIBI, Sponsored by: Good Samaritan Hospital, TD Bank & Valley Health System, TBD
17 YPN, Sponsored by: Tavern 17, TD Bank & Valley Health System, TBD
19 Summer Bash, Sponsored by: M&T Bank, Hosted by: Crowne Plaza Suffern - Mahwah

**Sponsorships still available. Please inquire at the office.*

All dates and events are subject to change. Please visit mrcc.biz for up-to-date information and to register for all events.



Helping businesses thrive
is important.

At M&T Bank, we understand that small business is the lifeblood of any thriving community. Which is why we are committed to providing our support and keeping our lending decisions local. See what we can do for your business at your neighborhood branch or mtb.com today.

M&T Bank is proud to support Members of the Mahwah Regional Chamber of Commerce .

Tia Pyo
201-906-8798
hpyo@mtb.com



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GREAT RESOURCES. ALL YEAR LONG.

Do you have your copy of the 2022 MRCC Membership Directory yet? It's a useful guide to excellent regional businesses. If you haven't received your copy yet, please call the MRCC office. The Directory is also online for members - just sign in.

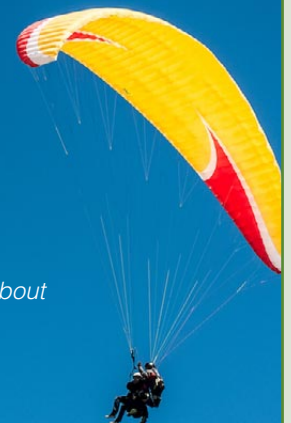


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2022 Flyer deadlines: July 12 • Oct 11





WELCOMES NEW MEMBERS

MRCC welcomes these new members and invites you to visit them at mrcc.biz



Front row from left:
Amy Martinez of Finance of America Commercial, Glenham; Katy Contreras of CLE Enterprises, Township of Washington; Joyce White of Artis Senior Living, Chestnut Ridge; Gayle Gruenberg of Let's Get Organized, Westwood; Wendy Cotes of MRCC - Membership & Finance Administrator; Nuby Deleon of Nimble Dragon Studios, Middletown; Fela Davis of One of One Productions, Fort Lee; Tina Lyding of Voicecom Plus, Inc – AVP of MRCC Membership Committee

Back row from left:
Thomas Neyland of HYDR8, Midland Park; Larry Newhouse of Loren D. Stark Company, Mahwah; Ben Mills of Goldstein Lieberman & Company – President of MRCC; Denis Orynbekov of One of One Productions, Fort Lee; Mark Fairman of New York Life Insurance - VP of MRCC Membership Committee

Bergen County's Premier Chamber of Commerce

- Ameriprise Financial Services LLC; Ramsey
- Cassotis Mediation; Mahwah
- CLE Enterprises; Township of Washington
- Cornell Surgical Co.; Bergenfield
- CrossCountry Mortgage, Forman Team NMLS 3029; Montvale
- Dedicated Site Solutions; Ramsey
- Dedicated Site Solutions; Hellertown, PA
- HYDR8; Midland Park
- Jeffrey MacFarlane-Commercial Real Estate Consulting; Franklin Lakes
- Mahwah Municipal Alliance; Mahwah
- New York Boulders Baseball; Pomona
- One of One Productions; Fort Lee
- Oppenheimer & Co.; Saddle Brook
- Pella Windows & Doors; Paramus
- Ramsey Auto Group; Ramsey
- Spectrum for Living; River Vale

Effective April 26, 2022

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Strike or spare - it was all fun at our Lucky Strike bowling night!



Our YPN group continues to have fun while networking!

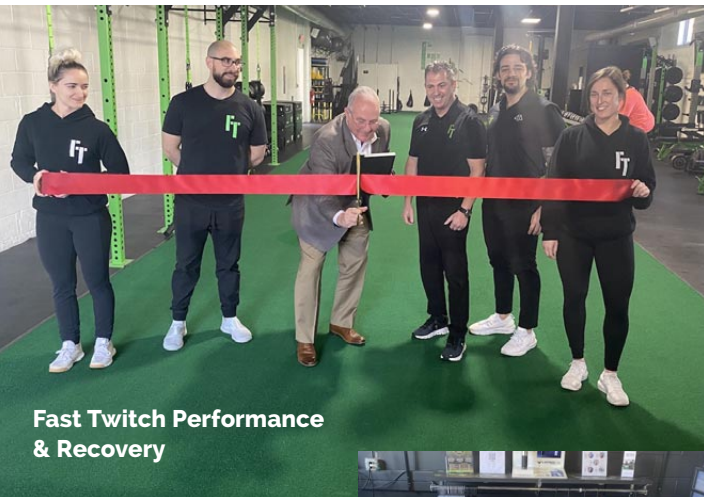
Meet our 2022 YPN Team

Melissa Schielzo of Girl Scouts of Northern New Jersey; Joe Vanacore, The Fortis Agency; Amy Martinez, Finance of America Commercial; Thomas Messina, Compass Wealth Strategies; Cassandra Van Der Horn, MRCC Events Coordinator; George Chicolo, Terrie O'Connor Realtors

Our YPN group continues to meet and have fun while networking and making great connections! Both January and February they gathered at Tavern 17 and then put on their bowling shoes to enjoy an night of fun at Lucky Strike in March.



MEMBER Grand Openings



Fast Twitch Performance & Recovery

Fast Twitch Performance & Recovery had its Grand Re-Opening on March 16, 2022. The ribbon cutting ceremony celebrated new ownership and new amenities at their facility, located at 224 Midland Avenue in Saddle Brook, NJ. The Mayor of Saddle Brook, Robert D. White, came to the facility to read his proclamation and cut the ribbon, alongside staff members of Fast Twitch and members of the MRCC.



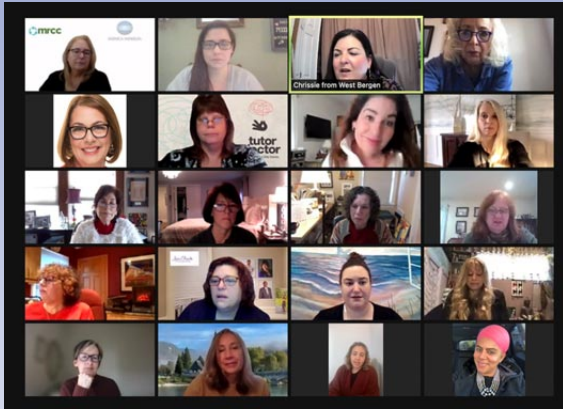
M&T Bank - Ramsey

We at M&T Bank were excited to hold our Grand Opening/Ribbon Cutting on February 23rd at our new Ramsey location! This new location has provided us opportunities to become more involved in our community by expanding our reach to a larger audience. Our professional and knowledgeable Ramsey team is here to help achieve your financial goals. By being a part of the M&T family, you are part of an organization that believes in working hard for our clients and communities. We look forward to continuing to serve the commonwealth of the beautiful city of Ramsey and we thank you for allowing us to make it happen.

The Ramsey M&T Team (l to r)

Tiffany Gosta
Ivonne Villarreal Torrealblanca
Pasquina Sancilio
John Cedeno
Melissa Dwyer





January 12, 2022

Virtual Fun

Our WIBI group decided to stay virtual for the first quarter of 2022. January they gathered around the screen to bring in the New Year and discussed planning for 2022. In February they celebrated Galentine’s Day, and in March, Melissa Dawson from Inserra Supermarkets, Inc. gave great tips on nutrition and demonstrated one of her favorite recipes!



February 9, 2022

March 9, 2022



PRESERVE MEMORIES. CHERISH MOMENTS.

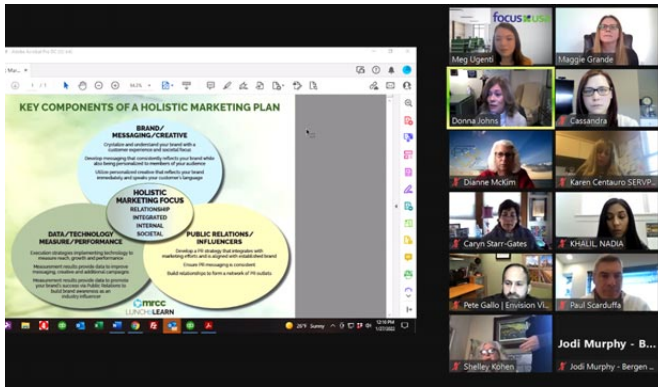
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THE THINGS YOU LEARN!

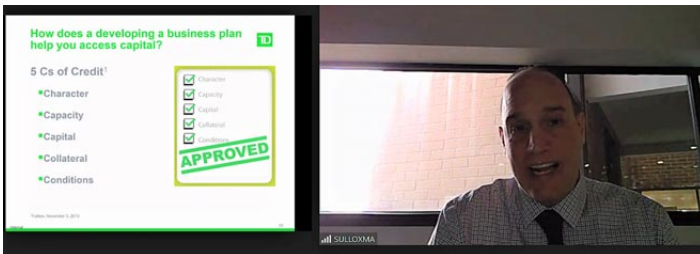


In January, Meg Urgenti, Focus USA; Maggie Grande, KMBS; and Donna Johns, promark direct informed our Lunch & Learn attendees on a holistic marketing plan for 2022.



We brought back Tuesday Trivia for our Mardi Gras networking! Congratulations to Art Holl of SERVPRO of Northwest Bergen & Rockland County for being our Trivia champ and winning a \$25 Visa card, donated by TD Bank.

February's Lunch & Learn was presented by Michael Sullo of TD Bank on developing a business plan to start or grow your business.



On January 20, we held our Coffee Connections Virtual Business Card Exchange networking with each other to share Who Your Are and What You Do!

Dedicated Pediatric Services

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Emergencies don't wait, and neither should your child.
Be seen by a provider within 30 minutes of registration in
our Emergency Department.



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Westchester Medical Center Health Network





5K 3K

RUN
WALK

MRCC/TRAIL CONFERENCE 5K RUN

SUNDAY
MAY 22, 2022

NY-NJ TRAIL CONFERENCE | MAHWAH

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Sponsorships still available. Call MRCC at 201-529-5566

MEMBERS

We now have an added benefit for our members! MRCC has been sending out e-blasts to help promote our members' events, job openings or member-to-member discounts!

- Do you have an event YOUR company is holding?
- Do you have discounts YOU would like to pass onto our members?
- Do you have job opportunities YOU would like to further promote?

Let us know! Contact Wendy@mahwah.com for more information.

MEMBER BENEFITS

MEMBER SPOTLIGHT

JOB OPPORTUNITIES

PROMOTE YOUR EVENTS

DISCOUNTS

SUBMIT YOURS TODAY

Here at the MRCC, we are all about helping you make meaningful connections!

LinkedIn: [mahwah-regional-chamber-of-commerce](#)

Facebook: [MRCCmembergroup](#) (for members only)

Instagram: [@the_mrcc](#)

mrcc
Where Business and Opportunity Meet.

NEW FOR MRCC MEMBERS

We want to showcase your business with a Member Spotlight!

We will be posting videos on our social media platforms as well as e-blasting them out to showcase our members! This is what we are looking for:

- A fun, non-salesy video that showcases your business
- 90 seconds to 3 minutes max
- Or a Reel/TikTok like video at 60 seconds long

If you are interested in submitting a video to be a spotlighted member, please email cassandra@mahwah.com.

Recent Area Leases

108,000 SF Industrial | Mahwah, NJ

17,500 SF Industrial | Allendale, NJ

9,500 SF Industrial | Allendale, NJ

Currently Available [36,000 SF | 90-91 Mckee Dr., Mahwah NJ
20,000 - 63,000 SF | 70-90 Mckee Dr., Mahwah, NJ
3,000 SF on .64 AC | 10 Mountainside Dr., Mahwah, NJ

If you are in the market for real estate or curious about market valuations, give us a call!

Kenneth D. Lundberg, SIOR • 201 488 5800 x138 • klundberg@naihanson.com
Patrick Lennon • 201 488 5800 x109 • plennon@naihanson.com
Lorenzo Lambiase, MBA • 201 488 5800 x178 • llambiase@naihanson.com

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Tia Pyo
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5K AVP

Rena Rothman
Piano Teacher
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Sheraton Mahwah Hotel
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Mario Zaki
Mazteck IT
Technology VP

ANNUAL LUNCHEON



Our Annual Luncheon on March 25 was held at the Sheraton Mahwah Hotel with no COVID restrictions!

Over 120 attendees were able to enjoy in-person networking and visit an array of exhibitors.

Our 2022 Membership Directories were hot off the press and given out to all members.



MRCC Chamber Briefs

mrcc.biz

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MRCC reserves the right to edit information as needed.

