

Health Care in the Greater Sacramento Region

Sacramento region's health care sector includes four not-for-profit health systems, 24 hospitals, affiliated health plans, and other providers across the spectrum of care, a growing bioscience industry cluster, and local community-based organizations (CBOs). They have played a significant role in improving the overall health of the Sacramento Community for decades by providing preventative, primary, specialty and lifesaving care. An engaged health care industry creates jobs and strengthens the region's economy.

Hospitals Generate:

\$1.4B+

in community benefit provided by the four non-profit health systems in Greater Sacramento: Dignity Health, Kaiser Permanente, Sutter Health, and UC Davis Health.



Areas of focus included Community Health priorities, including Housing and Homelessness, Mental and Behavioral Health, Income and Employment, Access to Health Care, Prevention of Chronic Diseases, and management strategies.

\$25.9 billion
in community-wide
economic activity

\$7.7 billion
directly to hospital
employees



All while providing care for nearly
1.5 million visits
annually

55,788 jobs
in the broader community

51,170 jobs
directly at hospitals



Federally Qualified Health Centers in Greater Sacramento at-a-glance:

Health Centers

40+ Clinical Sites

225,861 Patients Served

751,495 Patient Visits

Insurance Coverage

73% Patients covered
by Medi-Cal or CHIP

10% Uninsured
Patients

Patient Characteristics

96% Patients are at
or below 200% Poverty Level

72% Patients who identify as a
racial and/or ethnic minority

29% Patients who identify as
Hispanic/Latino

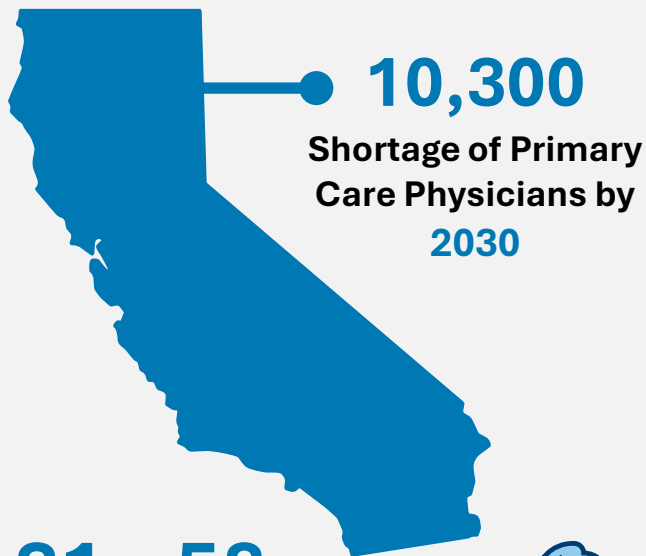
1 in 4 Patients best served in a language
other than English

Workforce Challenges:

Challenges facing health care include growing shortages of physicians, nurses, and other health care workers across California and throughout the country.

Primary Care Physician Shortage

California



31 of 58
Counties

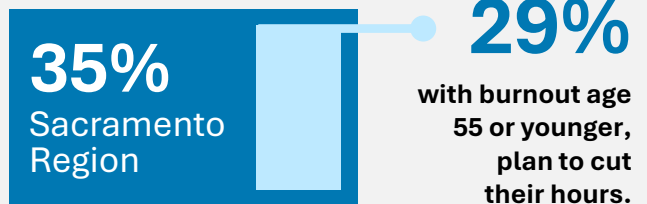
do not have the number of primary care providers recommended by national health experts.



Physician Burnout in the Workforce

Sacramento Region

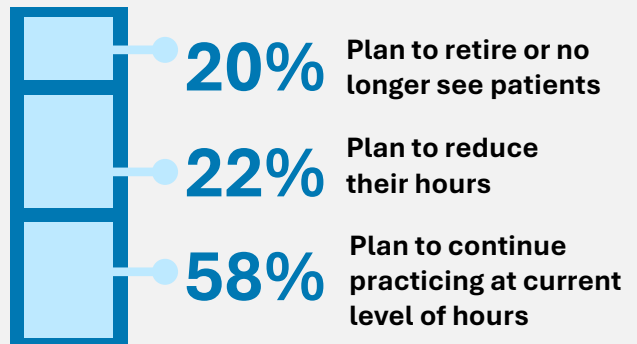
Burnout



vs National 45%

Physician Workforce

5-year outlook



988 Suicide & Crisis Lifeline Sacramento

2025 Statistics – Data collected for Sacramento Metro Chamber and exclusive to Sacramento, Yolo, Sutter, Yuba, Placer, and El Dorado counties.

103,126 Total Encounters

71,853 Phone Call Encounters
(11 second average time to answer)
17,744 Text Message Encounters
(67 second average time to answer)
13,529 Web Chat Encounters
(187 second average time to answer)

1,954 Total Transfers to Mobile Crisis Teams

2% of all 988 Sacramento calls transferred to Mobile Crisis Teams
Sacramento County accounts for 86% (1,680) of transfers to Mobile Crisis Teams

573

Total Transfers to Emergency Services (911, Fire, Police, EMS)
.5% of all calls