



# Staying healthy starts now

Welcome to Florida Blue! Join us to learn why it's important to have a Primary Care Provider and schedule your annual wellness exam early in the year. Your doctor can identify health issues early and coordinate your health care. Learn how to find a doctor, prepare for your visit with the doctor, and when to use Urgent Care or Emergency Care. You'll get the information and resources you need and a chance to ask your questions.

Presented by Florida Blue and

Date:

Time:

Place:

Contact:



To register for the event, click on the link below: