



Hands Only CPR with Demo

The average response time for an emergency care team to arrive at a location after a 911 call, is about 7 minutes. When someone collapses due to cardiac arrest, every second counts! Learn how to initiate the chain of survival and how to perform Hands Only CPR until trained professionals arrive. By doing so, you can help double or triple the odds of someone surviving. Please join us to become a Heart Saver with this training class led by American Heart Association!

Tuesday, February 13th | 12:00 p.m. - 1:00 p.m.

Florida Blue Center - Pensacola

1680 Airport Blvd, Pensacola, FL 32504

To attend this event, scan the QR code below or visit scheduler.floridablue.com

As a hub for a healthier life, the Florida Blue Centers connect neighbors like you to services, support, and advice that help you achieve better health. As part of your community, we make it a priority to inspire and motivate you to take an active role in your health and wellness.



Scan the QR code to learn more.

1-850-202-4150
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