

Pensacola do you have a pain in the ... back, hip, arm?

39.0% of adults have back **pain**, 36.5% had lower limb **pain**, and 30.7% had upper pain. Many people who are in pain have pain that's called **chronic pain**. What is Chronic pain? It is a serious health condition and it is long-term pain, consistent pain. It can lead to health problems and complications beyond physical symptoms such as depression, anxiety and trouble sleeping.

Chronic **pain** rates also increase with age—25.8% of **people** aged 45 to 64 have chronic **pain**

By the way .. Back pain is the leading cause of work limitations globally. It appears that back pain is everywhere.

I bet you know someone that has pain, pain they may have had for a long time or something that just recently started.

What if there was a way to help them be out of pain, naturally? Wouldn't that be awesome? Well, now there is something out there that is helping people with pain it's call phototherapy. Watch the short video below and see how this works, Click on the link below to learn more.

Hi Pensacola, See how X39® works by using light! [#](https://SusieParker.lifewaveinf.com/GHH3Y2m5lk)

Next week pain testimonials.