

YOUTH MENTAL HEALTH AND STORYTELLING WORKSHOP



This event is organized by Storytelling Solutions of America, and sponsored by Speaks 2 Inspire!

This event is for:

- Youth (11 to 18 years old)
- Parents and guardians
- Teachers and school staff
- Youth advocates

Workshop Description:

This workshop is designed to teach youth the power of storytelling, self-advocacy, and strategies for accessing and utilizing mental health support.

Attendees will learn:

- the importance of owning your story
- the importance of utilizing mental health support
- how to improve self-advocacy through public speaking

Come and learn from local speakers and mental health professionals!

Location: 306 North De Villiers Street, Pensacola, FL, 32501

Date/Time: Sunday, July 31, 2022 at 5:30pm - 7pm (Please RSVP by Tuesday, July 26, 2022)

We will have vendors, community resources, and door prizes! If you'd like to donate a door prize item, please contact SSOA: storytellingsolutionsofamerica@gmail.com

ABOUT SSOA

Storytelling Solutions of America is a nonprofit organization serving as a launching pad for teaching youth to share their story and access mental health care through the art and skill of public speaking.

Learn more about SSOA: www.facebook.com/storytellingsolutions

Contact us: storytellingsolutionsofamerica@gmail.com

Our Fiscal Sponsor: Pensacola Community Action Network, Inc.

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