



FOR IMMEDIATE RELEASE

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12TH ANNUAL PENGUIN PLUNGE 'n PADDLE benefiting HEALING PAWS FOR WARRIORS

Juana's Pagodas and Sailors' Grill would like to invite you to a New Year during their upcoming Penguin Plunge 'n Paddle event. All funds raised will benefit Healing Paws for Warriors. Their program mission is to—Save a Veteran / Rescue a Dog.

At 12:30, participants can show off their paddle skills in a stand-up paddle (SUP) board adventure course. At 1:30 participants will take a dash from the beach and plunge into the Santa Rosa Sound. Last year, over 450 people took the plunge with hundreds more “chicken” spectators braving the cold to watch. Afterwards in Juana's beach tent, participants can “chill” and enjoy complimentary food, drink, live music, and buy raffle tickets for a chance to win prizes. This will be an outside event, and personal protective equipment/masks are encouraged.

Entry fee per person for the Plunge starts from \$20 and the SUP Adventure starts from \$30. The sooner one registers, the less the cost is, and one can register on the day of the event. Registered participants will receive a long sleeve t-shirt while supply lasts. Participants can register on-line at juanaspagodas.com/penguinplunge.htm.

About Healing Paws for Warriors

The Florida Panhandle's veteran led nonprofit is projected to train 20+ veteran / K9 teams in 2021. Funds raised will help support their mission—Save a Veteran / Rescue a Dog.

Healing Paws for Warriors is a local veteran found / veteran led 501(c)(3) that provides rescue to trained service dogs to veterans faced with Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) and/or Military Sexual Trauma (MST) at “no cost” to the veteran with continued support; reducing the statistic of veteran suicide, increasing self and family health and wellness. Veterans were matched with their K9 partners after being rescued from local shelters. ***A resilient program that represents veterans helping veterans from personal experience and trained service dogs.***

Healing Paws is a volunteer-based program with big hearts, dedicated to supporting our military men and women and reducing veteran suicide. Veteran / K9 team costs are supported through community donations and sponsorships.

To learn more, visit <http://www.healingpawsforwarriors.org> or contact us at info@healingpawsforwarriors.org.

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