Sports medicine doctor joins Ascension Sacred Heart in Pensacola

Pensacola, Fla. (Sept. 9, 2020) – Sports medicine specialist Gary Allen, DO, has joined Ascension Medical Group Sacred Heart's regional network of doctors. Dr. Allen will see patients at Ascension Medical Group Sacred Heart Orthopedics, located at 4521 N. Davis Hwy. He is accepting new patients. For information or to schedule an appointment, call 850-494-9002.

Dr. Allen graduated with his bachelor's degree in exercise science and athletic training from Brigham Young University in Provo, Utah. He then received his doctorate of osteopathic medicine from Des Moines University in Iowa. Dr. Allen completed his residency training in family medicine, followed by a fellowship in primary care sports medicine, at the University of Florida in Gainesville.

Dr. Allen was a board-certified athletic trainer prior to entering medical school. He has a special interest in acute and chronic injuries for all ages, injury prevention, ultrasound-guided procedures and sports performance. During his fellowship, Dr. Allen served as a team physician for the University of Florida, Santa Fe College, and various high school and community events. During his residency, he served as chief resident of sports medicine, and he was recognized with the Shining Star Physician's Award and the Family Medicine Resident Award for Scholarship. He is a member of the American Medical Society for Sports Medicine and the American College of Sports Medicine. He has served in the medical tent for University of Florida football, Five Points of Life and Des Moines Marathons, and various high school school sports competitions, from the local level to state tournaments.

Ascension Medical Group Sacred Heart offers the largest network of primary care and specialty physicians in Northwest Florida, with more than 80 locations and 300 providers along the Gulf Coast from Gulf Shores, Ala., to Apalachicola, Fla. Doctors from more than 25 specialties provide personalized, compassionate care to people of all ages. To find a doctor and request an appointment, call 850-416-2337 or visit ascension.org/doctors.

About Ascension Sacred Heart
In Florida, Ascension operates Ascension Sacred Heart based in Pensacola and Ascension St. Vincent's based in Jacksonville. Together, Ascension Florida operates seven hospitals and more than 100 other sites of care and employs more than 11,000 associates. Across the region, Ascension Sacred Heart and Ascension St. Vincent's have served North Florida communities for more than 145 years. In fiscal year 2019, they provided nearly $180 million in community benefit and care of persons living in poverty. Ascension is a faith-based healthcare organization committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension is one of the leading non-profit and Catholic health systems in the U.S., operating 2,600 sites of care – including 150 hospitals and more than 50 senior living facilities – in 20 states and the District of Columbia.
Visit www.ascension.org and www.studerfamilychildrenshospital.com.

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