

FOR IMMEDIATE RELEASE

September is Suicide Prevention Month

Pensacola, Fla. (August 28, 2020) – Suicide Prevention Month is observed in September and our community needs our help. Some of the things occurring in our society right now are risk factors for suicide (e.g. job loss, illness, death, isolation, uncertainty).

It takes a while for statistics to be gathered and shared, but according to the Centers for Disease Control and Prevention (CDC) the suicide rate in the U.S. increased 33 percent from 1999 to 2017. With the unprecedented stress brought on by the current health pandemic, we may expect to see another spike.

Our Mission is to avoid that. We want to Help People throughout Their Life Journeys. Please share these resources to ensure we keep our community safe and healthy:

Suicides are preventable. Know about the resources:

- Always call 911 in a suicide crisis
- Lakeview Center Mobile Response Team 866.517.7766
- Text GULF to 741741
- National Suicide Prevention Lifeline 800.273.8255
- Trevor Project Lifeline Saving Young LGBTQ Lives 866.488.7386
- The Veterans Crisis Line 888.640.5443

CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Tish Pennewill at 850.469.3621 or <u>Tish.Pennewill@bhcpns.org</u>.

About Lakeview Center, Inc. Behavioral Health

The Mission of Lakeview Behavioral Health is to help people throughout life's journey. We specialize in providing effective, research-based services for children and adults with mental illnesses, drug and alcohol dependencies, and intellectual disabilities. Our services range from inpatient and residential treatment to outpatient counseling, psychiatry, case management, day treatment, and round-the-clock support for those with serious mental illnesses. Additionally, Lakeview Behavioral Health provides specialized trauma services, medication-assisted treatment for opiate dependency, and medically supervised drug and alcohol detoxification. In all, Lakeview Behavioral Health offers more than 60 programs and services for people in the northwest Florida area. To learn more, go online to eLakeviewCenter.org.

Lakeview Center Inc. ● Behavioral Health ● Vocational Services ● Child Protective Services