

## FOR IMMEDIATE RELEASE

# **Baptist Health Care Offers Online Wellness Education Seminars in August**

**PENSACOLA, Fla. (Aug. 4, 2020)** – To support Baptist Health Care's commitment to improving the quality of life for the Northwest Florida community it serves, the following free wellness education seminars will be offered in August. All seminars will be presented via Zoom video conferencing. Reservations are required and can be made by visiting eBaptistHealthCare.org/events. Those with questions may call 850.469.7897.

## Management of Hypertension and Hypotension

Friday, Aug. 7, noon to 1 p.m.
Toinetta Coolie, MSN, FNP-BC, Baptist Heart & Vascular Institute

## **Cancer Screening and Prevention**

Thursday, Aug. 13, noon to 1 p.m. Imran Jafri, M.D., Baptist Medical Group – Hematology-Oncology

#### **Understanding Vitamins and Supplements**

Friday, Aug. 14, noon to 1 p.m. Jessica Gilkey, R.D., LD/N, Baptist Health Care – My Healthy Blueprint

In addition, the Faith Health Network will offer a Zoom seminar to answer questions about medication safety.

#### **Medication Safety**

Thursday, Aug. 20, 6 to 7:30 p.m.

Advance registration at ebaptisthealthcare.org/faithhealthnetwork is requested.

Those with questions may call 850.469.7729.

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#### **CONTACT BELOW IS FOR MEDIA USE ONLY**

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or BHCMediaRelations@bhcpns.org.

# About Baptist Health Care

Baptist Health Care is a community-owned, not-for-profit health care organization based in northwest Florida that is committed to helping people throughout life's journey. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center and a large network of primary care and specialty physicians. With more than 7,300 employees and employed physicians, Baptist Health Care is the second largest non-governmental employer in northwest Florida.

Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park — Nine
Mile • Baptist Medical Park — Navarre • Baptist Medical Park — Pace • Baptist Medical Park — Airport • Andrews Institute •
Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants