



FOR IMMEDIATE RELEASE

Baptist Health Care Offers Online Wellness Education Seminars in July

PENSACOLA, Fla. (July 7, 2020) – To support Baptist Health Care’s commitment to improving the quality of life for the Northwest Florida community it serves, the following free wellness education seminars will be offered in July. All seminars will be presented via Zoom video conferencing. Reservations are required and can be made by calling 850.469.7897.

You Have Company in Your Colon: The Gut Biome

Tuesday, July 14, noon to 1 p.m.

Stephen Ziller III, M.D., Baptist Medical Group – Gastroenterology

Fad Diets

Friday, July 24, noon to 1 p.m.

Jessica Gilkey, R.D., LD/N, Baptist Health Care – My Healthy Blueprint

Pharmaceutical Q&A

Wednesday, July 29, noon to 1 p.m.

Dale Duce, Director of Outpatient Pharmacy Services, Baptist Hospital

In addition, the Faith Health Network will offer a Zoom seminar to help smokers quit.

Tobacco Cessation

Thursday, July 16, 6 to 7:30 p.m.

Advance registration at ebaptisthealthcare.org/faithhealthnetwork is requested.

Questions? Call 850.469.7729.

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For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or BHCMediaRelations@bhcpns.org.

About Baptist Health Care

Baptist Health Care is a community-owned, not-for-profit health care organization based in northwest Florida that is committed to helping people throughout life’s journey. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center and a large network of primary care and specialty physicians. With more than 7,300 employees and employed physicians, Baptist Health Care is the second largest non-governmental employer in northwest Florida.

Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants