

## INFORMATION FROM HERNANDO COUNTY HEALTH DEPARTMENT/HERNANDO COUNTY COMMUNITY ANTI DRUG COALITION

### **Hernando Cares**

Hernando Cares Behavioral Health Resource Guide. We will be updating the Hernando Cares Guide over the next few weeks. If your agency would like to be included in the guide, please complete the attached form and return it by email (preferably) to [tresa@cenaps.com](mailto:tresa@cenaps.com) or by FAX to 352-631-5536. Hernando Cares resource guide to links Hernando County residents in need of mental health and substance abuse services, as well as additional support services, to an agency/ organization that can help. You can refer to this guide if you, or a friend or family member, is in need of services and you are not sure where to find the appropriate help. Please refer to [www.hernandocares.org](http://www.hernandocares.org) or get the pdf from [www.hernandocommunitycoalition.org](http://www.hernandocommunitycoalition.org)

### **Mental Health First Aid-August 17, 2017-FREE**

Just as CPR helps you assist an individual having a heart attack — even if you have no clinical training — Mental Health First Aid helps you assist someone experiencing a mental health related crisis. In the Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. This course is designed to provide you with skills to help someone who has or may be developing a mental health problem and/or experiencing a mental health crisis in efforts to reduce the overall stigma of mental health within our community

8:00AM-5:00PM

BayCare Behavioral Health

15311 Cortez Boulevard

Brooksville, FL 34613

Send Registration form to: BayCare Behavioral Health/ATTN: Sandra Marrero, 15311 Cortez Blvd., Brooksville, FL 34613/For more information contact Sandra Marrero at [sandra.marrero@baycare.org](mailto:sandra.marrero@baycare.org) 352-584-6325

### **Friday Night Done Right-Coming to Brooksville, August 11, 2017**

Join us for the ONLY summer event and first event in Brooksville. Please spread the word and invite all middle and high school youth to attend.

Date: August 11, 2017 - 6 pm-10pm.

Location: Jerome Brown Center-Brooksville, 99 Jerome Brown Place, Brooksville, Florida 34601

Middle and High School Competitions - Make a team/join a team/show up on site and be assigned on a team.

### **HCCADC Meeting – August 2, 2017**

You don't want to miss this meeting. Presentation on "The Opioid Crisis in Hernando County" featuring the HCCADC Interns/AmeriCorps Vistas and USF medical students will present their work, findings and outcomes will be featured at our August 2 meeting.. Mark your calendar for Aug 2, 2017 at NAMI Hernando - 10554 Spring Hill Drive, Spring Hill, FL 34608.

### **About the Project....**

HCCADC is spearheading a grant funded project with Crescent Community Clinic and AmeriCorps Vista's to have 5 researchers from the University of South Florida researching "The Opioid Crisis in Central Florida". The project focus on the healthcare sector with the students researching cost and implementation strategies for 1) A Needle Exchange program, which includes determining local partners

to work on researching a needle exchange program and the resources needed. 2) Develop e-course for prescribers, researching and developing an online course for prescribers to take educating them on how to talk to patients about risk of addiction and what to do if they feel they are becoming dependent on pain medications. 3) Training Hernando prescribers on EFORCSE (PDMP) encourage use and determine prescribing entities/locations/offices in Hernando. The medical students are working with HCCADC from June 9 – August 10, 2017.