

GOAL #1

<i>Specific</i>	
<i>Measurable</i>	
<i>Achievable</i>	
<i>Realistic</i>	
<i>Time Frame</i>	<i>Steps you plan on taking. Must have a plan of action!</i> <i>1.</i> <i>2.</i> <i>3.</i> <i>4.</i> <i>5.</i>
<i>Reward</i>	<i>What will your reward be for completing your goal?</i>

GOAL #2

<i>Specific</i>	
<i>Measurable</i>	
<i>Achievable</i>	
<i>Realistic</i>	
<i>Time Frame</i>	<i>Steps you plan on taking. Must have a plan of action!</i> <i>1.</i> <i>2.</i> <i>3.</i> <i>4.</i> <i>5.</i>
<i>Reward</i>	<i>What will your reward be for completing your goal?</i>