

# FREA Convention May 14-16, 2024

Trustee and FREA Board dates may vary.  
Check-in time is 4:00 PM on Day of Arrival.

## Registration Booklet General Information

- Each ROOM/Suite requires a **Single Registration Form, Accommodation Worksheet and Formula Form**. No separate payments and all guests must be written in the space/s provided.
- Each room guest will be asked, by the hotel, upon check-in to give a credit card for incidentals.
- **Early check-out Fee:** The hotel imposes an early check-out fee if a guest checks out prior to original check-out date. Guest/s is/are responsible for payment equaling room cost of 1 night..
- **Cancellation:** Reservation must be cancelled with FREA Office before May 6, 2024, or Attendee is responsible for meal, and possibly room, charges. No refunds will be issued until after Convention.
- **Attendees are welcome** to stay up to 3 days before, and 3 days after Convention for the same room rate.
- **There are a limited number of ADA rooms.** They will be given on a first come first serve basis.
- **Please specify 1st or 2nd floor on all rooms.**

**Reminder: Each ROOM/Suite requires a Single Registration Form.** No separate payments and all guests must be written in the space/s provided.

**Download the Registration Booklet from the [FREA website](https://www.frea.org) or request by email a hard copy to be mailed. [info@frea.org](mailto:info@frea.org)—No online registrations this year.**

- There are several different levels of room rates due to FREA and FREF paying for part of the costs for Board, Trustees and Delegates. One form may contain multiple types of attendees.
- We have done our best to make how much the room cost is a simple process. Call us if you are unsure about your calculations. We are happy to help.
- Then: Collect all monies (meals and registrations also) from those sharing accommodations.
  1. Enter credit card info on Registration Form and mail to below address
  2. **OR** mail with ONE check,
  3. **OR**, after the Office has notified you that they have received your registration information, call the Office with your credit card.

**Reminder: No multiple payments allowed per Suite/Room. One check or one credit card.**

**Mail-in Registrations must be postmarked by April 5 or be charged a \$55.00 Late Fee.**

**Mail: FREA Registration - 8950 9th St N, #105, St Petersburg, FL 33702—Email: [info@frea.org](mailto:info@frea.org)**

**After April 5 the Convention Room Rates are not guaranteed.**

<b>April 5</b>	<b>On-Time Registration Deadline</b>	After this date, \$55.00 Late Registration Processing Fee added to registration. Registrations still accepted, but hotel does not guarantee room rate or availability. Hotel may charge extra fees if room block full.
<b>May 6</b>	<b>Refund and Registration Deadline</b>	NO REFUNDS for room cancellations. Rooms cancelled before that date will have refunds sent after the convention. (Emergencies do happen and we will address them on a case by case basis.) No more Registrations through FREA.
<b>May 6</b>	<b>Meal Deadline</b>	May 6 - No Meals added after this date or at Convention .
<b>May 6</b>	<b>Registration Changes Deadline</b>	No Registered Attendee changes after this date.

# FREA Convention 2024

[Saddlebrook Resort](#)

5700 Saddlebrook Way,

Wesley Chapel, FL 33543

## Frequently Asked Questions

**Parking: Valet—\$30.00 per day. Self Parking—Free**

**Property map is on back pages of this registration packet.**

1. **I am Self-Parking, how do I get my luggage to my room?** Pull into the front of the hotel under the portico. Offload your belongings with the bellman. Go to Self-Parking Lot and park. There is a van on constant rotation that will take you back to the front of the hotel to check-in, claim your belongings, and then a driver and golf cart will deliver you to your room and carry your bags in.
2. **There are parking lots much closer. What are those?** Those are Valet - 1 day parking.
3. **When can I Check-In?** Check in is at 4:00 PM. If you are arriving on Tuesday, the General Session starts at 1:00 PM and you may have to wait until after Opening Session to check in.
4. **Where is Convention Registration?** FREA is in the Pegasus Conference area of Saddlebrook. The Registration Desk is in the Pegasus Foyer, down the ramp/stairs to the left as you enter the main hotel foyer.
5. **Where would I go to bring in Baskets or gift cards for the FREF donations?** Pegasus South is the room designated as the Gathering Room this year. There is an outside entrance to the Pegasus Foyer on the side of the main circular drive.
6. **Where do I take my ALL ABOUT UnitS display?** To the Gathering Room in Pegasus South.
6. **We have no green screen photographer this year, correct?** Correct, but we have a roaming photographer and on Wednesday night will have a dedicated photographer and assistant to handle group photos in front of our 70th Anniversary backdrop. You will be able to sign up at Convention with your group for photos. Other times we will have photo backgrounds and areas to cover the different themes and of course there is also the beautiful Saddlebrook property.
7. **Are we doing 'Theme' Nights?** Yes Tuesday night think Tropical Chic, parrots welcome. Wednesday Night think Glamor and Glitz Gala in Platinum and Black.
8. **Are there restaurants on the property?** Yes there are: Tropics serves breakfast, Dempsey's Too serves Lunch and Dinner in the main building, and the Poolside Café serves lunch.
9. **Is WIFI free?** Yes, in both the guest rooms and public areas .
10. **May I go fishing in the lakes?** Yes, equipment is available at the pool kiosk along with pool floats and games. Caution, gators are in most lakes in Florida.
11. **May I use the Fitness Center?** Yes.
12. **May I bring outside food into my room?** Saddlebrook allows snacks and beverages to be brought in to the guest rooms. No parties with outside food supplied are allowed. No deliveries by food delivery service or pizza, etc. is allowed.
13. **Do the rooms have coffeemakers?** Yes. Housekeeping will supply coffee, etc. refills on request.
14. **Is there daily housekeeping?** No, every other day.

## How Much Will Your Shared Condo Cost Per Person? See next page after reading the below information.

- **FREA pays for ONE night (\$179.00 max.) for Unit Delegates.** Delegates must attend a minimum of 2 nights, and the Unit or the Delegate are responsible for the minimum room cost of \$179.00. Registration form will be emailed once we receive the Delegate name/names.
- **FREA pays TWO nights (\$179.00 per night max.) for FREA Board members.** Board members must attend a minimum of 3 nights, and are responsible for the minimum room cost of \$179.00.
- **FREF pays TWO nights (\$179.00 per night max.) for FREF Trustees—3 nights for those travelling from District 1 due to 12 noon FREF meeting time on Monday.** Trustees must attend a minimum of 3 nights, and are responsible for the minimum room cost of \$179.00.
- **We are sorry, but there will be NO Online Registration this year.**
- Why? Because the accommodation portion of the registration forms are so complex, to attempt to do them online is not possible.
- **How do I figure out the cost per person if a room has multiple people with maybe a Trustee, and/or a Board member, and/or a delegate?**
- **See the worksheet on the next page.**
- **Still can't figure it out or not sure? Call the Office.** We will work it through together.

**FREA Accommodation Prices are good for 3 days before, and 3 days after, Convention.**

### Who can be a Delegate?

The delegates to the Delegate Convention shall be the FREA Officers, Assistant District Directors, Chair of the FREA Standing Committees, the Necrology Chair, Delegates chosen from local units, Coordinators from counties where there is no local unit, and the Chair of the FREF Board of Trustees. See chart at right for Delegate count.

FREA ~ 8950 9th St. North ~ Suite 105 St. Petersburg, FL  
33702-3047

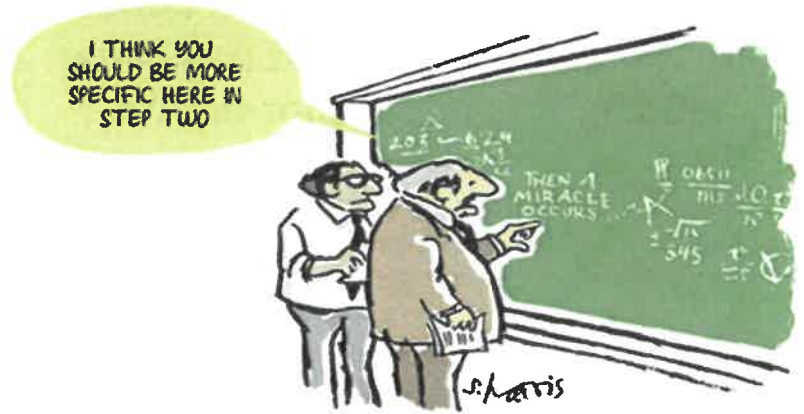
[www.frea.org](http://www.frea.org) Phone: 727-577-6400 [info@frea.org](mailto:info@frea.org)

District	Unit Name	Members 2023-24	# Delegates
4	Alachua	91	2
5	Baker	22	1
1	Bay	140	2
10	Broward	262	2
8	Central Brevard	52	2
7	Charlotte	21	1
4	Citrus	28	1
4	Columbia	14	1
3	Dixie	9	1
5	Duval	109	2
1	Escambia	151	2
2	Gadsden	47	1
6	Hernando	45	1
9	Highlands	48	1
9	Indian River	113	2
2	Jefferson	10	1
2	Leon/Wakulla	86	2
4	Levy/Gilchrist	11	1
3	Madison	26	1
7	Manatee	106	2
9	Martin	120	2
10	Miami-Dade	190	2
5	Nassau	36	1
8	North Brevard	43	1
6	North Pinellas	72	2
9	Okeechobee	23	1
8	Orange	167	2
8	Osceola	15	1
10	Palm Beach	146	2
6	Pasco	34	1
8	Polk Unit 1	31	1
8	Polk Unit 2	46	1
1	Santa Rosa	48	1
7	Sarasota	63	2
8	Seminole	73	2
6	South Pinellas	84	2
9	St. Lucie	83	2
4	Sumter	46	1
3	Suwannee/Lafayette	39	1
3	Taylor	15	1
6	West Hillsborough	28	1
1	West Jackson	42	1
5	West Volusia	36	1
	<b>Total # of Delegates</b>		<b>61</b>



# FREA Convention 2024 Formula for Accommodations at

Saddlebrook Resort  
5700 Saddlebrook Way  
Wesley Chapel, FL 33543



1. Add up total price of room in the room size chosen.
2. Add up all the \$179.00 per night discounts that FREA will pay for. (See previous page and use the Accommodation Worksheets on next 2 pages to organize information)
3. Subtract discount amount from total price of the room nights.
4. Divide total by # people in condo.
5. Total is price per person for the length of stay.

Use the grid below to calculate.

**Example:**

2br/2ba condo at \$249 per night—Occupants: 1 Board Member, 1 Delegate, 1 General.

\$249.00 per night x 3 nights = \$747.00

Board member or Trustee deduct 2 nights at \$179.00 each

Delegate deduct 1 night at \$179.00 each

Total deducted \$179.00 x 3 = \$537.00

**Total cost for room for 3 nights: \$210.00—This amount goes on the rooms line, bottom of page 8.**

**Mail with payment 3 pages: Page 4—Accommodations Formula; Page 5 or 6 (depending on which room chosen)—Accommodations Worksheets and Page 8—Registration Form**

**Mail or email to Office. Mail/Email info is on Page 1. Along with payment info.**

Room Type/cost per night	Nights stayed	Total Cost of Room Type x nights	Total Deduction for Guests in room-3@\$179	Total Adjusted Room Cost-Put on Registration Form	Room cost per person for 3 nights.
Example: 2br 2ba/\$249	3	\$747.00	\$537.00	\$210.00	\$70.00

**Not sure, or still can't figure it out?** Fill in name/phone/email of those in room on the Accommodation Worksheet, send it to us, and we will help you figure it out.

# Accommodation Worksheet/Guest Contact Info

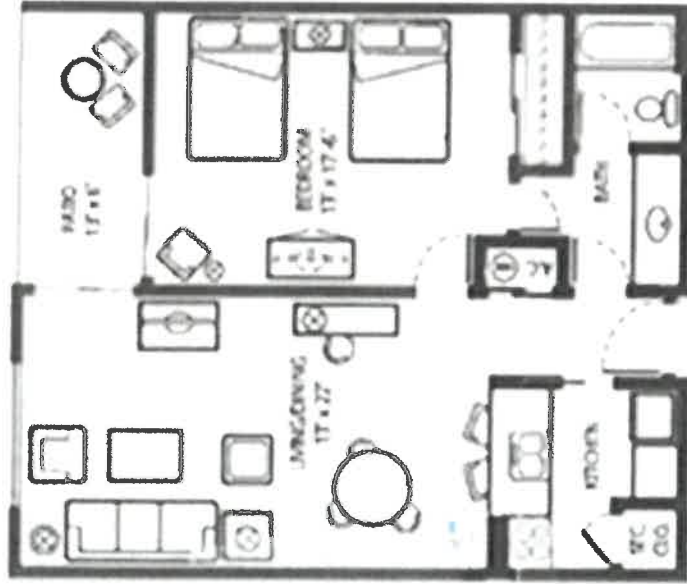
Accommodation Floor Plans and Details on Page 4-5—Taxes and All Fees Included in Room Prices Listed

<b>Room Type #1</b> — 1 bed/1 bath suite- \$219.00 per night	General	Dele- gate?	Board?	Trustee?	If FREAA member, no need to fill in. Address                      Phone                      Email	ADA/1st or 2nd Floor
Person #1 Name						
Person #2 Name						
Person #3 Name						
<hr/>						
<b>Room Type #2</b> - 2 bed/2 bath suite- \$249.00 per night	General	Dele- gate?	Board?	Trustee?	If FREAA member, no need to fill in. Address                      Phone                      Email	ADA/1st or 2nd Floor
Person #1						
Person #2						
Person #3						
Person #4						
<hr/>						
<b>Room Type #3</b> – 3 bed/3bath suite - \$428.00 per night	General	Dele- gate?	Board?	Trustee?	If FREAA member, no need to fill in. Address                      Phone                      Email	1st or 2nd Floor-No ADA availa- ble
Person #1						
Person #2						
Person #3						
Person #4						
Person #5						
Person #6						

# Accommodation Worksheet/Guest Contact Info—continued

Room Type #4 – Deluxe Guest Room (no microwave/ refrigerator available)	General	Delegate?	Board?	Trustee?	If FREYA member, no need to fill in. Address Phone Email	ADA/1st or 2nd Floor
Person #1						
Person #2						

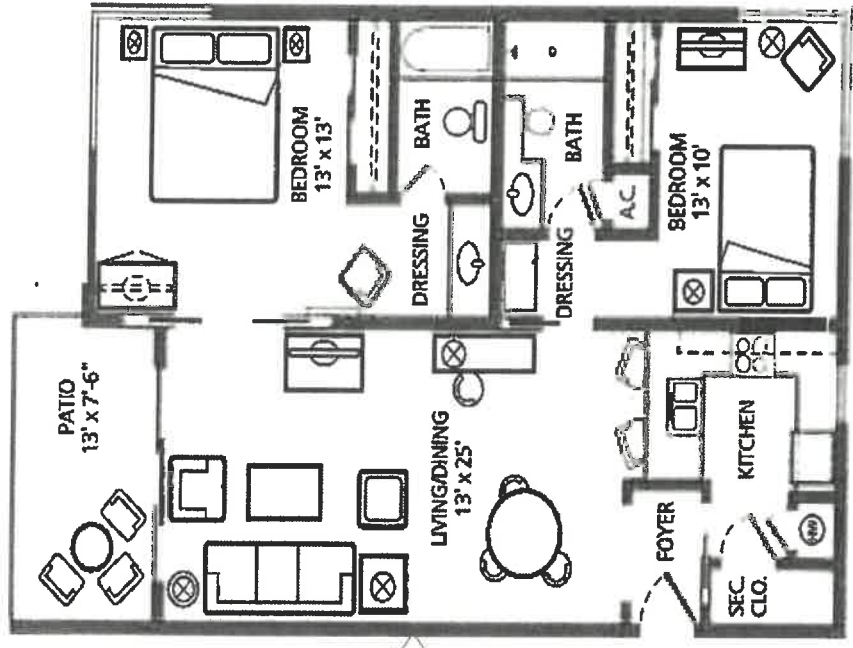
## Attendee Accommodation Room Layouts



**One Bedroom Suite**  
**\$219.00 per night 1st or 2nd Floor-**  
**No elevator**

800 sq. feet—2 Queen Beds  
 Living Room with separate dining area, fully-equipped kitchen, serving bar, and HDTV. Spacious bedroom includes 2 Queen beds, separate dressing area, marble bath with tub/shower and HDTV. Private patio or balcony has living room and bedroom access. Couch with sofa-bed.

Room Type #1



Room Type #2

### Two Bedroom Suite

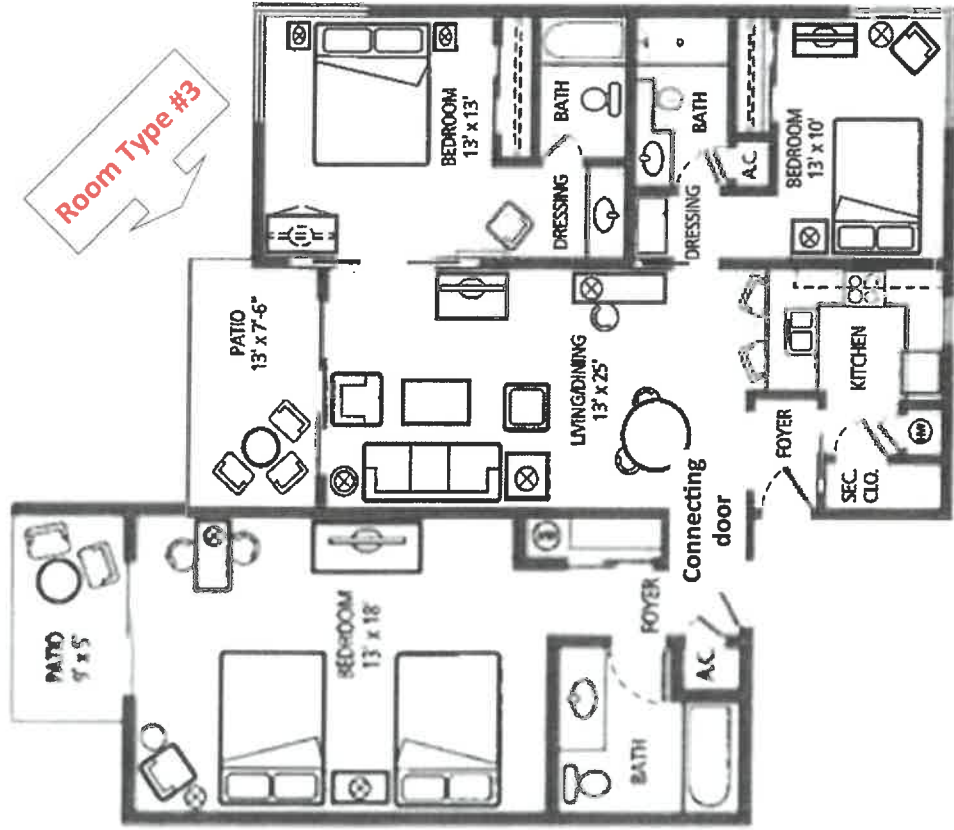
**\$249.00 per night 1st or 2nd Floor-No elevator**

950 sq. feet— 1 King bed, 1 Queen Bed  
 Living Room with separate dining area, fully-equipped kitchen, serving bar, and HDTV. King bedroom features sliding door to patio or balcony, separate dressing area, marble tub/shower bath and HDTV. Queen bed, bedroom features a separate dressing area, marble bath, walk-in shower and HDTV. Private patio or balcony entrance off living room. Couch with sofa-bed.

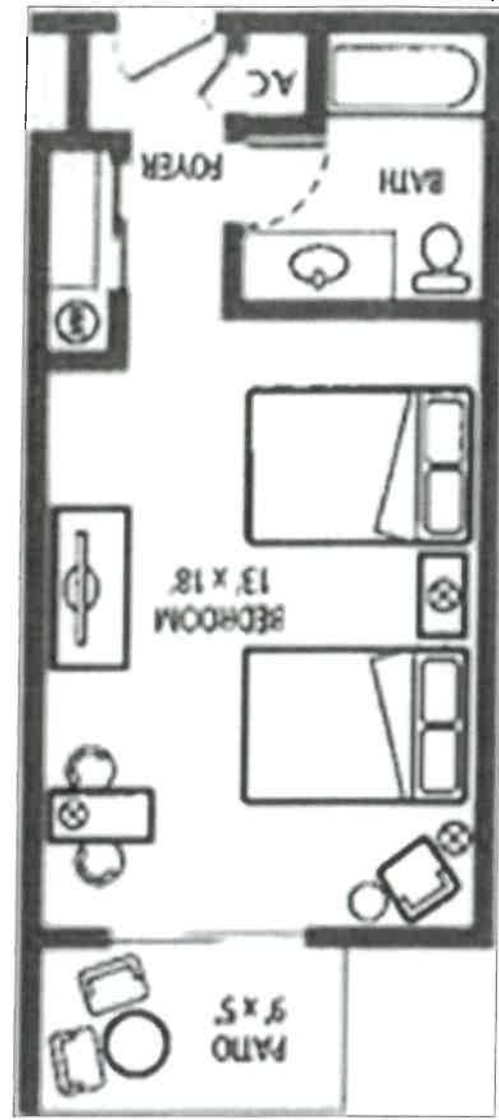
**Room Type #3** 3 bedroom, 3 bath Suite—Two Bedroom Suite plus Deluxe Guest Room. \$428.00 per night. Can sleep 4-6 people. 1st or 2nd floor—no Elevator

1350 sq. feet—

- Living Room with HDTV. A separate dining area. Door connects the Deluxe Guest Room with the Suite.
- Fully-equipped kitchen, serving bar.
- King bedroom features sliding door to patio or balcony, separate dressing area, marble bath/tub combo. HDTV. Sliding pocket doors for privacy.
- Queen bed or 2 Twin bed bedroom features a separate dressing area. Sliding pocket door for privacy. HDTV. Bath with walk in shower. Private patio or balcony entrance off living room. Couch with sofa-bed.
- Adjoining Deluxe Guest Room—Spacious guest room with two double beds, marble bath/tub combo, HDTV and private patio or balcony. No microwave or refrigerator-share kitchen with suite.



**Room Type #4**  
**Deluxe Guest Room—\$179.00 per night**  
**1st or 2nd floor—No elevator.**  
 400 sq. feet—2 Double Beds  
 Elegantly decorated, spacious guest room with two double beds, marble bath/tub combo, HDTV and private patio or balcony. No microwave or refrigerator available.



# FREA 2024 Convention Registration Form

Main Guest Name: Last, \_\_\_\_\_

First \_\_\_\_\_

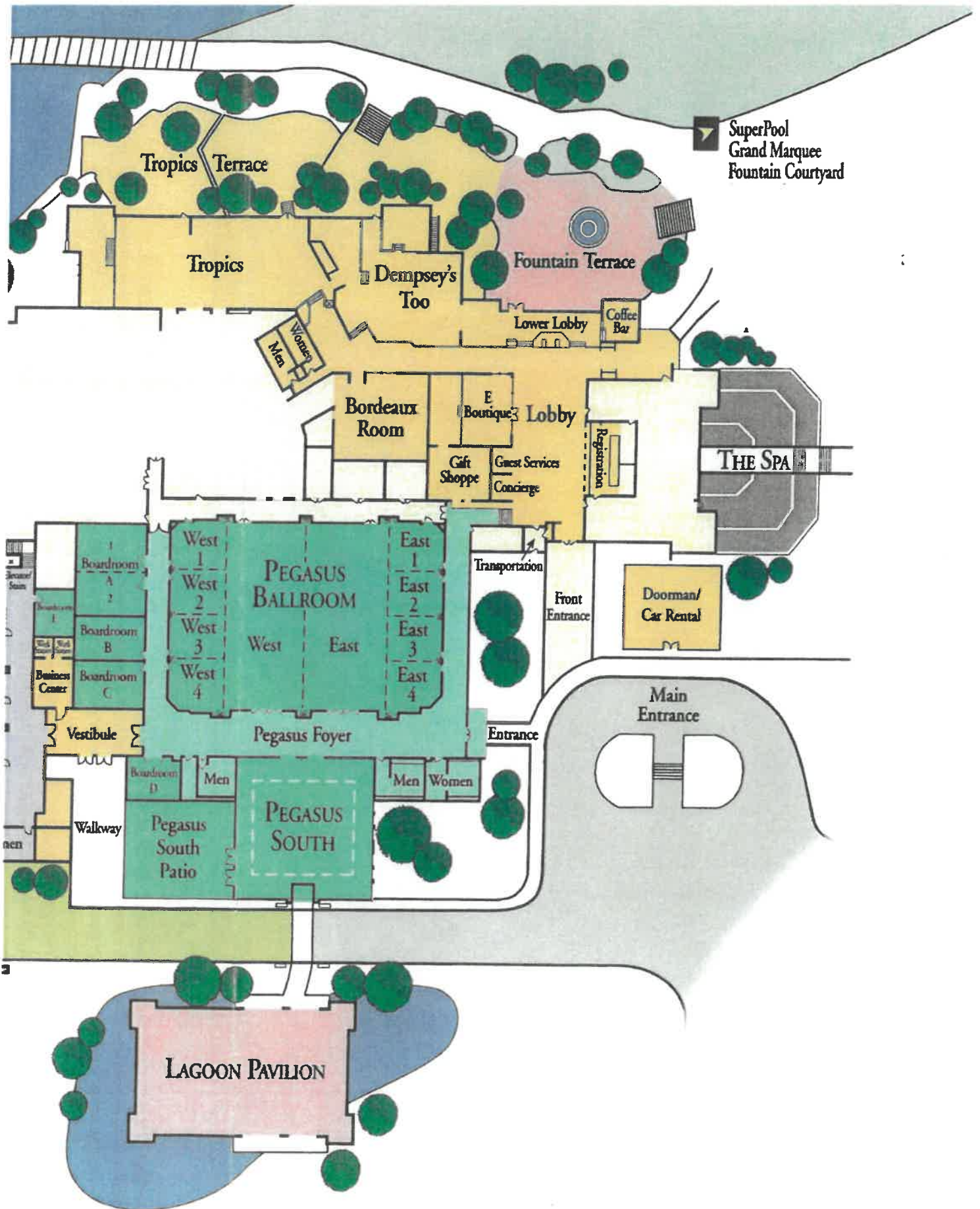
Inflation may have slowed, but prices have not fallen. 18-20% inflation since 2020. Increased minimum wages. Fuel prices affecting transportation costs. All these have combined to give us sticker shock over these meal prices. We hope you will find a friend or friends to share a condo, and by lessening room cost, balance out the cost of the meals to equal what Convention cost last year, or even less. We worked hard to keep the 3 day, 2 night stay under \$500.00 per person. Need help? Call the office, or send in registration form and ask us to call you to figure the total due. With Delegate, Trustee and Board discounts, we know this is really complex. We are here to help.

Arrival Day \_\_\_\_\_ Date: May 2024 ~ Departure Day \_\_\_\_\_ Date: May 2024

<b>Registration Fee: Registration includes: All activity and meeting materials. Swag Bag with all the swag that it can hold, and More!</b>		\$55 x _____	\$ _____
Meal Package	<b>All 3 Meals for the discount price of:</b>	\$275 per Person X _____	= _____
Tues Night	<p>Reception hosted by AMBA while enjoying the Feather-a-Flamingo Tropical Fiesta.</p> <p>Dress: Tropical Casual Evening</p> <p>Nueva Latina Tropical Buffet—A Latin inspired menu</p> <ul style="list-style-type: none"> <li>Chicken Tortilla Soup</li> <li>Southwest Salad</li> <li>Southwestern Succotash</li> <li>Fajita Chicken Quesadillas</li> <li>Ropa Vieja Soft Taco Station</li> <li>Char-Grilled Marinated Skirt Steak Chimichurri</li> <li>Frijoles Borrachos</li> <li>Chipotle Guava Tomato Rice Roasted Squash</li> <li>Churros   Chocolate, Honey Tres Leches Cake</li> </ul>	\$125 per person x _____ Includes 24% gratuity and fees.	= _____
Wed	<p><b>Wednesday Lunch-Choice of:</b></p> <p><b>Sliced Roast Beef on Marble Rye</b>—Aged Cheddar, Tomato, Horseradish Mayo</p> <p><b>Or Turkey Club Wrap</b>—Sliced Roasted Turkey, Lettuce, Tomato, Hardwood Smoked Bacon, Mayo</p> <p><b>Or Greek Salad Wrap</b>—Greens, Cucumber, Tomato, Onion, Feta, Olives, Potato, Tzatziki</p> <p><b>All Lunches come with:</b> Coleslaw-Individual Bag of Potato Chips-Seasonal Hand Picked Whole Fruit-Freshly Baked Chocolate Chip Cookie-Condiments</p> <p><b>Bottled Water- Assorted Soft Drinks</b></p>	\$45 per person x _____ Includes 24% gratuity and fees.	= _____
Wed Night	<p><b>FREA's 70th Anniversary—Puttin' on the Ritz. Share an elegant celebration with friends. Dance to the sounds of</b></p> <p><b>Dress: Platinum and Black to Shine!</b></p> <ul style="list-style-type: none"> <li>French Onion Soup</li> <li>Crisp Caesar Salad</li> <li>Marinated Vegetable Display</li> <li>Oven Roasted Steakhouse Asparagus</li> <li>Fire-Grilled Sliced Sirloin</li> <li>Pan-Roasted Atlantic Salmon Filets</li> <li>Grilled Marinated Bone-In Pork Chop</li> <li>Baked Potato Bar</li> <li>Artisanal Rolls   Butter</li> <li>Cheesecake   Fresh Fruit Compote</li> <li>Triple Chocolate Cake   Fresh Whipped Cream, Strawberries</li> </ul>	\$135 per person x _____ Includes 24% gratuity and fees.	= _____
<b>Total—Meals, Registration</b>			
<b>Total—Accommodations</b>			
Credit Card # _____	exp. _____	cvc code: _____	Check# _____
			<b>Grand Total</b>



# Meeting Rooms, Main Lobby, Hotel Restaurants and Shops







## About Saddlebrook Resort

The award-winning, 480-acre Saddlebrook Resort has made a name for itself as a premier meeting and vacation destination, as well as one of the nation's preeminent athletic training facilities. Purposely planned as a car-free Walking Village, the resort setting allows guests to easily walk everywhere, surrounded by lagoons and cypress trees. Families and groups visiting our upscale hotel near Tampa, Florida, may choose from 495 rooms and suites with a total of 800 bedrooms, clustered around nine serene courtyards complete with gardens, stone benches, stone paver walkways and native Florida landscaping. Exceptional restaurants and lounges, two golf courses, multiple tennis and pickleball courts and more complete our offerings.



## FREA 70th Anniversary

### Commemorative Convention T-Shirts Available Soon!

After many years of being talked about, thanks to Bob Stephens and Sharon Ozburn of North Pinellas CREA, we are offering an FREA Commemorative t-shirt. This shirt will be available to all members, regardless of whether you attend Convention or not. Ordering will be done online through a special FREA page linked to the vendor website-available in the next week.

The shirts will be available in a cotton blend or a dri-fit performance fabric, and will cost between \$15.00 - \$20.00 depending on size..

Here is the design and the shirt colors are Ocean Blue, Mint, and White—the letters will be filled with the shirt color. Images will be on website.





## FREA 2024 Convention Timeline

There will be small tweaks in the times, but the events will stay in the same order.

Details and exact times to be published May 1 in the Convention Program – online

### Monday, May 13

12:00 - 6:00	Registration
12:00 - 5:00	Trustees Meeting
3:00 - 4:00	Benefits Committee meeting
4:30 - 5:30	Executive Committee meeting
6:30 - 9:30	FREA Board of Directors Dinner Meeting

### Tuesday, May 14

8:00 - 4:00	Registration
9:00 - 12:00	Board of Directors Meeting
11:30 - 1:00	Past Presidents Council Lunch Meeting
1:00 - 3:30	Opening General Session 1 <ul style="list-style-type: none"> <li>• 1:45—Keynote Speaker</li> </ul>
3:30-3:45	Adjourn Session—Break
3:35—4:00	District Meetings
5:00-6:30	Team Activity-Welcome Reception
6:30 - 9:30	Tropical Southern Nights—Dinner and Dancing

### Wednesday, May 15

Breakfast on your own

9:00 - 10:00	General Session 2
10:00 - 11:25	Break-out Sessions
11:25-11:35	Break
11:35	General Session Resumes <ul style="list-style-type: none"> <li>• 5th Grade Essay Award</li> <li>• Volunteer Awards</li> </ul>
11:55 - 1:15	Lunch al Fresco
1:20 - 2:00	Memorial Service—Doors close at 1:20 PM-no admittance after that time.
2:00 - 2:15	Break
2:15 - 2:45	District Director, Unit President, Unit V-P training
4:00 - 6:30	Group photos
5:30 - 6:30	Evening Reception
6:30 - 9:30	FREA 70th Anniversary Celebration—Dinner and Dancing

### Thursday, May 16

Breakfast on your own

8:45 - 9:15	Closing Session <ul style="list-style-type: none"> <li>• Installation of Officers</li> </ul>
9:15-10:00	<ul style="list-style-type: none"> <li>• Awards</li> <li>• Prizes</li> <li>• FREF Extravaganza Drawing</li> <li>• Closing Remarks—Adjournment</li> </ul>