

2023 FREA Wednesday Educational Webinar Series – 1:00 p.m./ Noon CST

Month	AMBA Topic	Description	Registration Link
February 22 nd Noon/1 p.m.	Long Term Care 101	Explore the myths and realities of what is covered when it comes to Long Term Care. Does Medicare cover anything? What about my major medical plan? Are there any options? Do I even need it? Join us to find out all the answers as we break down what Long Term Care is and how it impacts generations of your family.	https://ambabenefits.zoom.us/webinar/register/WN_vyYIrqTpSQOghfYtze323A
March 1st Noon/ 1 p.m.	Long Term Care 201	We'll recap highlights of LTC 101 and explore challenges families face today with finding the money, time, and resources to care for loved ones when they need it the most. We'll also take a look at potential alternatives to the Long Term Care issue.	https://ambabenefits.zoom.us/webinar/register/WN_nneS23I_SzK3GnAHQfKxEg
April 5 th Noon/1 p.m.	Getting to Know Your Dental and Vision Benefits	Oral hygiene is one key to your overall good health. FREA offers comprehensive dental and vision plans for members to replace coverage lost at retirement. Join us to learn about the coverage, networks, and the rewards program that is like no other plan in America. This is FREA's most popular member benefit – come find out why.	https://ambabenefits.zoom.us/webinar/register/WN_mCLRDEr8RtCMpsd1WYbJhw
April 20 th 10:00 a.m. EST/9 CST	Fraud Watch Avoiding Senior Scams	Seems everywhere we turn, there's a new scam waiting to be played on retirees. Knowing how to identify them and what to do before you think you're getting involved is an important part of avoiding the mess that comes with fraud. Bob Busch from AARP will be joining us to share the latest on how to keep you and your money safe	https://ambabenefits.zoom.us/webinar/register/WN_J6yRQyZVTRStwgDwRm5GmA
May 3rd Noon/1 p.m.	The Basics of Medicare	How do I make sense of this Medicare Alphabet Soup? What does A&B have to do with F, D, H, G, and N? When do I sign up and what is covered? You might be surprised at what's not covered with Medicare. Join us to get a good, basic overview of Medicare so that you can make the informed decisions whether you are already on Medicare or soon will be.	https://ambabenefits.zoom.us/webinar/register/WN_XhdcmgouR7-wkIDJiO3fZg
June 7 th Noon/1 p.m.	Protecting Your Nest Egg	You've worked hard all of your career and now you have a pension and a nest egg to protect. In this webinar, we'll explore what a nest egg is, what the top 5 threats are to your retirement nest egg, and some possible solutions to keep you resting easy when it comes to your financial future.	https://ambabenefits.zoom.us/webinar/register/WN_F8-cKOBvTma-SaC6sRFN-Q

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July 26th Noon/1 p.m.	Emergency Transportation issues in Florida	Unregulated ground and air ambulance services continue to cost Florida residents millions of dollars each year for emergency transportation. Insurance and Medicare pay only a portion of the cost. What can you do to make sure an ambulance or helicopter ride doesn't eat up your savings? Join and find out!	https://ambabenefits.zoom.us/webinar/register/WN_DPAiKydIS-W2U2xhUggn-w
August 16th Noon/1 p.m.	All About Long Term Care	Explore the myths and realities of what is covered when it comes to Long Term Care. Does Medicare cover anything? What about my major medical plan? Are there any options? Do I even need it? Join us to find out all the answers as we break down what Long Term Care is and how it impacts generations of your family.	https://ambabenefits.zoom.us/webinar/register/WN_mXjnDhBSImnwXC8PY_IA
September 6th Noon/1 p.m.	Home Fit	An overwhelming majority of us want to live our aging years at home, but only 15% of our homes are fit for safe living as we age. Join us as we explore how to make you home safe from fall risks and other challenges to independent living. We'll discuss financial safety and organization tips too.	https://ambabenefits.zoom.us/webinar/register/WN_GNirn2e2SOyUN8qul5Y6zA
October 4 th at Noon/1 p.m.	The True Cost of a Cancer Diagnosis	The physical toll of a cancer diagnosis is often met with an equally difficult emotional and financial toll. Medicare and most insurance covers a significant portion of the treatment, but studies show that nearly 60% of the total cost of care after the initial treatment is not covered by any form of insurance. Come find out why and what the possible solution is to avoid a significant financial impact to you and your family.	https://ambabenefits.zoom.us/webinar/register/WN_-vgHHJyOQmOPrjubunOh_g
November 1st Noon/1 p.m.	The Basics of Medicare	How do I make sense of this Medicare Alphabet Soup? What does A&B have to do with F, D, H, G, and N? When do I sign up and what is covered? You might be surprised at what's not covered with Medicare. Join us to get a good, basic overview of Medicare so that you can make the informed decisions whether you are already on Medicare or soon will be.	https://ambabenefits.zoom.us/webinar/register/WN_x7PNvKHLQuW-QB5sKo1pkQ
December 6th Noon/1 p.m.	Holiday Discounts for FREA Members	The Holidays are here and whether you're shopping, dining out, or planning travel to a warm weather location, FREA has a way for you to save money. Join us for the latest discounts that are free as part of your FREA membership.	https://ambabenefits.zoom.us/webinar/register/WN_SxekZtTXSHGaGNxP6XylHg