

LPCA
Certified Professional Counselor Supervisor (CPCS) Credential
REQUIRED SUPERVISION TRAINING

Total hours for initial approval: 24

Hours required every 2 years for renewal: 12

REQUIRED CONTENT AREAS:

Foundations of Supervision — 6 hours minimum for initial application

Within this topic area, the following must be addressed in some manner:

Definition and Role of Supervision
The Supervisory Relationship
Supervision Models and Approaches

Examples of potential workshop topics:

Definition and Role of Supervision

Purpose/Importance of Supervision; Qualities of a Good Supervisor; Understanding the Supervisory Cycle: Exploring, Comprehending, Integrating; Use of Peer Supervision; Differences in Pre- and Post-Licensure Supervision

The Supervisory Relationship

Comparisons to Therapeutic Relationship: Similarities & Differences; Power Issues; Multicultural Issues; Interpersonal Process Focus: Transference & Countertransference; Recognizing & Responding to Resistance; Models for Constructive Criticism and Self-Assessment

Supervision Models and Approaches

Developmental Models; Integrated Models; Client-centered Models; Therapist-centered Models; Supervisee-centered Models; Orientation Specific Models; Social Role Models

Methods of Supervision — 6 hours minimum for initial application

Within this topic area, the following must be addressed in some manner:

Structure of Supervision
Supervision Techniques
Evaluation of Supervisees

Examples of potential workshop topics:

Structure of Supervision

Clarifying Areas of Knowledge/Competence; Qualifying Candidates; Providing Informed Consent; Establishing the Supervision Contract and Plan for Directed Experience

Supervision Techniques

Managing the Supervision Session; Reviewing the Work of the Supervisee (audio tape, videotape, live observation); Role of Session Dynamics; Being Aware of Parallel Process and Supervisor Countertransference

Evaluation of Supervisees

Purpose; Methods; Issues; Criteria; Conditions; Feedback vs. Criticism; Two-way Feedback; Dealing with Supervisee Deficiencies; Ethical Guidelines and Obligations

Legal and Ethical Issues in Supervision — 6 hours minimum for initial application and 3 hours minimum in subsequent renewals

Within this topic area, the following must be addressed in some manner:

Licensure/Certification Requirements
Ethical Issues in Counseling and Supervision
Legal Issues in Counseling and Supervision

Examples of potential workshop topics:

Licensure/Certification Requirements

Role of Composite Board; LAPC Requirements; LPC Requirements; Role of LPCA and Supervisor Registry; Registered Supervisor Requirements; Determining one's Expertise and its Limitations; Recordkeeping and Documentation.

Ethical Issues in Counseling and Supervision

Applicable Codes: AMHCA, NBCC, ACES, ACA, Composite Board; Principles in Ethical Decision Making; Acknowledgement of Power Differentials; Exploration of Dual Roles and Changing Roles

Legal Issues in Counseling and Supervision

Available Resources; HIPAA; Vicarious Liability; Malpractice; Confidentiality vs. Privilege; Duty to Warn/Protect; Due Process; Use of Legal Advice; Remedial/Sanctioned Supervision

Specialized/Advanced Techniques in Supervision—no required hours in this category, but hours may be included from this category if other required content areas are covered

Examples of potential workshop topics:

Developing a Personal Supervision Style/Approach

Comfort-level Factors; Choice of Focus as Indicator; Respect for Differences; Self-Disclosure; Use of Humor; Developing Self-Observation and Self-Reflection/Assessment Skills

Self-care and Supervision of Supervision

Phases of Supervisory Development; When to Accept/Decline a Supervisee; Therapy for the Therapist?

Group Supervision

How to Lead Effective Supervision Groups; Clarity of Purpose vs. Individual Supervision; Screening Potential Members; Group Dynamics; Power Issues; Levels of Process vs. Content; General vs. Topic-specific Groups

Future Challenges and Opportunities in Supervision

Distance Supervision (on-line correspondence, on-line interactive); Supervision with/by/for Contractors