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**BHN’s Behavioral Health Urgent Care Centers Offer**

**Expanded Access to Care and Treatment**

***Urgent Care and WellBeing Centers in Agawam, Holyoke, Ware, Springfield, and Westfield Offer Extended Weekday and Weekend Hours***

**Agawam, Holyoke, Ware, Springfield, Westfield—** Behavioral Health Network, Inc. (BHN) is working to raise awareness of the availability of timely access to mental health and substance use support at its BHN WellBeing Community Behavioral Health Centers (CBHCs) and Behavioral Health Urgent Care (BHUC) centers, with the offering of extended weekday and weekend hours across multiple locations in Agawam, Holyoke, Ware, Springfield and Westfield.

BHN WellBeing Community Behavioral Health Centers in Springfield (395 and 417 Liberty Street) and Westfield (77 Mill Street), along with its Behavioral Health Urgent Care Centers in Agawam, Ware, and two locations in Holyoke, provide in-person and telehealth services with evening hours during the week. Saturday hours are available at most locations on a rotating basis, and the Springfield and Westfield CBHCs are also open on Sundays—helping to meet the needs of individuals and families across the region.

The centers are designed to support individuals experiencing changes in thoughts, feelings, or behaviors that may be causing distress and require timely attention. Whether someone is navigating a mental health challenge or a substance use concern, BHN provides a welcoming space for evaluation and support. No referral is needed, and many symptoms that may not feel “urgent” still qualify for care.

Services include same or next-day evaluations, psychopharmacology and addiction medication appointments within 72 hours, and follow-up appointments within 14 calendar days. Individuals experiencing emergency symptoms with immediate risk of harm to themselves or others should call the state crisis line at 988 or BHN emergency services at (413) 301-WELL (9355).

Routine and urgent care hours and locations are as follows:

* **BHN WellBeing Centers** (395 and 417 Liberty Street, Springfield and 77 Mill Street, Westfield): Monday - Friday, 8am - 8pm; and Saturday and Sunday, 9am - 5pm.
* **Agawam Counseling Center** (30 Southwick Street, Feeding Hills): Monday - Friday, 8am - 8pm, Saturday (2nd and 4th each month), 9am - 1pm
* **City Clinic** (230 Maple Street, Holyoke): Monday - Friday, 8am - 6pm, Saturday (1st & 3rd each month), 8am – 12:00 pm
* **Mt. Tom Center** (40 Bobola Road, Holyoke): Monday - Friday, 8am - 8pm, Saturday (2nd & 4th each month), 9am-1pm
* **Valley Human Services** (96 South Street, Ware): Monday - Friday, 8am - 8pm, Saturday (1st & 2nd each month), 9am-1pm

BHN also offers 24/7, 365 days per year crisis support at (413) 301-WELL (9355). For more information about BHN’s urgent care and crisis services, go to [bhninc.org/wellbeing](http://www.bhninc.org/wellbeing) .

**About BHN:** BHN has been providing behavioral health services to children and families in Western Massachusetts since 1938. The agency provides community-based services that include innovative, integrated whole-health models as well as traditional clinical and outpatient and therapeutic services, day treatment, addiction services, crisis intervention and residential supports.

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