[date]

Dear [Mr./Mrs./Ms. full name],

Like many Canadians, I am very disappointed in the increasingly toxic and unprofessional tone and conduct of politics in [Canada/province], both within and outside of the [House of Commons/Legislative Assembly/House of Assembly/National Assembly].

While politicians of all backgrounds and identities are facing growing aggression, women—particularly Indigenous, 2SLGBTQ+, and racialized women—are more frequently subjected to identity-focused attacks. These attacks are often graphic in sexuality, gender, and race-based insults and target physical appearances. In addition to negatively impacting individuals’ wellbeing, this violence also sends a message that women are not welcome in political spaces. When women are deterred from engaging in politics, we all lose.

Social media, with its anonymity and tendency to polarize and misinform, has no doubt contributed greatly to this problem, and improved regulation is thus needed. However, the responsibility to act also lies with politicians themselves, especially the [Speaker of the House of Commons/Speaker of the Legislative Assembly/Speaker of the House of Assembly/President of the National Assembly] and leaders of political parties.

I am writing today to ask you and your colleagues to take public stands against violence and harassment in politics. I urge you to do your part to ensure political debate is conducted civilly and respectfully, without personal attacks. *\*Members of Parliament ONLY\** [ I also encourage you to sign and share the Canadian Association of Feminist Parliamentarians’ [pledge](https://mariannemeedward.ca/wp-content/uploads/2024/06/2024-06-19-CAFP-Letter-parliamentary-pledge-against-harassment-lettre-ACPF-Engagement-parlementaire-contre-harcelement.pdf) against harassment in politics, if you have not yet done so. ]

*\*Delete first part of sentence if non-applicable\** [ With an election coming soon, ] the Canadian public is counting on you to set a positive example by upholding the highest standards of conduct and supporting women in politics. The future strength of our democracy and the achievement of equal political participation depend on it.

Thank you for your consideration.

Yours sincerely,

[Name]