



CHAMBER CHATTER

MAY 2022

NEWSLETTER



JOB & CAREER FAIR

MAY 20, 2022 | 12 PM - 5 PM

TOMAH HIGH SCHOOL | 901 LINCOLN AVE

Get to know more than 50 companies and reach your goals!

\$50 CHAMBER MEMBERS | \$75 NON-MEMBERS

REGISTRATION DEADLINE: MAY 16

REGISTER A BOOTH: bit.ly/thscareerfair22



Support Local



SHOP LOCAL



SMALL BUSINESS

Week
MAY 1-7

Where would we be without our small businesses?

Be sure to let your favorite small business know how much you appreciate them during this week for Small Business Week!

CONNECT WITH THE CHAMBER



Happy Chamber-versary!

APRIL 2022 MEMBER RENEWALS

The businesses and organizations below represent 349 years of membership with the Chamber.

Thank you for your trust in our work and partnering with us to strengthen our community.

3rd Gen LLC, 3 years	Murray's On Main, 3 years
AMVETS MURPHY POST 2180 NECEDAH/TOMAH, 2 years	Neighbor For Neighbor, Inc., 11 years
Band Box Cleaners & Laundry, 43 years	Our Town Tomah Beautification, 6 years
BP Smokehouse, 7 years	Patty Ambort, 5 years
Coldwell Banker River Valley, REALTORS, 11 years	Spectrum Insurance Group LLC, 9 years
Cranberry Corners Rental Management, LLC, 13 years	THE LOT, 1 year
Edward Jones - Jeremy Haun, Financial Advisor, CFP®, 9 years	The Trophy Place Inc., 9 years
Elbow Room, 42 years	Tomah Area Historical Society & Museum, 23 years
Flock's Heating & Air Conditioning, Inc., 5 years	Tomah Nursing & Rehabilitation Center, 10 years
Friends of Necedah National Wildlife Refuge, 13 years	Tomah Veterinary Clinic, SC, 8 years
Great Rivers United Way, 7 years	Tomah Youth Soccer Association, 12 years
Gundersen Tomah Clinic, 43 years	USEMCO, Inc., 4 years
Kindness Community Inc., 1 year	Vrana Mini Storage, 7 years
La Crosse Loggers Baseball, 10 years	Wetherby Cranberry Company, 24 years
Monroe County Republican Party, 5 years	Windy Ridge Care, 3 years

Chamber membership is open to all area businesses and organizations who want to promote their business, increase their visibility, strengthen our community, or simply just to support our scope of work.

Opportunities Await...Join Us!

Your Leadership Team

Our Chamber and CVB Boards are comprised of community members who are nominated and voted to serve and support the Tomah Chamber & Visitors Center organization.

CHAMBER BOARD

BOARD OFFICERS

Chair: Chris Keene, Keene's Transfer

Past Chair: Jeremy Haldeman, American Family Insurance

Secretary/Treasurer: Terrie Gaarder, CliftonLarsonAllen, LLP

Director: Latisha Walker, RIA Federal Credit Union

BOARD OF DIRECTORS

Martha Klatt, Ameriprise/Carlson Advisors

Brad Rahmlow, Bank First

Carie Ann Moake, Cardinal IG

Jeremy Haun, Edward Jones

Isaac Wissestad, V.I.P. Realty

EX OFFICIO

Kirk Arity, City of Tomah

Tonya Townsell, Fort McCoy

Dr. Mike Hanson, Tomah Area School District

Karen Long, VA Medical Center

Nichole Purvis, Western Technical College - Tomah

CVB BOARD

Lisa Scheitler, Antique/Cranberry Country Mall

Joe Protz, City of Tomah

Ruth Stump, Hampton Inn Tomah

Matt Markin, Microtel Inn & Suites

Dave Kuehl, Monroe County Agriculture Society

Latisha Walker, RIA Federal Credit Union

Tyson Koput, Taphouse Twenty

CHAMBER STAFF

Tina Thompson, President/CEO

Megan Divyak, Membership & Marketing Manager

Berta Downs, Tourism & Marketing Support





Headshot Event

MAY 3, 2022

Have you been meaning to update your professional Headshot?! Here's your chance!

Refresh your photo with a quick session with Pichette Photography.

\$40 MEMBERS • \$50 NON-MEMBERS

INDOOR SESSION • Pichette Photography Studio • 10AM-2PM

REGISTER HERE: bit.ly/indoorheadshot

OUTDOOR SESSION • Downtown Tomah • 6:30PM-7:30PM

REGISTER HERE: bit.ly/outdoorheadshot



*Register soon,
spots are limited!*



CHAMBER EVENTS



JOB & CAREER FAIR

MAY 20, 2022 | 12 PM - 5 PM

TOMAH HIGH SCHOOL | 901 LINCOLN AVE

Students Only: 12 pm-3:20 pm | Open to the Public: 3:30 pm-5 pm
Student/Parent Power Hour: 3:30 pm-4:30 pm

STUDENTS

Gain valuable knowledge of what employers are looking for in candidates.

Apply for summer, afterschool, and post graduation positions.

Learn about the opportunities available for high wage, high demand positions.

Gain knowledge about a career field or pathway.

Students are encouraged to:

- Ask questions about what it is like to work in career fields of interest.
- Dress for success.
- Bring copies of your resume!

BUSINESSES

Accept applications and resumes onsite to fill immediate vacancies.

Build your talent pipeline by making valuable connections with youth.

Showcase the scope of services your business offers and what day-to-day operations entail.

Connect face to face with prospective employees; sometimes you don't get the whole picture with just a resume.

Learn about employer resources available through various workforce agencies.

Businesses are encouraged to:

- Register as soon as possible to get the maximum exposure for your organization.
- Promote your participation in the event on your website, your Facebook page, and within your business
- Bring equipment or tools to demonstrate what you do in your business.

JOB SEEKERS

Meet hiring representatives in person.

List of businesses attending will be outlined on the Facebook Event.

Resume reviews and job search assistance.

Mobile computer lab will be available to apply right away onsite.

Job Seekers are encouraged to:

- Research employers before the event.
- Dress for success.
- Bring copies of your resume!

INTERESTED IN HOSTING A BOOTH?

\$50 CHAMBER MEMBERS | \$75 NON-MEMBERS

REGISTRATION DEADLINE: MAY 16

REGISTER A BOOTH: bit.ly/thscareerfair22



CHAMBER EVENTS

Rockin' THESE DATES IN 2022

Free Admission • 6PM - 9PM • Family Friendly



JUNE 30 IVORY
JULY 7 HILLBILLY ROCKSTARZ
JULY 14 SUPER TUESDAY
JULY 21 SOCA JUKEBOX
AUG 4 NATHAN DEAN & THE DAMN BAND
AUG 11 CHERRY PIE

Food Vendors, Beer Booth, & Kid Zone!



800 & 900 BLOCKS OF SUPERIOR AVE, TOMAH

608.372.2166 | DOWNTOWNTHURSDAYNIGHTS.COM

ACCESS SPONSORSHIP FORM HERE

BUSINESS AFTER

5

Wednesday

July 27th

Join the Tomah & Sparta Chambers for

FUN, FOOD, DRINKS, & NETWORKING

Under the BIG tent!



5PM AT THE FAIRGROUNDS IN TOMAH

BA5 SPONSORSHIP OPPORTUNITIES (at Monroe County Fair)

- Event Sponsor \$200 (unlimited)
 - Door Prize Sponsor
 - Check Included
 - Send Invoice
- Business Name: _____
Contact Name: _____
Phone Number: _____
Email: _____

Sponsors will be recognized on all print/online promotional materials



Exclusive Chamber Member Benefit

Has it been awhile since you reviewed your 401(k) Plan with your employees?

Or are you looking for ways to save money and offer valuable retirement benefits?



The Tomah Chamber & Visitors Center is excited to announce a new 401(k) Program we are now offering, exclusively to Chamber Members.

We are partnering with Ameriprise Financial - Carlson Advisors to administer the Multiple Employer Aggregation Program (MEAP).

If you think your business can't afford a 401(k) Plan, consider the advantages of joining a MEAP.



Carlson Advisors

A financial advisory practice of
Ameriprise Financial Services, Inc.

Contact Rick Carlson or Martha Klatt, Financial Advisors at Ameriprise Financial, to help decide if joining a MEAP is right for you!

For more information, contact Rick or Martha at 608-372-9444.



Chamber Member Job Postings

Are You Hiring?

Chamber Members can Submit Job Openings Anytime!

Are you Looking for Something New?

Check out Member Job Listings on our Website [HERE](#).

New Opportunities Posted Weekly!



Did You Know?

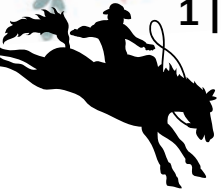
May is Mental Health Awareness Month

In honor of May being Mental Health Awareness Month, the Monroe County Mental Health Coalition invites everyone to join in its 2nd annual “Mindful Movement for Mental Wellness” event happening virtually, the entire month of May. It is an opportunity to combine mindfulness with activities you enjoy doing, be it walking, running, cycling, stretching, yoga, meditating, or a multitude of other things.

Register for the free Virtual event [HERE](#)!



MAY EVENTS



1 | Rodeo - Tomah High School Regional Rodeo Association

9 am | Recreation Park, 1625 Butts Ave., Tomah

It's the last day of the Rodeo! Come out to support the Junior High and High School contestants - watch them rope and ride! Make your way to the 4H Arena at Recreation Park. View more information [HERE](#).

3 | Headshot Event - Tomah Chamber & Visitors Center

Times Vary | Locations Vary, Tomah

Get your headshot updated by Pichette Photography! Indoor or Outdoor sessions are available. Or get a group shot! For more information and to register, view on Facebook [HERE](#).

3 | Second Harvest Food Pantry

4 pm | Recreation Park, 1625 Butts Ave., Tomah

Always the first Tuesday of the month. Pick-up items in the Gold Building at Recreation Park. Volunteers are always welcome to help with food distribution. If interested in volunteering, contact Darold at 262-470-1714.



5 | Spring Salad Luncheon - First United Methodist Church

11 am - 1 pm | 1105 Butts Ave., Tomah

The annual Luncheon will include 5 salads, a roll, dessert, and a drink for \$10. Dine in, carry-out, or deliveries. For more information or to schedule a delivery order, contact the Church office at 608-372-4543. View more information on Facebook [HERE](#).



5 | Papa Murphy's Fundraiser - Feed My Starving Children

3 pm - 6 pm | 1825 N. Superior Ave., Tomah

Help make a difference! Papa Murphy's will donate 30% of ALL SALES to the Tomah Area MobilePack for Feed My Starving Children. Tip Jars will also be available. The MobilePack is July 8th and 9th at the Fairgrounds in Tomah.

5 | Open House - Ever Fit, LLC - Women's Health Club

3 pm - 7 pm | 625 E. Clifton St., Tomah

Women - prioritize your health this Mother's Day! Ever Fit is running a Mother's Day Sale through May 13th. Gift certificates are available and are great gift ideas for mom, wife, sister, or a friend. Their Open House event would serve as a great opportunity to tour their Club. Get a free gift, just for stopping by! View more information on Facebook [HERE](#).

5 | Spirit Derby - Tomah Rotary Club

5 pm - 8 pm | Taphouse Twenty, 201 Helen Walton Dr., Suite 1, Tomah

Celebrate Cinco de Mayo at the Spirit Derby! Your \$20 ticket will include samples of bourbon and tequila, appetizers, door prizes, and games! Proceeds will benefit Tomah and Warrens 4th of July firework shows. View more information on Facebook [HERE](#).

5 | Grown-Up Movie Night - Tomah Public Library

5:30 pm - 8 pm | 716 Superior Ave., Tomah

The featured movie for Grown-Up Movie Night will be "Dune." Free admission and free popcorn! Must be age 18 and older. View more information on their website [HERE](#).



6 | Friday Night Fish Fry - Tomah American Legion

5 pm until gone | 800 Wisconsin Ave., Tomah

It's the final fish fry for the season! Dine-in or carryout! Call ahead for carryout at 608-372-6028. Adults: \$11; VA In-Patients: \$10; children (under 10) & 1st responders: \$7.

MAY EVENTS

6-7 | Job Fair - Jellystone Park Warrens

9 am - 5 pm | 1500 Jellystone Park Dr., Warrens

Looking for a fun, summer job? Stop by the campground to learn more about open positions and fill out an application. Apply in-person or online at [greatescapesrvresorts.com/careers/](https://www.greatescapesrvresorts.com/careers/). View more about open positions and event details on Facebook [HERE](#) or call 608-372-5499.

6-7 | Spring Garage Sale - Chasing Daylight Animal Shelter (CDAS)

Hours Vary | Handishop Industries, 1411 N. Superior Ave., Tomah

Your donations and shopping will help support the dogs and cats of CDAS! Donations may be dropped off starting Monday, May 2nd at HandiShop Industries. Sales will take place May 6th, 8 am - 4 pm and May 7th, 8 am - 12 pm. View more information on Facebook [HERE](#).



7 | Spring Craft and Yard Sale - Tomah American Legion

8 am - 4 pm | 800 Wisconsin Ave., Tomah

The Tomah Legion will be offering spaces to the public to rent during the annual Tomah City-Wide Rummage Sales. Outside or indoor spaces are available. View more information on the Legion's website [HERE](#).

7 | Garage & Brat Sale - Tomah Area Historical Society & Museum

10 am - 2 pm | 123 Superior Ave., Tomah

Drop off items you no longer use or need to help support the Museum. Then make plans to shop and get yourself a brat meal!



11 | Culver's Tip Night - Feed My Starving Children

5 pm - 8 pm | 147 Wittig Rd., Tomah

Supporting Feed My Starving Children! Culver's will donate 5% of ALL SALES to the Tomah Area MobilePack for Feed My Starving Children. Tip Jars will also be available.

12 | Ribbon Cutting & Open House - Advantage Realty, LLC

12 pm | Heartland Cranberry Mall, 201 Helen Walton Dr., Tomah

We are excited to officially welcome a new business to Tomah and our Chamber community! You are invited to attend the traditional Ribbon Cutting for [Advantage Realty](#) on May 12th at noon, located in the Heartland Cranberry Mall. Please join us in welcoming David Germann to the Tomah business community during their Open House from 11 am - 2 pm.

12 | History of the Tomah Indian Industrial School Program - Monroe County Local History Room & Museum

7 pm | 200 W. Main St., Sparta

Learn about the history of the Tomah Indian Industrial School as well as the motives for and consequences of the Indian Boarding School system from local historians and authors Kevin and Patsy Alderson. A \$1 admission donation is appreciated to help defray programming costs. For more info call 608-269-8680 or view more in Facebook [HERE](#).

MAY EVENTS

13 | Ribbon Cutting & Grand Opening - Our Town Tomah Assisted Living

12 pm | 1330 N. Superior Ave., Tomah

You are invited to attend the traditional ribbon cutting for [Our Town Tomah Assisted Living](#) on May 13th at Noon, located in the former Gundersen Medical Clinic Building. The Grand Opening will follow, until 2 pm. Please join us in welcoming them to our community and check out their newly renovated, state of the art, assisted living and memory care facility!

12-15 | Marrying Walt - Tomah Area Community Theatre

Show Times Vary | 907 Kilbourn Ave., Tomah

You will love this gentle romantic comedy about Mary and Walt, both in their 60s, living in Florida. Their kids come to visit and there's this little secret the parents are trying to fix. Show times on May 12th - 14th are at 7 pm and May 14th and 15th at 1 pm. Contact the Theatre for tickets at 608-374-7469 or online at tomahact.com.



14 | Tractor Pull - Camp Douglas Armed Forces Days

2 pm | Nelson Park, Oakdale Rd., Camp Douglas

It's the annual tractor pull! Food and drinks will be available, as well as bounce houses for the kids! View more information on Facebook [HERE](#).

14 | Judge Tom Flock Presentation - Tomah Area Historical Society & Museum

1 pm | 321 Superior Ave., Tomah

Judge Flock will talk about his life story and experiences in Vietnam, Tomah VA Medical Center, and the Tomah City Government as Fire Chief and Municipal Judge. He will also be taking questions about the new municipal building plans on N. Glendale in Tomah.

14 | Live Music - Vino Anjo

5 pm - 6 pm | 800 Superior Ave., Tomah

Come down and enjoy wine and music from Scott Wilcox! View more information [HERE](#).

19 | Grown-Up Movie Night - Tomah Public Library

5:30 pm - 8:30 pm | 716 Superior Ave., Tomah

The featured movie for Grown-Up Movie Night will be "No Time to Die." Free admission and free popcorn! Must be age 18 and older. View more information on their website [HERE](#).

19-20 | Rummage Sale - Lighthouse Assembly of God

8 am - 5 pm | 762 W. Clifton St., Tomah

Donate items or shop the sales! Proceeds will benefit their M-Pact Groups! View more information on Facebook [HERE](#).

19-22 | Marrying Walt - Tomah Area Community Theatre

Show Times Vary | 907 Kilbourn Ave., Tomah

You will love this gentle romantic comedy about Mary and Walt, both in their 60s, living in Florida. Their kids come to visit and there's this little secret the parents are trying to fix. Show times on May 19th and 20th at 7 pm and May 22nd at 1 pm. Contact the Theatre for tickets at 608-374-7469 or online at tomahact.com.



20-21 | Concerts - Camp Douglas Armed Forces Days

Times Vary | 200-300 Main St., Camp Douglas

May 20th at 6 pm kicks off with The Oak Ridge Boys, followed by Kip Moore on May 21st at 3 pm! You don't want to miss out! Get your tickets at campdouglaswi.com.

MAY EVENTS

20 | 14th Annual "Non-Event" Gala - Tomah Health Community Foundation

All donations support the annual scholarship program. Donate **by May 20th** to support students and future healthcare professionals! View more information [HERE](#).

20 | Job & Career Fair - Tomah Chamber & Visitors Center

12 pm - 5 pm | Tomah High School, 901 Lincoln Ave., Tomah

A great opportunity for businesses, students, and job seekers! Register your business booth **by May 16th** at bit.ly/thscareerfair22.

21 | Armed Forces Day Open House - Fort McCoy

9 am - 3 pm | Fort McCoy

The event is open to the public and will feature military equipment, information displays, and historical artifacts. Free admission and parking. View more information on Facebook [HERE](#).

24-25 | Blood Drive - Tomah Health

12 pm - 5 pm | Recreation Park, 1625 Butts Ave., Tomah

Save a life by donating blood. Tomah Health and Versiti Blood Center of Wisconsin are joining forces to meet area blood needs by holding a two-day Blood Drive from Noon - 5 pm. Join the cause and donate blood to help our community. To register for a donation time, visit the Tomah Health website at tomahhealth.org.

25 | Planting Day and Brat Sale - Our Town Tomah Beautification

9 am | Gillette Park, 110 E. Council St., Tomah

Help plant flowers around Tomah! Lunch will be provided for all volunteers. The brat sale will take place at the Comfort Station, next to Gillett Park, starting at 11 am. All proceeds go towards the beautification of Tomah!

27-29 | White Clover Drive - AMVETS Murphy Post 2180 Necedah/Tomah

9 am - 4 pm | Walmart, 222 W. Mccoy Blvd., Tomah

Come support the AMVETS! Proceeds from the White Clover Fundraiser help the homeless, Veterans, and the Tomah VA Medical Center programs. If you are unable to make it to Walmart on May 27th - 29th, and wish to make a monetary donation, view [HERE](#) for more information..

28 | Memorial Day Weekend Car Show - Tomah American Legion

8 am - 3 pm | Winnebago Park - "The Point", Tomah

Get to the Park for the Legion's annual Car Show! Free admission to attend; car entries are \$5. Food and beverages will be available for purchase. For more information, contact Todd Steffel at 608-315-0077 or visit their website [HERE](#).

June

MARK YOUR CALENDARS



MAY EVENTS

RECURRING



Small Business Days - BeMobile

Thru May 4 | 10 am - 8 pm | 222 Buan St., Suite A, Tomah

An opportunity for business owners - get more for your business! Receive a complimentary tech evaluation with trained Verizon Business Experts who can help you get the right 5G plans, devices, and internet for your business. Over \$2,000 in deals! Visit your local team in Tomah!



Distinguished Alumni Nominations - Tomah Area School District (TASD)

June 30 Deadline | 129 W. Clifton St., Tomah

The TASD Distinguished Alumni program was established in 2017, in coordination with Tomah High's 50 year anniversary, to salute the achievements of its alumni whose personal lives, professional achievements, and community service exemplify the objectives of their alma mater. Learn more about the program and how to nominate a distinguished alum [HERE](#), by no later than June 30th. Contact the District Administrator with any questions regarding the program at 608-374-7004.

Food Distribution - Neighbor for Neighbor Food Pantry

Weekly Distribution | Hours Vary | 118 W. Veterans St., Tomah

Monroe County residents - if money is tight and you're struggling to put food on the table, come to the Food Pantry! More information on distribution days/times and total household income guidelines can be found [HERE](#), or contact 608-372-6737.

Arts and Crafts - Craft Time Studio

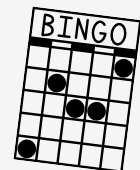
Weekly Classes | 22493 WIS-21, Tomah

Looking to get crafty?! So many options to choose from. View more information on class dates and times on Facebook [HERE](#).

Bingo - Kupper Ratsch Senior Center

Weekly on Mondays, Thursdays, & Fridays | 1 pm | 1002 Superior Ave., Tomah

Who doesn't love bingo!? Only 50 cents a card - come out and play!



Free Pool - The Break Room Sports Bar and Grill

Weekly on Tuesdays | 1123 Superior Ave., Tomah

Free pool every Tuesday! View on Facebook [HERE](#).

Euchre - Kupper Ratsch Senior Center

Weekly on Tuesdays | 1 pm | 1002 Superior Ave., Tomah

Play the "trick-taking" card game each Tuesday - \$2 to play and 10 cents a bump!

MAY EVENTS

RECURRING

Education/Networking Meetings - BNI Cran-Country Referrals

Weekly on Wednesdays | 8 am | Blackberry Hill Adult Family Home, 1116 Superior Ave., Tomah

BNI (Business Network International) has featured speakers each week. They are hosting weekly business education/networking meetings in-person; virtual option is available. Visitors are welcome to participate and attend by accessing the online meeting link [HERE](#); link ID: 978 4656 9031 For questions, contact Wendy Wright at 608-343-3936 or Tabitha Lueneburg at 608-393-6552.

- May 4: Wendy Wright, VP Mortgage Lender - Bank First
- May 11 : Chet Melcher, Regional Director - BNI
- May 18: Podcast: Dr. Ivan Misner, BNI Founder
- May 25: Tabitha Lueneburg, Insurance Agent - AFLAC

Moving Past Trauma - CBD American Shaman

Weekly on Wednesdays | 3 pm | 201 Helen Walton Dr., Suite 6, Tomah

An hour of group healing every Wednesday. Remove the negative and replace it with positive vibes. Learn to master coping skills and tools to promote a healthy mind, body, and soul. FREE SAMPLES of CBD! Call 608-548-5505 to register!



Wellness Wednesdays - Vino Anjo

Weekly on Wednesdays | 6 pm | 800 Superior Ave., Tomah

Every week, get fresh tidbits about wellness! For more information, monitor Vino Anjo's Facebook page [HERE](#) or vinoanjotomah.com.

Karaoke - The Break Room Sports Bar and Grill

Weekly on Wednesdays, Fridays, and Saturdays | 9 pm | 1123 Superior Ave., Tomah

Bring out your best singing voice on Wednesdays, Fridays, or Saturdays! View more information on Facebook [HERE](#).

Addiction Recovery Support Group - Soberize, Inc.

Weekly on Thursdays and Sundays | 5:30 pm | Locations Vary

Making sobriety cool! Their mission is to bring recovery support to the community and hope to the wounded. Open to anyone 18+ struggling with drug/alcohol addiction or any person, family member, or friend interested in learning more. More information on meeting locations and times can be found on their website [HERE](#) or view on Facebook [HERE](#).

DJ Trivia - The Break Room Sports Bar and Grill

Weekly on Thursdays | 7 pm | 1123 Superior Ave., Tomah

Enjoy DJ Trivia on Thursday nights! View more information on Facebook [HERE](#).

Live Music - Kupper Ratsch Senior Center

Weekly on Fridays | 10:15 am - 11:15 am | 1002 Superior Ave., Tomah

All ages are welcome to join in on live music each Friday - free admission too! Follow the Senior Center's Facebook page [HERE](#) for more information on other events!

Races - Tomah-Sparta Speedway

Weekly on Fridays | 7:30 pm | 11215 Flagstaff Rd., Tomah

Enjoy races every Friday night at Your Home Town Race Track! Racing kicks off for the season on Friday, May 6th. View the full 2022 racing schedule [HERE](#).



MAY EVENTS

CLINIC/VACCINE RESOURCES

Healthcare Clinic - St. Clare Health Mission of Monroe County

May 3 & 17 | 5 pm - 6:30 pm | 310 W. Main St., Sparta

St. Clare Health Mission of Monroe County provides free health care for Monroe County residents age 18 years and older who have no health insurance and whose financial status prevents them from seeking medical treatment. The walk-in medical clinics are scheduled for the 1st and 3rd Tuesday evenings of each month. More information can be found [HERE](#).

COVID-19 Vaccinations - Monroe County Health Department

Weekly on Fridays | 8:30 am - 4:30 pm | 315 W. Oak St., Sparta

The Monroe County Health Department (MCHD) is offering appointments for free COVID-19 vaccinations. Pre-registration is preferred. More information on registration and vaccines available can be [HERE](#) or contact 608-269-8666.

Vaccinations - Molter's Fresh Market Pharmacy

Weekly | 8:30 am - 6 pm | 701 East Clifton St., Tomah

A variety of vaccines are available at Molter's Pharmacy: COVID, flu, gardasil, hepatitis B, meningococcal, pneumonia, shingles and tetanus. Call 608-372-4115 to schedule an appointment Monday - Friday from 8:30 am - 6 pm.

EDUCATION/LEARNING OPPORTUNITIES

Trauma-Informed Lunch & Learn Opportunities

Weekly on Thursdays in May | 12 pm - 1 pm | Virtual on Zoom

It's Mental Health Awareness Month! Each Thursday in May, the Monroe County Resilient/Trauma Informed Coalition will be offering Lunch and Learn opportunities for no charge to attend. Register in advance; weekly topics include the following:

- May 5: **Trauma-Informed Care 101** - Register [HERE](#)
- May 12: **Implications for Practice** - Register [HERE](#)
- May 19: **Compassion Fatigue** - Register [HERE](#)
- May 26: **Creating Safe Spaces** - Register [HERE](#)

Mental Health in a Changed World and Workplace - Western Technical College (WTC)

May 10 | 11:30 am - 1 pm | Lunda Center WTC, 333 7th St., N. La Crosse

WTC is pleased to welcome Miss Minnesota 2021, Elle Mark! She is now traveling the state promoting the "5 Healthy Habits of Emotional Well-being." Elle will be joined by Keith Lease, an instructor for WTC's Human Services Associate program, and a respected mental health expert throughout the Coulee Region. In this session, Keith will reinforce Elle's message about emotional well-being and explore the employer's role in supporting their current and future workforce during what is being called, a national mental health crisis. This session is \$35 to attend and includes lunch. Registration and more information can be viewed [HERE](#).

MAY EVENTS

EDUCATION/LEARNING OPPORTUNITIES

Childbirth Education Class - Tomah Health

May 12 | 5:30 pm - 8:30 pm | 501 Gopher Dr., Tomah

The hospital recommended class is for expecting moms and soon-to-be dads, which focuses on a variety of relaxation techniques used during labor and delivery, plus information on newborn care, feeding, parenting, newborn characteristics, and medical treatment options. Masks are required and class size is limited. There is a \$20 charge for the class. Registration is required by calling 608-377-8688.

Forklift Train the Trainer - Western Technical College

May 19 | 8 am - 12 pm | 120 E. Milwaukee St., Tomah

This session will focus on the OSHA forklift regulations 29 CFR 1910.178. It is designed for forklift trainers and individuals desiring to become forklift trainers. It is also recommended for current forklift trainers and operators as an avenue to stay current and up to date. Register or view more information [HERE](#).

3K Registration - Tomah School of Childhood

Month of May | 115 W. Lacrosse St., Tomah

3K Registration is now open for the '22-'23 school year! Space is limited - contact Tomah School of Childhood for a registration packet at 608-372-2969. View more information on their website [HERE](#).



3K & 4K Enrollment - St. Paul Lutheran Preschool

Month of May | 525 Superior Ave., Tomah

St. Paul Lutheran Preschool is now taking enrollment for 3K & 4K. They offer 3, 4, or 5 half or full-day options, which includes a balanced approach to play and academic-based learning. Before and after school care, hot lunch, as well as bussing for children ages 4-5 who live in the Tomah school district are available. Contact 608-372-4542 for more information.



3K - 5th Grade Enrollment - Queen of the Apostles Catholic School

Month of April | 315 W. Monroe St., Tomah

Enrollment for 3K - 5th Grade students is now open! To register, contact Deb Pfab at office@queenoftheapostlestomah.com or 608-372-5765.

4K & 5K Enrollment - Tomah Area School District (TASD)

Month of May | 129 W. Clifton St., Tomah

The TASD welcomes families with children who turn 4 or 5 on or before September 1st to enroll in its 4K and Kindergarten programs! Enrollment opens in February. More information is available [HERE](#). For additional questions, contact the District Registrar at 608-374-7009.



**UNITED
METHODIST
WOMEN**

**Thursday, May 5th, 2022
11 AM to 1 PM**

**Spring
Luncheon**

We will be Serving:

\$10.00
Per Ticket

**5 Salads, Dessert, Roll and Beverage
All for Dine In, Carryout or Deliveries.**

First United Methodist Church

1105 Butts Ave., Tomah, WI

**For more Information or To
Order a Delivery Call The
Church Office at 608/ 372-4543**

Molter's Garden Center

FRESH MARKET

GRAND OPENING

MAY 7th

8 AM - 6 PM

LIVE REMOTE MUSIC WITH



- ANNUALS
- PERENNIALS
- VEGETABLE PLANTS
- SUCCULENTS
- HANGING BASKETS
- TREES
- SHRUBS
- BARK
- SOIL

Drawings 2-\$50 GIFT CERTIFICATES

Weekend Special HANGING BASKETS ONLY \$14.99 EA.

BOGO 1/2 off SUCCULENTS

Greenhouse
GIFT CERTIFICATES
AVAILABLE

KNOWLEDGEABLE STAFF!



**Open
Mother's Day!**

SUPPORT THE TOMAH AREA MONTESSORI SCHOOL BY ENJOYING A BRAT AT THE BARN!



14th Annual

“NON-EVENT” GALA

Supporting students and future healthcare professionals!

There's no date, because there's no event!



This unique fundraiser allows you to support the Tomah Health Community Foundation from the comfort of your home or office.

100% of your donation goes to support our annual scholarship program.

Thanks to your past support, the Tomah Health Foundation has presented over \$75,000 in scholarships to students over the years!



Tomah Health Community Foundation Board of Directors

Pete Reichardt (*president*), Brian Eirschele (*vice president*), Erin Dawley (*secretary*), Deb Welch (*treasurer*), Tonya Gnewikow, Jeremy Haldeman, Jenny McCoy, Dustin Powell, Kelsey Remus



Tomah Health Community Foundation Non-Event

Suggested Donation ... \$100 Couple or \$200 Business

It's Easy...Complete this section & return with your donation payable to the THC Foundation

Name: _____

Address: _____

City / State / Zip Code: _____

Donation Enclosed \$ _____



Thank you!

Return to: Tomah Health Community Foundation - 501 Gopher Dr., Tomah, WI 54660 by May 20

FORT McCOY

Armed Forces Day Open House

9 a.m. - 3 p.m. Saturday, May 21, 2022

- ◆ **Military Equipment and Demonstrations**
- ◆ *Installation Bus Tours*
- ◆ **Simulation Shooting Gallery**
- ◆ *Historic World War II buildings*

...and much more



Free admission and parking.
Located off Hwy. 21
between Sparta and Tomah.
Enter at Gate 15 and follow signs.



Fort McCoy is a federal installation and will continue to enforce DoD guidance and COVID-19 risk mitigation guidelines. Event activities may be adjusted to meet prevention requirements.

For more info, call 608-388-2407 or visit home.army.mil/mccoy.

Follow us on Facebook at www.facebook.com/FtMcCoy to stay up to date.

BLOOD DRIVE

Neighbors Need Neighbors

Donate
Blood

**MAY
24**

noon - 5 p.m.

**MAY
25**

noon - 5 p.m.

Tomah
Recreation Park
1625 Butts Ave, Tomah

TOMAH HEALTH COMMUNITY BLOOD DRIVE

at Recreation Park - 1625 Butts Ave, Tomah

As a member of the Tomah business community, we are asking for employees to consider joining the effort! Encourage your staff to join the cause and donate blood to help our community. Together we can succeed!

**Schedule an appointment
online at TomahHealth.org
or call 877-232-4376**

Versiti is the sole blood supplier to our community hospitals including Tomah Health.



Queen *of the* Apostles

CATHOLIC SCHOOL



3K - 5th Grade
Enrollment OPEN

Partnering with parents to provide
Catholic formation and quality education
that extends beyond the classroom

★ For Registration: ★

please contact Deb Pfab at
office@queenoftheapostlestomah.com

★ or call the school at (608) 372-5765 ★

www.nfnfoodpantry.org

Spring into action Fundraiser



**WE'RE RAISING
FUNDS FOR NEW
COOLERS!**

Did you know that we rescue fresh and frozen food items from truckers looking to donate rejected items?

Our first cooler was purchased in 2005 and it continues to serve us valiantly, but we would love to replace it before it becomes a crisis.

**MAIL YOUR CHECK TO
1118 W VETERANS ST
TOMAH, WI 54660**

OR

OPEN CAMERA | SCAN | DONATE



DONATE TODAY!

FOLLOW US ON FACEBOOK

July 27, Aug 3,
Aug 10, Aug 17



10am - 12pm

Wonderful Wednesdays

FREE



GAMES • ART • PLAY • LEARNING • FUN

● WINNEBAGO PARK . TOMAH ●

Help make Wonderful Wednesdays a FREE community event by becoming a sponsor!
Sponsorships also support local families year round by providing funds for FREE parent support, education programs and diapers.

For more information please contact Kassie Miller at 608-784-8125 or at kassiemiller@theparentingplace.net

www.theparentingplace.net

NEW MEMBERS!



500 E. Veterans St.
Tomah, WI 54660
608-372-1694

Kids and Company Day Care LLC (Kids & Co.) is a licensed Wisconsin Child Care provider in Tomah that has recently reopened its doors! They offer day care services to children in the age range of 6 weeks - 12 years. The Center's hours are 6 am - 5:30 pm.

Do you like to be creative, sing, dance, fingerpaint, and enjoy the outdoors? Consider joining their great team of childcare providers. They are looking to fill full-time, part-time, or substitute positions. If interested, contact Kids & Co. at kidsandco@outlook.com.



1330 N. Superior Ave.
Tomah, WI 54660
608-567-5050
ourtownassistedliving.com



Our Town Tomah Assisted Living will soon open its new state of the art Assisted Living Memory Care Facility. They have renovated the former Gundersen Clinic at 1330 N. Superior Ave. in Tomah.

Their activities will cater to all levels of individual needs and residents will be involved with choice of their care and preferences. Highly trained staff will make sure all residents have the best quality of life. The goal is to make a home-like environment for all residents and their family members.

We look forward to celebrating with Our Town Tomah Assisted Living on Friday, May 13th at their Ribbon Cutting (12 pm) and Grand Opening (12 pm - 2 pm). Stop by for a tour!

REJOINING MEMBERS!



**1116 Superior Ave.
Tomah, WI 54660
608-387-6032
blackberryhill.org**



Blackberry Hill, Inc Adult Family Homes is a privately owned, state licensed company that serves adults, 18 years or older, who may be developmentally delayed, frail, or elderly, with physical and/or mental impairments.

The primary objective of their programs is to restore and maintain optimal capacity for self-care, delay or prevent hospitalization/institutionalization, and create an individualized care plan for each resident, based on a comprehensive care assessment.

Want to be a part of their caregiving team?! Enjoy outings, crafting, cooking, and making a difference? Contact Valerie Smith, Administrator, about the opportunities that are available!

BUSINESS SPOTLIGHT



**9789 Enterprise Road
Tomah, WI 54660
608-797-7350
writelikethat.com**

Since 2012, **Write Like That Inc** has helped businesses with their business writing needs. Functioning primarily as a government solicitation proposal managing and writing firm, we have helped our clients win more than \$10B in contract value, assisted local nonprofits in securing more than \$100k in grant funding, and written numerous articles, blogs, and other marketing materials for clients all over the United States. From resumes to policies and procedures, quality control manuals to email campaigns, Write Like That Inc can say what you want to say, when you don't know how to say it.

HIRING

Team
Leaders



Are you a person who likes to help others? If you would like to make a difference in the lives of young adults and help them get back on the right path, then this is the job for you!
visit our website at challengeacademy.org



Accepting APPLICATIONS

The Wisconsin Challenge Academy is a free character building alternative education program helping 16-18 year olds, at risk for not graduating high school, earn their High School Equivalency Diploma through a quasi-military environment.

Apply today @ challengeacademy.org



**749 E 12TH AVENUE,
FT. MCCOY, WI 54656
(608) 269-9000**

RECREATIONAL LOANS

CALL OR APPLY ONLINE TODAY!



UP TO 84 MONTHS FOR AS LOW AS

2.99%*
APR

CHOOSE YOUR OWN ADVENTURE!

Hit the road, the trails, or open water with our RV, Boat, ATV/UTV, or Snowmobile loan special.



KRISTI BETTHAUSER
608-374-1140
NMLS#: 2005082



TASHA STEEN
608-372-7505
NMLS#: 1188567



JILL DAHLKE
608-374-1143



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*Rates as low as 2.99% Annual Percentage Rate for loans up to \$50,000 for a term up to 84 months. 84 monthly payments of \$13.21 per \$1,000 borrowed. Rates as low as 3.75% Annual Percentage Rate for loans over \$50,000 for a term up to 180 months. 180 monthly payments of \$7.27 per \$1,000 borrowed. Rates valid with a Bank First checking. Additional lien registration or other fees may apply. Subject to credit approval. Rates valid as of today's date and are subject to change.



We Are
H Health Care



DEDICATED TO QUALITY COMMUNITY CARE

We are honored to be part of your health care family. It is a great reason for us to celebrate National Hospital Week and pledge our commitment to take care of you for years to come.

CONGRATULATIONS TO THE FOLLOWING STAFF FOR DEDICATED YEARS OF SERVICE.

30 Years of Service

Tim Kortbein - Rehab Services

25 Years of Service

Tracy Myhre - Administration

20 Years of Service

Carol Cornelius - Facility Services
Kim Greeno - Patient Care Coordinators
Nancy Shatek - Health Info Services
Jessica Vecchioni - Rehab Services

15 Years of Service

Bridget Burbach - Surgical Services
Todd Chapman - Pharmacy
Amanda Kress - Specialty Clinic
Kristine Muehlenkamp - Finance
Diane Prechel - Pharmacy

Britnie Rewey - Human Resources

Heidi Stalsberg - Hospice

10 Years of Service

Pam Dunwald - Acute Care
Pahl Erickson - Facility Services
Michelle Goldsmith - Rehab Services
Jennifer Hutson - Surgical Services
Emily Kuehl - Hospice
Diana Robinson - Health Info Services
Kari Schaller - Lab

5 Years of Service

Crystal Anderson - Scheduling
Ryan Bell - Info Tech Services
Shawna Burke - Employee Health
Kinsey Craig - Imaging
Sara Eggen - Lab

Katherine Elliott - Hospice

Connor Finnigan - Nutrition

Joanna Hall - Materials Management

Molly Hall - Imaging

Kathy Kettle - Infusion

Micaela Koltermann - Acute Care

Heather Laudon - Info Tech Services

Kaelyn Laylan - Nursing Admin

Zina Morales - Info Tech Services

Josephine Piper - Infection Prevention

Jessica Ritchart - Women's Health

Alysse Scheitler - Specialty Clinic

Tammy Williamson - Women's Health





TOMAH (WI)
BRANCH

Tomah, WI 54660
608-387-1976
tomah-wi.aauw.net



AAUW Tomah (WI) Branch Recognizes Local Honorees for their Leadership



The American Association of University Women (AAUW) Tomah (WI) Branch recently celebrated honorees during its Mary E. Wedin Women's History Month reception. The event is named in memory of Mary E. Wedin, a founding member of the AAUW — Tomah Branch.

Congrats to the 2022 Women's History Month Honorees: Sara Moseley, Deb Reid, and Shirley Galstad-Roh! If you see them around town – thank them for their outstanding service to our community!

Read AAUW's full article [HERE](#).



200 W. Main St.
Sparta, WI 54656
608-269-8680
monroecountyhistory.org



Jarrod Roll Selected As Grant Panelist

Jarrod Roll, Director of the Monroe County Local History Room & Museum, was recently selected to serve on a National Endowment for the Humanities (NEH) panel for Preservation Assistance Grants for Smaller Institutions.

Roll reviewed 13 grant applications that came from historical organizations around the U.S. Roll said he can apply what he learned as an NEH panelist to the Monroe County Museum.

Congratulations, Jarrod!

Read "The Journal's" full article [HERE](#).

THE INCREDIBLE CHAMBER MEMBERS WHO CONTINUE TO SUPPORT OUR COMMUNITY!

LEAD



INFLUENCE



ACCELERATED



GROWTH

