

SLO County alternatives to calling 9-1-1

for non-crisis situations

Homeless Resources

TMHA's Homeless Outreach Team (HOT):

Miriam Vargas: **805-550-7691**

SLO Community Action Team (CAT):

Tim Koznek: **805-594-8041**

John Klevins: **805-781-7334**

40 Prado Homeless Services Center, SLO: **805-544-4004**

El Camino Homeless Organization (ECHO), Atascadero: **805-462-3663**

5Cities Homeless Coalition: **805-574-1638**

Substance Abuse

SLO Drug and Alcohol Services Clinic: **805-781-4275**

SAMHSA National Helpline: **800-662-4357**

SLO County Recovery Support Network: **805-591-4719**

Mental Health Guidance

TMHA's Behavioral Health Navigators:

For adults age 25 or older, contact Jason: **805-459-6324**

For teens/young adults ages 16-25, contact Tania: **805-779-0706**

Family Care Network (for teens and youth): **805-781-3535**

County of SLO Behavioral Health: 24/7 Hotline **800-838-1381**

SLO County Mental Health Evaluation Team (MHET): **800-838-1381**

Crisis and Information Lines

Central Coast Hotline: **800-783-0607**

National Suicide Prevention Hotline: **800-273-8255**

Crisis Text Line: **Text HOME to 741741**

California Peer-Run Warmline: **855-845-7415**

United Way's 24/7 line: **2-1-1**

LGBTQ+ Crisis Lines

Trans Lifeline: **877-565-8860**

Trevor Project Lifeline: **866-488-7386**

Trevor Project Text Line: **Text START to 678-678**

Senior Resources

CA Friendship Line: **888-670-1360**

Adult Protective Services: **805-781-1790**

Senior Connection: **800-510-2020**

Domestic/Intimate Partner Violence Hotlines

Lumina Alliance: **805-545-8888**

CA Coalition Against Sexual Assault: **661-327-1091**

National Domestic Violence Hotline: **800-799-7233**

