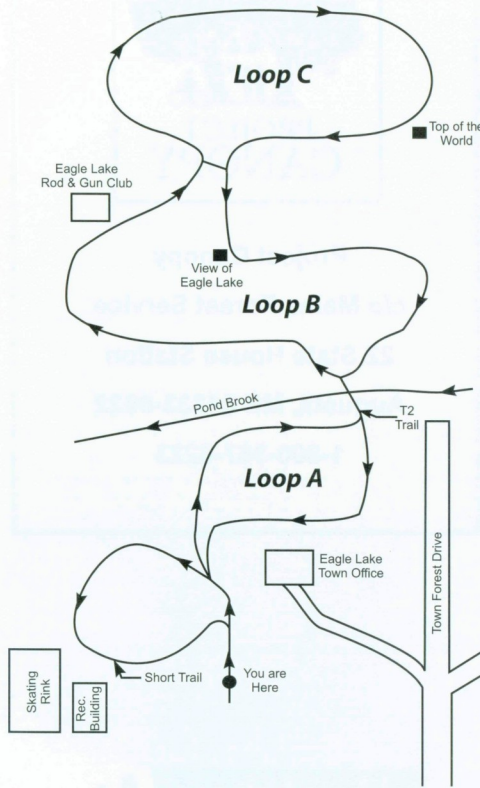


The Town of Eagle Lake, in partnership with Project Canopy, Maine Forest Service, Healthy Maine Walks, Fish River Rural Health, and Northern Maine General Hospital has developed a recreation trail system through a working forest. The recreation area includes walking trails, exercise stations, and educational opportunities. In the winter months, the trails become groomed cross country ski trails. Our goals include providing the public with a nice trail system that helps promote physical fitness and healthy living. We also hope to help educate the public about forestry and how a forest can be used for multiple purposes. The various signs along the trail can help you understand various forestry practices that the town town has adopted as a part of it's long-term forest management strategy. There are other signs that point out various points of interest. Have fun and come back often.

This trail is a part of the Eagle Lake Town Forest. The Eagle Lake Town Forest consists of three separate parcels. This block (Michaud Farm) is 140 acres in size. This lot was once an active farm but now is wooded and managed as a tree farm. White Spruce and Red Pine were planted over a number of years in the 1960's. These plantations are incorporated as a part of the trail system. This lot also has areas that contain native tree species.

Trail Map



Total trail length	3.4 miles
Loop A:	1.1 miles
Loop B:	.75 miles
Loop C:	1.3 miles

Trees found on this property include White Spruce, Fir, Cedar, White and Red Pine, Sugar Maple, White and Yellow Birch, and many other non-commercial species. Devoe Brook and Thibodeau cross this property.

The Isie Lake block is 500 acres in size. This block has some large diameter Sugar Maple growing in upper elevations. There are also some patches of Hemlock that are now rare in this area. There is also one known Red oak. These trees are also rare in this area. Isie Lake is used frequently by wildlife and contains brook trout.

The Plaisted Block is 78 acres in size. This area was selectively harvested in 1966.

TRAIL RULES

- Trails are for walking and jogging only in the summer time. In the winter months, the trails are open to cross country skiers.
- There are no ATV's or snowmobiles allowed on the trail system.
- It is recommended that you dress for weather conditions and wear proper footwear. You should always tell someone when you plan to walk in the woods alone.

