

CUSHING, OK FOOD & OTHER NEED-BASED RESOURCES

OUR DAILY BREAD STILLWATER

701 E. 12th Ave. Stillwater, OK 74074

Ourdailybreadstillwater.org

(405) 533-2555

Free Grocery Store – Our shopping hours change occasionally, please check website to find most up to date hours and dates open.

Eligibility: Live in Payne Co. – Meet USDA income guidelines (guidelines found on our website)

What to bring: Identification for person receiving grocery assistance each visit – Identification for all household members – Proof of residence, if listed different than ID

***OUR DAILY BREAD comes to Cushing ONCE A MONTH for a grocery distribution. Check out their FACEBOOK page, for available dates or call the Cushing Chamber office at (918) 225-2400 for monthly Cushing visit info. ***

Cushing Community Food Bank

Food Bank- 802 N. Maitland Dr

2nd & 4th Tuesday of each month with distribution 8:30 am- 10:00am.

Need to complete a form & provide a local address with utility bill.

Emergency food needs can be met by calling the contact person.

(918) 223-6062

(918) 225-4790

St. Peter and Paul Catholic Church

214 N. Steele

Catholic Charities Food Outreach Day- 3rd Saturday of the month | 11 am to noon

Food Pantry: Mon – Thurs, 9am-12pm & 1-4PM

Obtain \$25-\$30 worth of food. Bring and ID, once every 30 days

(918) 225-0644

Kinetic Church

116 E. Maple ST

Infant care with Vouchers issued through LOVE @ Love INC Clearinghouse

(918) 225-1125

Love Inc.

321 E. Broadway Street

Food, fuel vouchers; clothing & houseware items vouchers; Adult education

(918) 225-1125

1St United Methodist Church

930 S. Little St

Once per month free community meal on the 3rd Saturday of the month

5pm-7pm

(918) 225-5683

First Christian Church (Disciples of Christ Food Pantry)

300 E. Moses St

Every Thursday from 4pm-6pm (Must Contact LOVE INC weekly to get on the list.) (918) 225-4484

Love INC - (918) 225-1125

FOOD BOXES IN CUSHING (for Immediate Food Needs)

Food boxes are outside of these businesses/churches. They can be filled by donations at any time and any items can be taken from them at any time. They are available 24/7.

Crossway Church

1214 E. North St

Park Place Baptist

321 N. Hartman

Lauri's Tips & Toes

111 E. Broadway St.

Cushing Senior Center

203 E. Cherry Street

Resources serving Cushing, OK residents

The following list has been compiled by Our Daily Bread Food and Resource Center. If you have questions or comments please email resources@ourdailybreadstillwater.org. This list can be copied.

Shelter:

Payne County Youth Services

2224 W. 12th Ave. Stillwater, OK 74074
(405) 377-3380

* Text "Safe" with location to 4HELP (44357) for a safe place *

Hours:

M, T, TH 8:00 am - 8:00 pm

W, F 8:00 am - 5:00 pm

- Assistance for children, youth, and young adults ages 4-22 years old
- Emergency Youth Shelter
- Counseling
- Safe Place

Substance Abuse:

Payne County Drug Court Inc.

608 W. Highpoint Dr. Stillwater, OK 74075
(405) 743-1968

Hours:

M-W 8:30 am - 4:30 pm

Th- F 8:30 am - 2:00 pm

- Assistance for court ordered individuals/ residents of Payne County

Disability:

Oklahoma ABLE Tech

1514 W. Hall of Fame Stillwater, OK 74078
(405) 744-9748

Hours:

M-F 8:00 am - 5:30 pm

- Assistance for individuals of all ages with disabilities across Oklahoma in need of Assistive Technology devices and services
- Visit <https://www.okabletech.org/> to apply

Cushing Housing Authority (Cherry Lane Apartments)

1713 Cherry Ln Cushing, OK 74023
(918) 225- 7205

Cushing Public Library

215 N. Steele Ave. Cushing, OK 74023
(918) 225- 4188

Hours:

M - TH 9:00 am - 6:00 pm

F 9:00 am - 5:00 pm

Sat. 9:00 am - 1:00 pm

Miscellaneous:

Central Oklahoma Community Action Agency

410 S. Lewis St. Stillwater, OK 74074
(405) 624-2533

Hours:

T- F 8:00 am - 4:30 pm

- Assistance for residents of Payne County who meet agency's income requirements
- Utility & rent assistance
- Clothing & Gasoline vouchers
- Free Laundry Program

Salvation Army

1101 S. Lowry St. Stillwater, OK 74074
(405) 372- 1554

Hours:

M-F 9:30 am - 4:00 pm (call to make an appointment)

- Assistance for residents of Payne County who meet USDA guidelines
- Food bank
- Rent and utility assistance
- Clothing vouchers



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Hotline Numbers:

Emergency: 911
Child Abuse: 1-800-522-3511
Domestic Violence: 405-624-3020
National Suicide Prevention: 1-800-522-3511
Youth Crisis: 405-377-1452

Local First Responders:

Cushing Police Department
211 W. Main Pl. Cushing, OK 74023
(918) 225- 1212

Cushing Fire Department
211 W. Main Pl. Cushing, OK 74023
(918) 225-3361

Food Assistance:

Our Daily Bread Food & Resource Center
701 E. 12th Ave. Stillwater, OK
(405) 533-2555

Shopping Session:

Monday: 1 pm - 3:30 pm
Tuesday: 3 pm - 5:30 pm
Thursday: 11 am - 1:30 pm
3rd Sat. of each month: 9 am - 11:30 am
- Residents of Payne County that meet
USDA income guidelines

Medical Care:

Payne County Health Department
1321 W 7th Ave. Stillwater, OK 74074
(405) 372-8200

Hours:

M-F 8:00 am - 5:00 pm
- Assistance applying for WIC
- Immunizations
- Nutrition counseling by appt.
- STD services by appt.
- Family Planning
- Child guidance
- Adult behavioral health

Stillwater Community Health Center
821 S. Pine St. Stillwater, OK 74074
(405) 743-3171

Hours:

Call for appt.
- Assistance for 200% of poverty level,
uninsured, residents of Payne County
- Free health care and medications

Grand Lake Mental Health Center Children Services
604 S. Walnut St. Stillwater, OK 74074
(405) 372-2202
<https://www.glmhc.net/>

Grand Lake Mental Health Center Adult Services
1624 Cimarron Plaza Stillwater, OK 74075
(405) 372-2237
<https://www.glmhc.net/>



Cost of Gas: Keeping You Informed

Summit Utilities <SummitUtilities@email.summitutilities.com>

Thu 11/2/2023 11:31 AM

To:Aeron Rife-Taylor <Aeron@cushingchamber.org>

Dear Valued Customer,

At Summit Utilities, we understand just how important it is to give our customers the best possible rates. That is why we do our best to ensure our rates are stable, giving the families and communities we serve the peace of mind they need.

As a natural gas public utility, Summit is required to adjust the cost of gas rate each fall and spring. The price of natural gas is passed through to customers at cost and appears on your bill as the "Gas Supply Rate" or GSR.

This email is to inform you that beginning November 1, 2023, the GSR you pay is changing.

We work hard to secure the lowest possible gas prices for our customers, and the Gas Supply Rate for residential customers this winter heating season is 51.2% less compared to last winter.

November 2023 Gas Supply Rate: \$0.4780/ccf

November 2022 Gas Supply Rate: \$0.9797/ccf

To learn more about our rates, [click here](#).

Need assistance? We're here to help.

There are several payment and energy assistance programs offered in Oklahoma and by Summit to support our customers and help reduce energy costs.

If you are having trouble paying your bill, we will work with you to set up a payment plan and help find possible energy assistance options. Please call our customer service center at [866-275-5265](tel:866-275-5265) or visit our [Payment Assistance](#) page for more information.

We also offer the **Average Monthly Billing** plan that allows you to pay a fixed amount each month based on your energy usage history. Many customers find it easier to budget for a regular bill amount than to accommodate the cost of fluctuations that go with higher energy usage periods. AMP is available year-round and will begin with the next bill following sign-up. Enroll online [by logging into your Summit account](#), or by calling our customer service center at [866-275-5265](tel:866-275-5265).

New applications for the Oklahoma Low-income Energy Assistance Program (LIHEAP) 2023-24 season begin on November 1, 2023!

Oklahoma LIHEAP is a federally funded program that helps eligible hard-working families, seniors and individuals pay a portion of their winter home heating costs. To learn more and see if you qualify, please visit <https://www.okdhslive.org/>.

Simple Steps to Reduce Energy Usage this Fall!

Using less energy is the best way for customers to manage their natural gas bills. Even simple, inexpensive efforts can add up to big savings to help reduce your energy usage, save money, and stay comfortable.

We're working hard to keep energy prices low and to provide the best possible service to you. It's important to note that Summit Utilities does not make a profit off the cost of natural gas delivered to your home or business – you pay what we pay.

- Clear space around your registers so warm air can flow freely.
- Close dampers on unused fireplaces and keep garage doors closed to prevent warm air from escaping.
- Insulate around windows and doors to prevent air leaks and keep warm air inside.
- Soak up the sun by opening curtains on your south-facing windows during the day and let the sunlight heat your home. Then, close them at night to reduce the incoming cold from any drafty windows.
- Turn down the temperature of your water heater to the warm setting (120°F).
- Have your furnace checked annually by a trained professional to ensure your heating system is working at peak performance and efficiency.

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Thank you for being a valued Summit Utilities customer.



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Summit Utilities, Inc. PO Box 2414, Fort Smith, AR 72902

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